

Forth Valley
Domestic Abuse Training Consortium.

Training Events for 2009- 2010

The following training is available from the FVDATC and is mostly funded by the Scottish Government. Please note that as places are limited, a charge for non attendance without prior notification may be applied.

Training can be booked by contacting the coordinator in the first instance and should be supported by line manager's comments. If you are booking any training other than level 1, you will be required to demonstrate the reasons for application and the benefits to your multi agency partnership in your application (separate form will be sent after initial application). Any application received without either of those completed, will not be considered.

In addition to the publicised events, the consortium has access to other training events available through partner agencies such as Women's Aid or Women's Support Project, if you would like to be added to the circulation list for those events, please email the coordinator to make your request.

All training should be booked through the coordinator. Contact details for the training coordinator are as follows:

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Understanding Domestic Abuse and the effects on children (Falkirk Sessions)

**Dates: 2nd March 2009 9.30am to 4pm in Camelon Education centre, Falkirk
15th June 2009 9.30am to 4pm in Camelon education centre, Falkirk
September 2009 TBC, Falkirk
December 2009 TBC, Falkirk**

This Introductory Session is aimed at front-line staff who work directly with women, children and young people and who feel that an understanding of the dynamics of domestic abuse will help them in their work. Participants need no prior learning or experience of domestic abuse related issues.

By the end of the session delegates will be able to:

- Define domestic abuse as sexual, physical mental/emotional abuse (as termed by the Scottish Executive).
- Appreciate the impact of domestic abuse on those who experience it and how it affects their behaviour and choices
- Understand the main issues of providing a sensitive and appropriate service to women, children and young people experiencing domestic abuse.
- Developed an understanding of how children and young people can experience domestic abuse
- An awareness of the affects of domestic abuse on children and young people
- An insight into the coping strategies they may develop

Understanding Domestic Abuse and the effects on children (Alloa Sessions)

**Dates: 25th May 2009 at 9.30am to 4pm in Lime tree house, Alloa
14th August 2009 9.30am to 4pm in Lime tree house, Alloa
2nd November 2009 9.30am to 4pm in Lime tree house, Alloa
February 2010, TBC**

This Introductory Session is aimed at front-line staff who work directly with women, children and young people and who feel that an understanding of the dynamics of domestic abuse will help them in their work. Participants need no prior learning or experience of domestic abuse related issues.

By the end of the session delegates will be able to:

- Define domestic abuse as sexual, physical mental/emotional abuse (as termed by the Scottish Executive).
- Appreciate the impact of domestic abuse on those who experience it and how it affects their behaviour and choices
- Understand the main issues of providing a sensitive and appropriate service to women, children and young people experiencing domestic abuse.
- Developed an understanding of how children and young people can experience domestic abuse
- An awareness of the affects of domestic abuse on children and young people
- An insight into the coping strategies they may develop

Understanding Domestic Abuse and the effects on children (Stirling Sessions)

Dates: 8th April 2009 at 9.30am to 4pm in Old Viewforth, Stirling
6th July 2009 at 9.30am to 4pm in Old Viewforth, Stirling
October 2009 TBC, Stirling
January 2010 TBC, Stirling

This Introductory Session is aimed at front-line staff who work directly with women, children and young people and who feel that an understanding of the dynamics of domestic abuse will help them in their work. Participants need no prior learning or experience of domestic abuse related issues.

By the end of the session delegates will be able to:

- Define domestic abuse as sexual, physical mental/emotional abuse (as termed by the Scottish Executive).
- Appreciate the impact of domestic abuse on those who experience it and how it affects their behaviour and choices
- Understand the main issues of providing a sensitive and appropriate service to women, children and young people experiencing domestic abuse.
- Developed an understanding of how children and young people can experience domestic abuse
- An awareness of the affects of domestic abuse on children and young people
- An insight into the coping strategies they may develop

Trauma, Recovery and Domestic Abuse

Dates: 25th March 2009, Lime tree house, Alloa.

This session, run by consultant clinical psychologist Dr Sandra Ferguson, is aimed at workers who have already attended training on the dynamics of domestic abuse and are looking to further consider the mental health impacts of domestic abuse and the recovery process.

By the end of the session delegates will be able to:

- Identify what Trauma is
- Understand what recovery is and the recovery process
- Understand how domestic abuse links to mental health
- Understand where your service can assist in the phased intervention model

The invisible man

Venue:	Camelon Education Centre, Falkirk
Time:	9.30am to 4pm
Dates:	27th March 2009

This one day session, run by Tom McNally a training consultant to SWA, will introduce delegates to key theories concerning male perpetrators of domestic abuse and some of the practices that have been developed to work effectively with men to keep women and children safe.

By the end of the session delegates will be able to:

- Explain the theoretical perspective and goals of an intervention project
- Challenge myths about abusers and why they abuse
- State an intention, attitude, belief, gain, loss and effect of violence and abuse

Domestic Abuse: What the Manager Needs to Know

Venue:	TBA
Time:	TBA
Dates:	Will be arranged early in 2009

This session is aimed at managers and supervisory staff looking to explore their role in relation to supporting staff to deliver an effective service to those experiencing domestic abuse. It has been designed for those who have already undertaken training about the dynamics of domestic abuse.

By the end of the session delegates will be able to:

- Understand the main issues of providing a sensitive and appropriate service to women, children and young people experiencing domestic abuse
- Understand the development of local service provision in terms of best practice and the National Strategy to Address Domestic Abuse in Scotland
- Consider the impact of those experiencing and perpetrating domestic abuse on their staff teams

Understanding Childhood Sexual Abuse

Venue:	Open Secret, Alloa
Time:	9.30am to 4.30pm
Dates:	20th February 2009

This training is aimed at practitioners who would benefit from the understanding of the impact of childhood sexual abuse on the child and on adult survivors

By the end of the session delegates should have an understanding of:

- The meaning of childhood sexual abuse
- The impact of abuse on a child
- The barriers to disclosure
- Long term effects of abuse
- Working with survivors of abuse
- Services available for survivors

Supporting LGBT People Experiencing Domestic Abuse

Venue:	Hay Park Business Centre, Polmont
Time:	9.30am to 4.30pm
Dates:	21st May 2009

This two day training has been designed for delegates who already have an understanding of the dynamics of domestic abuse and wish to learn more about its impacts and support implications for lesbian, gay, bisexual and transgender people.

By the end of the session delegates will have had the opportunity to:

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| <ul style="list-style-type: none">• Increase their awareness of the issues facing lesbian, gay, bisexual and transgender (LGBT) people• Reflect on the nature of homo/bi/transphobia and heterosexism and consider ways in which to challenge discrimination• Reflect on current practice and policy, including legislative changes affecting LGBT people• Increase their understanding of the dynamics and impacts of LGBT people's experience of domestic abuse |
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Supporting Women Experiencing Domestic Abuse

**Dates: 9th February 2009 9.30am to 4pm in Camelon education centre, Falkirk
2nd March 2009 9.30am to 4pm in Old Viewforth, Stirling
April 2009 TBC, Alloa**

This session is run by Sandra Paton of South Ayrshire Women's Aid and is aimed at workers who have already attended training on domestic abuse awareness and are looking to take their understanding a step further by addressing practical issues around supporting women.

By the end of the session delegates will be able to:

- Understand the main issues of providing a sensitive and appropriate service to women experiencing domestic abuse
- Think creatively about environmental factors which may impact on a woman disclosing domestic abuse
- Describe and identify specific skills and approaches necessary when talking to or interviewing women about their experiences of domestic abuse

Domestic Abuse: A Workplace Issue (What HR Workers Need to Know)

**Venue: TBA
Time: TBA
Dates: Will be offered if demand exists**

This session is aimed at HR workers and policy makers who are considering introducing a domestic abuse policy in their workplace. No previous experience or training in this area is necessary.

Study Day - Stalking

**Venue: Old Viewforth, Stirling
Time: 9.30am to 3.00pm
Dates: 19th February 2009**

This study day is aimed at front line workers who would benefit from an understanding of the dynamics of stalking and the effects on the victim. The workshop will include an actual case study and facilitators will include Sandra Paton of South Ayrshire Women's Aid.

Study Day (Midwives only)

Venue:	Royal Infirmary, Stirling
Time:	2.00pm to 5.00pm
Dates:	27th May 2009 23rd June 2009

This study day is aimed at front line workers who would benefit from an understanding of the dynamics of stalking and the effects on the victim. The workshop will include an actual case study and facilitators will include Sandra Paton of South Ayrshire Women's Aid.

Responding to Domestic abuse (Accredited with 10 points at HE level)

Dates: 2nd & 3rd March 2009 at Haypark Business centre, Polmont.
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This training examines the nature of domestic abuse as it occurs between partners or former partners. The module will examine domestic abuse from a gendered perspective. Although the module is not designed to examine child abuse, it will look at the effects of domestic violence on children. The module will focus on experiential learning and focus on developing practical, transferable skills

This module explores

- the many theories about why domestic abuse occurs
- the effects of domestic abuse on those experiencing it and on society
- how professionals can recognise and respond to it effectively.

Who should attend:

Frontline practitioners working in fields including social work, police, voluntary sector, healthcare professionals, victim support agencies, criminal justice and the law, housing, advocacy, education and mental health.

Entry requirements:

Applicants should

- currently be working directly or indirectly with those affected by domestic abuse
- have an interest in working in the field of domestic abuse.
- have completed a minimum of a half-day module in basic domestic abuse awareness delivered by a recognised training organisation.

Parenting following Domestic Violence

Dates: 2009 date and venue TBC if demand exists.

This is a skills training course run by PACT, partner abuse training consultancy, for anyone working with mothers or fathers whose children have been impacted by domestic violence. We will not focus on decreasing the adult victim's vulnerability to further abuse, nor on decreasing the risk posed by the perpetrator. We will focus solely on improving parenting in families where there has been domestic violence.

Who should apply:

The course is aimed at social workers, family centre workers, parenting workers and family therapists who already have a grounding in working with families where domestic violence is a concern.

Course Content

- Helping parents understand the impacts of domestic violence on children
- Standard parenting programmes
- Working with the over-controlling parent
- Parenting from the inside out – working with parents' experiences of being parented
- Parenting and child developmental stages
- Therapeutically parenting the traumatised child
- Making amends, repairing relationships
- safety planning

16 Days of Activism for the elimination of Violence Against Women

The elimination of violence against women is the subject of international attention for a specific 16-day period every year. The '16 Days' campaign began in 1991 and since then over 2000 organisations in over 150 countries have participated in raising awareness of the issues associated with violence against women.

The campaign begins on 25th November (International Day for the Elimination of Violence against Women) and runs through to 10th December (International Human Rights day) to help people make the link that such violence is a violation of a woman's human rights. The period includes other significant dates such as 1st December (World AIDS day) and 6th December (anniversary of the Montreal Massacre).

The Forth Valley 16 Days of Action group was formed by a partnership of agencies in 2007, including Falkirk, Clackmannanshire and Stirling Councils, Central Scotland Police, Forth Valley NHS and several voluntary organisations and charities.

Awareness raising activities for the 16 Days 2009 are currently being planned and will take place in a variety of locations across Forth Valley. In 2008 a number of events were organised including 'keeping yourself safe' classes, fun football activities for boys and girls, training events for professionals, community discussion events and widespread sale of white ribbon badges and cookies. White ribbons are worn by men (women can wear them too) to make a commitment that they will never commit, condone or remain silent about violence against women. A white ribbon march started at Stirling Castle esplanade on 4th December 2008 and was supported by all 3 Multi agency partnerships and led by the Central Scotland Police Pipe Band. Some local libraries had books readily available during the 16 Days period for anyone interested in reading more about the issues.

More detailed information about our activities will be made available during October and November 2009. Local authority websites will also have information for the public. If you would like to know more about the 16 Days of Action campaign or if you would like to organise your own event to raise awareness of violence against women and have us advertise it for you, please contact our Domestic Abuse Policy Coordinator, Gail Cook at Gail.cook1@tiscali.co.uk.