

# Mini-Tennis Red B

## APPLICATION FORM

Falkirk Council Sports Development provides opportunities for children of all ages and abilities to participate and develop in the sport of Tennis. The classes are run indoors and are supervised by qualified tennis coaches.

**Mini-Tennis Red A** - is the perfect fun introduction to tennis. An ideal starter game, Red A is a great way to learn new skills, whilst having fun. The players will work on basic skills with specially adapted foam balls.

**(5-6yrs)**

**Mini-Tennis Red B** - is the next step on the tennis pathway. The players will play on badminton size courts and work on coordination and movement skills, rallying, serving, court work, score keeping and they will learn basic tennis rules. **(7-8yrs)**

**Mini-Tennis Orange** - is the final stage, before embarking on the full court game. Games are played on a volleyball size court with specialized hybrid balls. The players will also work on matchplay skills and understand about warming up and practicing. **(9-11yrs)**

**Tennis Green** - is the final stage of Sport Developments Tennis programme. These sessions are taught both indoors and outdoors on full size courts in a club environment. They will learn to play with faster hybrid balls enabling the children to further develop and fine tune their skills. **(12-15yrs)**

Date of Application: .....	
First Name: .....	Date of Birth: .....
Last Name: .....	School Attending: .....
Address: .....	Class: .....
.....	Home telephone: .....
Post Code: .....	Mobile telephone: .....
Any Medical conditions: .....	

Complete the table below to indicate venue preferred (circle as appropriate):

VENUE	TIME	DAY	P = preferred A = acceptable U = unacceptable		
			P	A	U
Bonnybridge Community Centre	17.00 onwards	Mondays	P	A	U
Woodlands Games Hall	16.00 onwards	Tuesdays	P	A	U
Stenhousemuir SC	16.00 onwards	Wednesdays	P	A	U
Denny SC	17.00 onwards	Wednesdays	P	A	U
Bo'ness Recreation Centre	16.45 onwards	Thursdays	P	A	U
Polmont SC	16.00 onwards	Fridays	P	A	U

How did you hear about the Sports Development tennis programme? .....

**Return completed forms to:**

Applications, Falkirk Council Sports Development, Woodlands Games Hall, Cochrane Avenue, Falkirk, FK1 1QE



Falkirk Council  
Community Services



**SportsDevelopment**