

# care homes for older people

*social work ... putting people first*



Falkirk Council



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## introduction

This booklet is primarily for people who are thinking about whether they would like to move into a care home permanently. It can also be used by people who are looking for a Short Break (respite) in a care home.

This publication will provide information to carers, GPs, social workers, Occupational Therapists, Nurses and anyone else who needs to know about care homes locally.

Moving into a care home is an important decision which is best not made in a hurry. There may be alternatives to going into a home. If the decision is made to move to a home, then this guide tells you about the different homes available in the Falkirk area and suggests how to choose one that will suit you.

## is full-time care and support what you want and need?

If you are considering moving to a care home, it is important that you seek a community care assessment from your local community care team. This assessment will determine whether or not your needs would best be met in a care home and most importantly can determine whether there are services and support available to assist you at home. There are a range of services available in the community to enable individuals to remain at home, and you can access these services through this assessment. Such services include personal care, housing support, day services, respite/short breaks, meals on wheels, equipment and adaptations to your home and Mobile Emergency Care Service (MECS).



You may also be entitled to benefits if you need help with care. You can find out about these benefits from the Pension Service, Citizens Advice Bureau or Community Advice Service within Social Work Services where staff can give advice on all benefits and offer money advice.

You can find these contact details on page 11.

Some care homes offer short breaks (respite). Staying in a home for a few days or weeks might give you, or someone else who helps support you at home, a break and can also allow you to see how living in a care home suits you.

If you are unsure about what your needs are, please talk to your local community care team who can help you with advice, information and support over this important decision.

## which is the best home?

That depends on the answers to many questions, but the answers have to be what you want and what will suit you. It's going to be your home, and it should suit your needs and your personality. After meeting the manager and staff, you should feel confident that they will do their best to help you and make it feel like your own home.

The home you choose should be able to deal with your care needs, whether they include nursing support or not.

Some important facts you should look for could include:

- How many members of care staff are there on duty each day and night to support residents? (The more there are, the more personal the care can be, and the more time they will have to spend with you).
- Do most people have their own room – a place for real privacy, peace and quiet?



- Do you feel welcome when you go to visit?
- What can you choose to do (or not do)?

Remember, the manager should answer any of your questions however trivial they may seem to you.

Please note that every home is inspected regularly by the Care Commission. The views of existing residents are very important in the inspection, so therefore the report will give you some idea of what the place is like for them.

You should ask the manager to see a copy of the most recent annual inspection report as this will provide an independent view of the care home. Alternatively you can view the inspection reports on the Care Commission website: [www.carecommission.com](http://www.carecommission.com)

## how to choose a home that will suit you

If you decide to move into a home it is important you choose one that will meet your needs. Here are some of the points you should think about:

- Where is the home?
- Is it in an area I know and like?
- Can I continue with the social activities I enjoyed while I lived in my own home?
- Would I prefer a large home or a small one?
- Will I be able to control the heating in my room or open a window?
- Will I be able to get up and go to bed when I want to?
- Can I choose what I eat and when I eat?
- Will I be able to smoke or drink alcohol if I want to?

- Will I be able to look after my pension book and finances?
- How much personal spending money will I have?
- What are the fees?
- Can I get help with the cost?
- How many residents are there?
- Will I have my own room, can I redecorate it and will I be able to lock the door?
- Can I bring my own furniture?
- Can I come and go as I please?
- Could I make food for myself or my visitors if I wanted to?
- Will I be able to keep my own GP, arrange my own appointments, see my GP in private, look after my own medicine?
- Is there a residents' committee?
- Have they changed anything about the life in the home, after consultation with residents?
- Does the home provide a brochure with more information?
- Can I have a temporary stay?
- What are the fees?
- What will I need to sign?

## temporary stays

Once you have visited a few care homes you might want to think about arranging to stay at one for a short time to see if you like it. If you are at the stage of considering this and you will be looking for financial assistance from social work

services, please contact us and request an assessment if you have not already done so. It is for you to decide whether that home is what you want, and for the staff to decide what level of support you need. You will need to find out how much this will cost, how the fees will be paid and what you will need to take with you.

During your stay, look through this booklet again. Ask yourself:

- Does this home meet my needs?
- Do I feel relieved not to be looking after myself at home or would I really rather be in my own home?

You should not be rushed into making a decision about moving in to stay. You might like to go home again before you decide. Even if you have decided that you need 24 hour care in a care home, you have a choice and will be supported by social work staff to exercise your choice.

It is advisable to retain your existing accommodation until you have spent some time in the home and made a final decision about staying there permanently.

## hospital discharge

If you are considering a move to a care home as a result of a decision that you are unable to return home from hospital, the process is slightly different. You will still require a comprehensive assessment of your needs which may be completed by the community care team based in the hospital.





## how much will it cost?

### **Private and voluntary sector homes**

At the beginning of each financial year, the Scottish Government will inform us of the current financial year's residential and nursing home rates. We would expect that homes would charge no more than these standard rates. However, some homes do charge extra for newspapers, toiletries, hairdressing, continence aids, physiotherapy, occupational therapy etc. It is important that you know exactly what the fees are and what they are for.

Please note that the rates for self-funding clients may vary from home to home. Please contact the home directly for information on these fees.

### **Falkirk Council Homes**

All local authority homes are required to charge a fee determined by various factors, not the national rates as with private and voluntary sector homes. The fees may therefore vary depending on the home.

### **Free Personal & Nursing Care**

If you are aged 65 or over and paying your own care home fees, you may be entitled to the national free personal and/or nursing care rates, currently £145 & £65 respectively, to help towards the cost of your stay in the home.

If you are aged under 65 and in nursing care, you may be entitled to the national free nursing care rate, currently £65, to help towards the cost of your stay in the home.

Entitlement to this financial assistance is based on your care needs and not your financial circumstances. The rate of payment, if any, will be determined by an assessment of your care needs which is undertaken by a Social Worker or Occupational Therapist in a community care team.



## Additional Financial Assistance

Following an assessment of your care needs, an individual financial assessment will be carried out. The financial assessment will establish your income and capital. You will then be advised how much additional financial assistance you will receive from Falkirk Council and how much you are expected to contribute towards your accommodation costs in the care home.

We will disregard a fixed amount from your income - known as a 'personal allowance'. This will allow you to meet any additional expenditure you may have (i.e. toiletries, hairdressing costs etc).

Your savings may affect the amount of financial help you are entitled to.

If you do not qualify for financial assistance at first due to your savings being too high, you may become entitled to financial assistance in the future if your savings drop below a specified amount (known as the upper threshold).

For more information about financial assessments, please contact Elaine Duncan on 01324 501366 for a copy of the 'Financial Assistance with Care Homes' booklet. Alternatively you can pick up a copy from your local social work office.



## contracts

If you are paying care home fees privately with no assistance from Housing and Social Work Services, it is advisable to have a contract with the home. This should set out the obligations and expectations on each side – for you and the home. Your lawyer will be able to advise you. The contract should include any circumstances in which a resident might be asked to leave, how much notice they would get and who would be responsible for finding alternative accommodation. It should also include how much notice you would have to give before leaving the home. Here are some of the questions the contract should cover:

- What would happen if there is a change in your health and you need more nursing care or to go into hospital?
- Would my place be kept if I had a period in hospital?
- How long would my place be kept for?
- How much would it cost?
- What happens if you are not able to meet an increase in fees?
- What if you want to complain? (please note that all homes, regardless of size, must have an approved complaints procedure).



## need more information?

The community care teams within Social Work offices are here to help.

*Please note that sending e-mails is not secure as there is a risk that they could be intercepted and read by someone else. Please bear this in mind when sending personal information by e-mail.*

### Falkirk Council Local Social Work Offices

Social Work Headquarters  
Brockville  
Hope Street  
FALKIRK  
FK1 5RW  
T: 01324 506400

Camelon Office  
108b Glasgow Road  
CAMELON  
FK1 4HS  
T: 01324 501200  
E: camelon.swk@falkirk.gov.uk

Grahamston Office  
155 Gramhams Road  
FALKIRK, FK2 7BQ  
T: 01324 506595  
E: grahamston.swk@falkirk.gov.uk

Meadowbank Office  
1 Salmon Inn Road  
POLMONT, FK2 0XF  
T: 01324 503883  
E: meadowbank.swk@falkirk.gov.uk

Denny Office  
Carronbank House  
Carronbank Crescent  
DENNY, FK6 6GA  
T: 01324 504160  
E: denny.swk@falkirk.gov.uk

Grangemouth Office  
Oxgang Road  
GRANGEMOUTH  
FK3 9EF  
T: 01324 504343  
E: grangemouth.swk@falkirk.gov.uk

Stenhousemuir Office  
130 King Street  
STENHOUSEMUIR,  
FK5 4HS  
T: 01324 503503  
E: lartert.swk@falkirk.gov.uk

Bo'ness Office  
Kingslass Centre,  
Gauze Road  
BO'NESS, EH51 9UE  
T: 01506 778668  
E: boness.swk@falkirk.gov.uk

### Hospital Social Work team

We have a team of social workers who can offer advice and guidance to patients and their families, and facilitate discharges from hospital. This service is for adults only, and is available Monday to Friday 9am-5pm:

Falkirk Royal Infirmary  
Social Work Unit (Hut 5)  
Majors Loan  
FALKIRK, FK1 5QE  
T: 01324 616039



## useful contacts

- **Age Concern Scotland** produces a range of free fact sheets about financial help, benefits and residential care. You can contact them using the following details:

**By Post:** Room 25, Adelphi Centre, 12 Commercial Road, Glasgow, G5 0PQ.

**By Telephone:** 0141 420 3686.

**Website:** [www.ageconcernscotland.org.uk](http://www.ageconcernscotland.org.uk)

- **Citizens Advice Bureau** will give you information and advice about claiming benefits and other welfare rights. You can contact them at:

27-29 Vicar Street  
Falkirk  
FK1 1LL  
Tel: 01324 611244

24 Duke Street  
Denny  
FK6 6DD  
Tel: 01324 823118

1 Kerse Road  
Grangemouth  
FK3 8HW  
Tel: 01324 483467

Or alternatively you can visit their website at:  
[www.citizensadvice.org.uk](http://www.citizensadvice.org.uk)

- **Housing & Social Work Services** also has its own Welfare Benefits Helpline which provides a wide range of services and advice to help people in the community. You can contact them on 01324 501404.



- **Help the Aged** have a free national information service called Seniorline. It provides information about a range of issues which include welfare benefits and residential care. You can contact them using the following details:

**By Telephone:** 0808 800 6565.

**Website:** [www.helptheaged.org.uk](http://www.helptheaged.org.uk)

- **The Short Breaks Bureau** can be contacted on 01324 504311 or 01506 778664. You can also find more information about the Short Breaks Bureau on our website: [www.falkirk.gov.uk](http://www.falkirk.gov.uk)

- **The 24 Hour Dementia Helpline** provides specialist information about services for people with dementia. You can contact them on 0808 808 3000.

- **Alzheimer Scotland** helps people with dementia, their carers and their families. You can contact them using the following details:

**By Post:** 22 Drumsheugh Gardens, Edinburgh, EH3 7RN

**By Telephone:** 0131 243 1453

**Website:** [www.alzscot.org](http://www.alzscot.org)

- **The Pension Service** provides information for individuals about pensions and other pensioner benefits in the UK, whether you are planning for the future, are about to retire or have already retired. You can contact them using the following details:

**By Post:** The Pension Service, PO Box 10141, Dundee, DD1 9PS.

**By Telephone:** 0845 606 0265

**Website:** [www.thepensionservice.gov.uk](http://www.thepensionservice.gov.uk)



- **Care Commission for Scotland** provides information about the quality and standards of care homes. You can contact them using the following details:

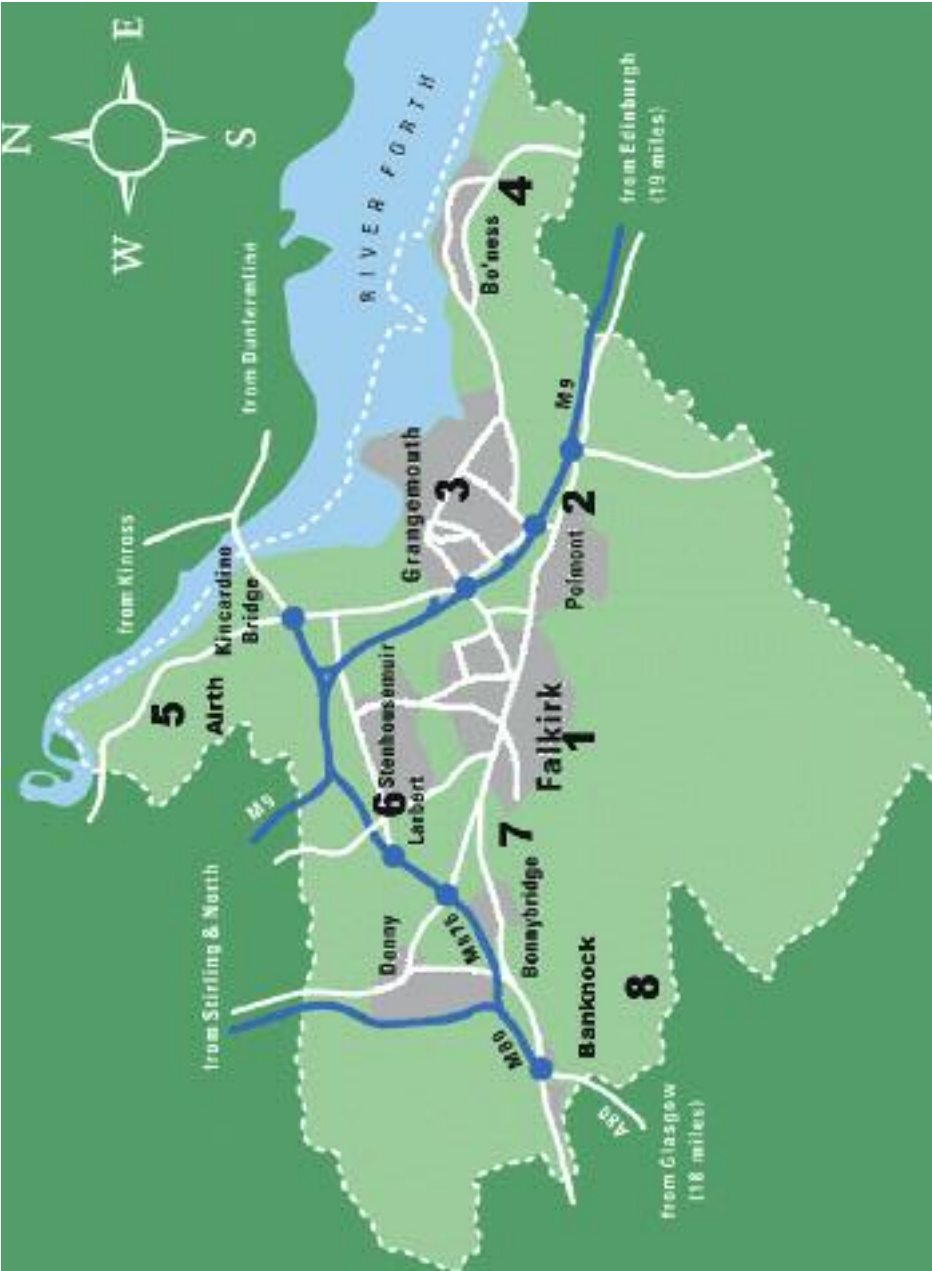
**By Post:** Stirling Resource Centre, Springfield House,  
Laurel Hill Business Park, Laurel Hill Road, Stirling, FK7 9JQ  
**By Telephone:** 01786 406363.  
**Website:** [www.carecommission.com](http://www.carecommission.com)

- **The Office of the Public Guardian** helps to manage the affairs of people whose illness or disability does not allow them to do so themselves. You can contact them using the following details:

**By Post:** Hadrian House, Callendar Business Park,  
Callendar Road, Falkirk, FK1 1XR.  
**By Telephone:** 01324 678300  
**Website:** [www.publicguardian-scotland.gov.uk](http://www.publicguardian-scotland.gov.uk)



location of care homes





## key

### 1 Falkirk Area

- Barleystone Court
- Burnbrae
- Carrondale Court
- Grahamston House
- The Haining
- Kinnaird Manor
- Newcarron Court
- Summerdale
- Summerford
- Thorntree Mews
- Wallside Grange

### 2 Polmont

- Ivybank House
- Oakbank
- St. Margaret's House

### 3 Grangemouth

- Cunningham House

### 4 Bo'ness

- Nightingale Grange
- Woodlands

### 5 Airth

- Airthrey Care

### 6 Larbert

- Torwoodhall
- Caledonian Court

### 7 Bonnybridge

- Thornton Gardens
- Wheatlands

### 8 Banknock

- Bankview



## airthrey care nursing home



Airthrey Care Nursing Home comprising Airthrey House and Mercat House is quietly located in the village of Airth, between Falkirk and Stirling, enjoying excellent motorway links and bus services for visitors. The buildings are of single storey cottage architecture in harmony with the conservation area and in close proximity to the shops etc. Each unit has enclosed gardens where residents can enjoy fresh air and seclusion and where tea/coffee can be enjoyed. Both buildings have large and small sitting rooms, bathrooms and toilets, all specifically designed for the needs of older people. All bedrooms are nicely furnished and tastefully decorated and have en-suite facilities. Our dedicated nursing and care staff provide 24 hour attention to meet our residents' needs.

Address:	Paul Drive, Airth, FK2 8LA
Tel:	01324 831572
Fax:	01324 832884
E-mail:	airthrey@meallmorelodge.co.uk
Contact:	Ms Christine Setchford
Sector:	Private

## details

Maximum number of residents:	50
Number of single rooms:	36
Number of double rooms:	7
Number of floors:	Ground Floor only
Accessible for people with a disability:	Yes
Ramped access:	Yes
Smoking:	Yes
Pets:	Yes(small pets)
Phone point in room:	Yes
TV point in room:	Yes

## other services

Day Care:	No
Short Break	Yes – subject to availability
Hairdresser:	Yes
Shop:	No (local shops within walking distance)
Chiropody:	Yes



## bankview



Bankview is a custom built care home, located in the village of Banknock, five miles north of Cumbernauld and six miles west of Falkirk.

There are 2 separate units at Bankview – Bankview House and Bankview Lodge – both offering nursing care for the confused elderly.

Each unit is built on one level combining accessibility and spacious accommodation.

Bankview is set in several acres of woodland with lawns, walled gardens and ample parking.

In addition to the dedicated nursing and care staff, Bankview has a small team of leisure and recreation staff who are constantly thinking up new ideas for entertaining residents.

Address: Kilsyth Road, Banknock, FK4 1TD

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Tel: 01324 841090

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Fax: 01324 840776

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E-mail: mary@bankviewcarehome.co.uk

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Contact: Anne McCluskey

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Sector: Private

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## details

Maximum number of residents:	60
Number of single rooms:	56
Number of double rooms:	2
Number of floors:	Single storey
Accessible for people with a disability:	Yes
Ramped access:	Yes
Smoking:	No
Pets:	Yes
Phone point in room:	Yes (at resident's expense)
TV point in room:	Yes

## other services

Day Care:	Yes
Short Break (Respite):	Yes
Hairdresser:	Yes
Shop:	No
Chiropody:	Yes



## gordon house



Gordon House is a custom built care facility, located within the grounds of Bankview Care Home, in the village of Banknock, which is five miles north of Cumbernauld and six miles west of Falkirk.

Gordon House offers residential type care and support to elderly people. Due to there being only 5 bed-sitting rooms, it is very much a home from home.

Gordon House is set in several acres of woodland with lawns, gardens and ample parking.



Address: Kilsyth Road, Banknock, FK4 1TD

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Tel: 01324 841090

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Fax: 01324 840776

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E-mail: mary@bankviewcarehome.co.uk

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Contact: Anne McCluskey

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Sector: Private

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## details

Maximum number of residents:	5
Number of single rooms:	5
Number of double rooms:	Each single room is large enough for 2 people
Number of floors:	Ground level
Accessible for people with a disability:	Yes
Ramped access:	Yes
Smoking:	No
Pets:	Yes
Phone point in room:	Yes (at resident's expense)
TV point in room	Yes

## other services

Hairdresser:	Yes
Shop:	No
Chiropody:	Yes



## barleystone court



Barleystone Court is a 60 bedded home with en-suite facilities. Caters for elderly mentally impaired (EMI), elderly frail, residential and palliative care. It is a custom built home.





Address: Westquarter Avenue, Westquarter, Falkirk, FK2 9RY

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Tel: 01324 717400

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Fax: 01324 720994

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E-mail: [barleystonecourt@shealthcare.co.uk](mailto:barleystonecourt@shealthcare.co.uk)

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Contact : Elizabeth Murray

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Sector: Private

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## details

Maximum number of residents:	60
Number of single rooms:	60
Number of double rooms:	0
Number of floors:	2
Accessible for people with a disability:	Yes
Ramped access:	Not required
Smoking:	Yes
Pets:	Yes
Phone point in room:	Yes (available on request)
TV point in room:	Yes

## other services

Day Care:	No
Short Break (Respite):	Yes
Hairdresser:	Yes
Shop:	No
Chiropody:	Yes



## burnbrae



Burnbrae is a purpose built local authority residential home situated by Dollar Park in the centre of Falkirk. We care for people with some degree of dementia or confusion. In a separate part of the building we also provide a small day care unit and small unit for people with functional mental health problems.



Address: Burnbrae Road, Falkirk, FK1 5SD

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Tel: 01324 501850

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Fax: 01324 501850

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E-mail: alex.mcclure@falkirk.gov.uk

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Contact: Alex McClure

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Sector: Local Authority

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## details

Maximum number of residents:	28
Number of single rooms (1 room used for storage & 1 for residential smoke room)	30
Number of double rooms:	0
Number of floors:	2
Accessible for people with a disability:	Yes
Ramped access:	Yes
Smoking:	Yes
Pets:	Yes
Phone point in room:	No
TV point in room:	Yes

## other services

Day Care:	Yes (8 per day)
Short Break (Respite):	Not Available*
Hairdresser:	Yes
Shop:	Yes
Chiroprody:	Yes

\* The Short Break unit is now used for 5 residents with Mental Health problems.

## caledonian court care centre



Caledonian Court is located within walking distance of Larbert town centre. We provide residential and nursing care for older adults with dementia related illness. We also cater for people who experience physical frailty requiring long term recuperation, and we welcome service users from every cultural, religious or ethnic background. More than anything, we strive to make you feel at home by providing you with a friendly and welcoming environment. We therefore have 5 day lounges, 5 dining lounges, 1 quiet lounge, and all bedrooms are private en-suite with walk in showers. We also have enclosed landscaped gardens and 2 patio areas for you to enjoy.



Address: Victoria Road, Larbert, FK5 4NA

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Tel: 01324 556322

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Fax: 01324 579233

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E-mail: caledoniancourt@schealthcare.co.uk

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Contact: Helen Kinnaird, Manager

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Sector: Private

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## details

Maximum number of residents:	72
Number of single rooms	72
Number of double rooms:	0
Number of floors:	2
Accessible for people with a disability:	Yes
Ramped access:	Yes
Smoking:	Yes
Pets:	Yes (by mutual agreement)
Phone point in room:	Yes
TV point in room:	Yes

## other services

Day Care:	No
Short Break:	Yes
Hairdresser:	Yes
Shop:	No
Chiropody:	Available through NHS/Private by arrangement



## carrondale



Carrondale is a purpose built care home situated on the banks of the River Carron. There is easy access to both Falkirk and Stirling and the surrounding motorway links to Glasgow and Edinburgh.

We care for people who have both physical needs and also people who suffer from dementia. The home is built on 2 levels, each level being self sufficient and differing in the type of resident they cater for.

We pride ourselves on being a very individualised home, where the needs of each person are paramount to us and where each person can find fulfilment socially, spiritually, mentally and physically.



Address: Beaumont Drive, Carrongrove, Carron, Falkirk,  
FK2 8SN

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Tel: 01324 551788

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Fax: 01324 552271

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E-mail: sharonanderson@avondalecarescotland.com

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Contact: Mandy Clarke, Depute Manager

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Sector: Private

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## details

Maximum number of residents:	51
Number of single rooms:	51
Number of double rooms:	0
Number of floors:	2
Accessible for people with a disability:	Yes
Ramped access:	Yes
Smoking:	No
Pets:	No
Phone point in room:	Yes
TV point in room:	Yes

## other services

Day Care:	No
Short Break (Respite):	Yes
Hairdresser:	Yes
Shop:	No (within walking distance)
Chiropody:	Yes (via NHS)



## cunningham house



Cunningham House is located in a residential area of Grangemouth, close to Zetland Park and is set in pleasant gardens. All our bedrooms are en-suite. We are a specialist care home for people with dementia, and we provide personalised care designed to meet the needs of the individual in a warm and welcoming environment.

We offer a variety of activities and outings and regularly provide evening entertainment for those who wish to participate.





Address: Abbotsgrange Road, Grangemouth, FK3 9JS

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Tel: 01324 501370

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Fax: 01324 501370

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E-mail: ruth.rankine@falkirk.gov.uk

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Contact: Ruth Rankine

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Sector: Local Authority

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## details

Maximum number of residents:	20
Number of single rooms:	20
Number of double rooms:	0
Number of floors:	1
Accessible for people with a disability:	Yes
Ramped access:	Yes
Smoking:	Yes (designated smoking area)
Pets:	Yes (by mutual agreement)
Phone point in room:	Yes (by private arrangement)
TV point in room:	Yes

## other services

Day Care:	No
Short Break (Respite):	No
Hairdresser:	Yes
Shop:	No
Chiropody:	Yes
(available through Private/N.H.S by arrangement)	

## grahamston house



Grahamston House specialises in providing long term care, short breaks and flexible day care, in a modern, purpose built resource for older people with dementia.



Address: Mandela Avenue, Bainsford, Falkirk, FK2 7BD

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Tel: 01324 501860

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Fax: 01324 501861

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E-mail: linda.alexander@falkirk.gov.uk

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Contact: Linda Alexander

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Sector: Local Authority

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## details

Maximum number of residents:	32
Number of single rooms:	32
Number of double rooms:	0
Number of floors:	Level
Accessible for people with a disability:	Yes
Ramped access:	Yes
Smoking:	Yes
Pets:	Yes
Phone point in room:	Yes (can be arranged)
TV point in room:	Yes

## other services

Day Care:	Yes
Short Break (Respite):	Yes *
Hairdresser:	Yes
Shop:	No
Chiropody:	Yes

\* Grahamston has a short break service for up to four people per week. Short breaks are available to people with dementia for either regular periods of one or two weeks or for shorter periods.

## the haining nursing home



The Haining nursing home is a spacious period house decorated to preserve the original character of the building, set in 17 acres of gardens and woodlands. The Haining offers a friendly environment in a peaceful and relaxing country setting, providing 24 hour nursing and social care to elderly residents.



Address: Vellore Road, Maddiston, Falkirk, FK2 0BN

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Tel: 01324 716755

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Fax: 01324 712098

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E-mail: lea.haining@googlemail.com

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Contact Person: Lea Morris (Manager)

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Sector: Private

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## details

Maximum number of residents:	31
Number of single rooms:	17 en-suite
Number of double rooms:	7 (5 en-suite)
Number of floors:	2
Accessible for people with a disability:	Yes
Ramped access:	Yes
Smoking:	Yes
Pets:	Yes (by mutual arrangement)
Phone point in room:	Yes (can be provided at resident's expense)
TV point in room:	Yes

## other services

Day Care:	Yes
Short Break (Respite):	Yes*
Hairdresser:	Yes
Shop:	No (available locally)
Chiropody:	Yes (NHS/private by arrangement)

\* Various activities on a daily basis.

## ivybank house



Ivybank House is a purpose built home located in Main Street, Polmont. First built in 1992 it was increased in 1998 to satisfy the demands of those who recognised the high standard of care and amenities offered. The home has 3 lounges and 2 dining rooms all furnished and decorated to a high standard.



Address: Ivybank House, Main Street, Polmont,  
Falkirk, FK2 0PS

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Tel: 01324 717707

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Fax: 01324 719604

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E-mail: ivybank@meallmorelodge.co.uk

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Contact: Irene Zac

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Sector: Private

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## details

Maximum number of residents:	37
Number of single rooms:	37 (en-suite)
Number of double rooms:	0
Number of floors:	2
Accessible for people with a disability:	Yes
Ramped access:	Yes
Smoking:	No
Pets:	No
Phone point in room:	Yes (but not in all rooms)
TV point in room:	Yes

## other services

Day Care:	No
Short Break (Respite):	Yes *
Hairdresser:	Yes
Shop:	No
Chiropody:	Yes

\* If rooms available.



## kinnaird manor



Kinnaird Manor is a 60 bedded unit for older people with dementia, opened in 1994. Cares mainly for individuals in need of nursing care, but can take up to 10 people with dementia who do not require nursing care. Respite is available for a maximum of 5 people.





Address: Brown Street, Camelon, Falkirk, FK1 4QF

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Tel: 01324 613131

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Fax: 01324 622223

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E-mail: kinnairdmanor@shealthcare.co.uk

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Contact: Eric Bowden

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Sector: Private

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## details

Maximum number of residents:	60
Number of single rooms:	56(en-suite)
Number of double rooms:	2(en-suite)
Number of floors:	2
Accessible for people with a disability:	Yes
Ramped access:	Yes
Smoking:	Yes
Pets:	Yes
Phone point in room:	No
TV point in room:	Yes

## other services

Day Care:	No
Short Break (Respite):	Yes
Hairdresser:	Yes
Shop:	No
Chiroprody:	Yes

## newcarron court



Newcarron Court is a modern purpose built nursing home. All rooms are single accommodation with private en-suite facilities. The home is conveniently located near shops and other residential apartments. We care for frail, elderly patients with a wide range of dependencies, and have qualified nursing staff on duty 24 hours a day to provide consistently high standards of care and comfort.



Address: Ronades Road, Newcarron Village, Falkirk, FK2 7TD  
Tel: 01324 610334  
Fax: 01324 610389  
E-mail: NewcarronCourtEveryone@BUPA.com  
Contact: Laura Brady  
Sector: Private

## details

Maximum number of residents:	120
Number of single rooms:	116 (all en suite)
Number of double rooms:	4 (all en suite)
Number of floors:	2
Accessible for people with a disability:	Yes
Ramped access:	Yes
Smoking:	Yes (designated areas only)
Pets:	Yes
Phone point in room:	Yes
TV point in room:	Yes

## other services

Day Care:	No
Short Break (Respite):	Yes (depends on availability)
Hairdresser:	Yes
Shop:	No
Chiropody:	Yes
Breakfast Tray Service:	Yes
Organised Activities & Social Events:	Yes





nightingale grange



east grange house

## nightingale grange and east grange house

Nightingale Grange and East Grange House care homes are set together in pleasant landscaped grounds in the Carriden area of Bo'ness, approximately one mile from the town centre. The Care Homes are privately owned by Dr's R & S Sondhi.

Nightingale Grange is a converted Victorian building which underwent a complete refurbishment in 1991. East Grange House was purpose built in 1996 (see overleaf for details of East Grange House). Both buildings are bright and spacious with a homely, informal feeling to all aspects of daily living.

Single and shared rooms are equipped with the latest nurse call and fire detection systems, the bathrooms are also fitted with aids to enable care and convenience whilst retaining independence and dignity.

Although furnished to a high standard, residents may bring items of their own furniture to make the Grange their own home.



Address: Nightingale Grange Care Home Ltd, 11 Bridgeness Lane, Bo'ness, West Lothian EH51 9LQ

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Tel: 01506 829801

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Fax: 01506 205330

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E-mail: lizcolston@nightingalegrange.com

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Contact: E.M. Colston

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Sector: Private

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## details: nightingale grange

Maximum number of residents:	15
Number of single rooms:	9++
Number of double rooms:	3
Number of floors:	2
Accessible for people with a disability:	Yes
Ramped access:	Yes
Smoking:	Yes
Pets:	Yes (small pet)
Phone point in room:	No**
TV point in room:	Yes

## other services

Day Care:	Yes
Short Break (Respite):	Yes
Hairdresser:	Yes
Shop:	Locally
Chiroprody:	Yes

\*\* phone points can be installed at resident's request and cost if required (this work can only be carried out by BT)

++ Nightingale Grange is currently registered as a 15 bed unit. One room has shower/toilet en suite – all other rooms use shared facilities.

Address: East Grange House, 11 Bridgeness Lane,  
Bo'ness, West Lothian, EH51 9LQ

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Tel: 01506 829801

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Fax: 01506 205330

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E-mail: lizcolston@nightingalegrange.com

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Contact: E.M. Colston

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Sector: Private

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## details: east grange house

Maximum number of residents:	34
Number of single rooms:	20 (en-suite)
Number of double rooms:	7 (en-suite)
Number of floors:	2
Accessible for people with a disability:	Yes
Ramped access:	Yes
Smoking:	Yes
Pets:	Yes (small pet)
Phone point in room:	No**
TV point in room:	Yes

## other services

Day Care:	Yes
Short Break (Respite):	Yes
Hairdresser:	Yes
Shop:	Locally
Chiroprody:	Yes

\*\* phone points can be installed at resident's request and cost if required (this work can only be carried out by BT)



oakbank



Oakbank is a purpose built local authority residential care home, situated in the heart of Polmont. Oakbank provides accommodation for 34 older people who have individual care needs.





Address: Wilson Avenue, Polmont, Falkirk, FK2 0QZ

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Tel: 01324 503960

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Fax: 01324 503961

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E-mail: christine.mcevoy@falkirk.gov.uk

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Contact: Christine McEvoy

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Sector: Local Authority

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## details

Maximum number of residents:	34
Number of single rooms:	32 (none en-suite)
Number of double rooms:	2 (used as singles)
Number of floors:	1
Accessible for people with a disability:	Yes
Ramped access:	Yes
Smoking:	Yes (restricted areas)
Pets:	Yes
Phone point in room:	Yes
TV point in room:	Yes

## other services

Day Care:	No
Short Break (Respite):	No
Hairdresser:	Yes
Shop:	Yes
Chiroprody:	Yes

## st margaret's house



St. Margaret's House is a specialist unit for people who have been diagnosed with dementia and are no longer able to live at home. We aim to provide an environment which enables service users to take as much charge of their life as possible, enabling each individual to retain and regain skills and interests.



Address: St. Margaret's Crescent, Polmont, FK2 0UP

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Tel: 01324 716149

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Fax: 01324 711841

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E-mail: [stmargarets@crossreach.org.uk](mailto:stmargarets@crossreach.org.uk)

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Contact: Elspeth McPheat

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Sector: Private

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## details

Maximum number of residents:	36
Number of single rooms:	36
Number of double rooms:	0
Number of floors:	2
Accessible for people with a disability:	Yes
Ramped access:	Yes
Smoking:	Yes
Pets:	Yes
Phone point in room:	No
TV point in room:	Yes

## other services

Day Care:	No
Short Break (Respite):	No*
Hairdresser:	Yes
Shop:	No
Chiropody:	Yes

\* We provide respite only if we have vacancies.



## summerdale



Summerdale is a 23 bedded care home providing care for frail elderly. It is privately owned and is family run. Respite care is provided if vacancies are available. We encourage independence and have 4 houses where residents live as independently as they choose. Religious and social activities are provided in-house and encouragement given to participate in the community events.



Address: Victoria Place, Brightons, Falkirk, FK2 0TZ  
Tel: 01324 711924  
Fax: 01324 717363  
Contact: Anne Anderson  
Sector: Private

### details

Maximum number of residents: 23  
Number of single rooms: 13  
(with en-suite and 4 satellites)  
Number of double rooms: 3  
Number of floors: 2  
Accessible for people with a disability: Yes  
Ramped access: Yes  
Smoking: Yes (in designated areas)  
Pets: Yes (by arrangement)  
Phone point in room: Yes  
TV point in room: Yes

### other services

Day Care: No  
Short Break (Respite): Yes \*  
Hairdresser: Yes  
Shop: No  
Chiroprody: Yes

\* If vacancies are available. Emergency Short Breaks can also be arranged.



## summerford



Summerford House is a single storey, purpose built residential care home for 29 elderly people. The home is divided into 4 living-areas – each area equipped with its own single bedrooms, lounge and kitchen area. One area of the building accommodates a short break respite unit of 6 bedrooms.

There is also an integral day care centre within the building. The home is set within its own garden space with outdoor seating.



Address: Summerford Road, Falkirk, FK1 5BT

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Tel: 01324 501840

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Fax: 01324 501841

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E-mail: Helen.Heenan@falkirk.gov.uk

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Contact: Helen Heenan, Manager

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Sector: Local Authority

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## details

Maximum number of residents:	29
Number of single rooms:	29
Number of double rooms:	0
Number of floors:	1
Accessible for people with a disability:	Yes
Ramped access:	Yes
Smoking:	Yes (in smoke room)
Pets:	Yes
Phone point in room:	Yes (on request)
TV point in room:	Yes

## other services

Day Care:	Yes
Short Break (Respite):	Yes*
Hairdresser:	Yes
Shop:	Yes
Chiropody:	Yes

\* Short Break accommodation comprises a single room with a wash hand basin. The accommodation is for a temporary resident for a few weeks at a time.

## thornton gardens



Thornton Gardens aims to offer domestic type living in a small group setting for eleven frail older people. It is ideally suited for those who want to combine individual privacy with the companionship of living with others. The objectives are to encourage and promote ordinary daily living respecting tenants' rights, dignity, independence and choice.





Address: 1-11 Thornton Gardens, Bonnybridge, FK4 1AW

Tel: 01324 812947

E-mail: m.hair@bield.co.uk

Contact: Mrs. Moira Hair (Manager)

Sector: Private

## details

Maximum number of residents:	11
Number of single rooms:	11
Number of double rooms:	0
Number of floors:	1
Accessible for people with a disability:	Yes
Ramped access:	Yes
Smoking:	Yes
Pets:	Yes
Phone point in room:	Yes
TV point in room:	Yes

## other services

Day Care:	No
Short Break (Respite):	No
Hairdresser:	No
Shop:	No
Chiropody:	No



## thorn tree mews care home



Thorn Tree Mews Care Home enjoys a peaceful setting, a few minutes walk from Falkirk Town Centre with its wide range of shopping facilities. We are registered to care for people with dementia, frail elderly, learning disabilities and those who require respite care.



Address: 17 Arnothill, Falkirk, FK1 5RZ

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Tel: 01324 626090

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Fax: 01324 633497

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E-mail: thornreemews@schealthcare.co.uk

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Contact: Merissa Meason, Manager

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Sector: Private

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## details

Maximum number of residents:	51
Number of single rooms:	45 (17 en-suite)
Number of double rooms:	3 (2 en-suite)
Number of floors:	2
Accessible for people with a disability:	Yes
Ramped access:	Yes
Smoking:	Yes
Pets:	Yes
Phone point in room:	Yes
TV point in room:	Yes

## other services

Day Care:	No
Short Break (Respite):	Yes *
Hairdresser:	Yes
Shop:	No
Chiropody:	Yes

\* We have the facility to accommodate 9 short breaks (respite) places each week from both community and hospital.



## torwoodhall



Torwoodhall offers a quality specialist service for 18 adults with mental health needs. We are situated within beautifully landscaped grounds, just a short walk from local shops and amenities. At Torwoodhall we work closely with health support services and promote a good quality of life for people who take an active involvement with their care needs.



Address: Carronvale Road, Larbert, FK5 3LG

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Tel: 01324 503490

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Fax: 01324 503490

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E-mail: [anne.johnstone@falkirk.gov.uk](mailto:anne.johnstone@falkirk.gov.uk)

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Contact: Anne Johnstone

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Sector: Local Authority

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## details

Maximum number of residents:	18
Number of single rooms:	18
Number of double rooms:	0
Number of floors:	2
Accessible for people with a disability:	Yes
Ramped access:	Yes
Smoking:	Yes
Pets (by mutual agreement):	Yes
Phone point in room:	Yes
TV point in room:	Yes

## other services

Day Care:	No
Short Break (Respite):	No
Hairdresser:	Yes
Shop:	Yes
Chiropody:	Yes



## wallside grange care home



Wallside Grange Care Home offers 24 hour nursing care from a team of highly skilled, trained and dedicated staff. We have single/en-suite/companion rooms and offer long-term respite and home care services.



Address: Lime Road, Tamfourhill, Falkirk, FK1 4RS

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Tel: 01324 611790

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Fax: 01324 611680

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E-mail: [wallside@canterbury-care.com](mailto:wallside@canterbury-care.com)

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Contact: Lesley Gardner

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Sector: Private

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## details

Maximum number of residents:	35
Number of single rooms:	24
Number of double rooms:	5
Number of floors:	2
Accessible for people with a disability:	Yes
Ramped access:	Yes
Smoking:	Yes
Pets:	Yes
Phone point in room:	Yes
TV point in room:	Yes

## other services

Day Care:	No
Short Break (Respite):	Yes
Hairdresser:	Yes
Shop:	No
Chiropody:	Yes



## wheatlands



“Show me a good Nursing Home and I will show you good staff and a caring management”.

At Wheatlands, that's exactly what you find.

In addition you find nurses and carers 24 hours a day and everywhere at Wheatlands, week days or weekends you will find dedicated hard working staff.

We like to make it as much like home as possible, and our very own catering team provide real choice and nutritious menus. Call in and see for yourself. Appointments are not needed.





Address: Larbert Road, Bonnybridge, FK4 1ED

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Tel: 01324 814561

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Fax: 01324 815280

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E-mail: [information@wheatlandshome.co.uk](mailto:information@wheatlandshome.co.uk)

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Website: [www.wheatlandshome.co.uk](http://www.wheatlandshome.co.uk)

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Contact: Mrs. Helen McIntyre

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Sector: Private

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## details

Maximum number of residents:	59
Number of single rooms:	53
Number of double rooms:	3
Number of floors:	1
Accessible for people with a disability:	Yes
Ramped access:	Yes
Smoking:	Yes
Pets:	No (may visit with owner)
Phone point in room:	No (but may be installed)
TV point in room:	No

## other services

Day Care:	No
Short Break (Respite):	Yes*
Hairdresser:	Yes
Shop:	No (available close by)
Chiropody:	Yes

\* Short stay or Short Break places are available if there is a vacancy. Pre admission advice leaflets are available, as are questionnaires, and visits are welcomed.



## woodlands



Woodlands aims to offer domestic type living in a small group setting for 10 frail older people. It is ideally suited for those who want to combine individual privacy with the companionship of living with others. The objectives are to encourage and promote ordinary daily living, respecting tenants' rights, dignity, independence and choice.



Address: Kinneil Drive, Bo'ness, West Lothian, EH51 0LL

Tel: 01506 828684

Fax: 01506 828684/828617

E-mail: i.darling@bield.co.uk

Contact: Ian Darling, Manager

Sector: Private

## details

Maximum number of residents:	10
Number of single rooms:	10
Number of double rooms:	0
Number of floors:	1
Accessible for people with a disability:	Yes
Ramped access:	Yes
Smoking:	Yes
Pets:	Yes
Phone point in room:	Yes
TV point in room:	Yes

## other services

Day Care:	No
Short Break (Respite):	No
Hairdresser:	No
Shop:	No
Chiroprody:	No

We have worked hard to ensure that the information about care homes in this brochure is correct at the time of going to press.

Social Work Services cannot be held responsible for inaccuracies in any entry.

If you would like this information in another language, Braille, LARGE PRINT or audio, please contact your local Social Work office.

#### **Polish**

Jeżeli chciałbyś/chciałaabyś uzyskać owe informacje w języku innym aniżeli język angielski, w języku Braille'a, w DUŻYM FORMACIE lub zapisane na kasetach audio skontaktuj się z lokalnym biurem Opieki Społecznej (social work office).

#### **Lithuanian**

Jeigu jūs norėtumėte gauti šią informaciją kita kalba, Brailio šriftu, stambiu šriftu ar įgarsintą, prašome susisiekti su jūsų vietiniu socialines rūpybos ofisu.

#### **Arabic**

إذا كنت بحاجة الى هذه المعلومات بلغة اخرى، بريل، حروف كبيرة او مسجلة صوتيا نرجوا منك الاتصال بمكتب الخدمات الاجتماعية المحلي.

#### **Urdu**

اگر آپ یہ معلومات دوسری زبان، بریل، بڑے حروف کی چھپائی یا آڈیو میں چاہتے ہیں تو براہ مہربانی اپنے لوکل سوشل ورک آفس سے رابطہ کریں۔

#### **Chinese**

如果你希望獲得此份資料的其他語言、凸字、大號字印刷或者錄音格式，請與你附近的社會工作辦公室聯絡。

#### **Punjabi**

ਜੇਕਰ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਜ਼ਬਾਨ, ਬਰੇਲ, ਵੱਡੀ ਛਪਾਈ ਜਾਂ ਆਡੀਓ ਤੇ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ ਤਾਂ ਕ੍ਰਿਪਾ ਕਰਕੇ ਆਪਣੇ ਸਥਾਨਕ ਸੋਸ਼ਲ ਵਰਕ ਆਫਿਸ ਨਾਲ ਸੰਪਰਕ ਕਰੋ