

HELLO



WELCOME TO FALKIRK YOUNG SCOT

Falkirk Young Scot provides a website www.youngscot.org/falkirk of information and links to services for young people. Web pages of local and national up to date information about Health, Volunteering, Money, Arts, Local Discounters, and young people that have been involved in web journalism and youth work.

Your Falkirk Young Scot card provides the Young Scot National Entitlement cards which gives access to:

- Library Card
- Leisure Card
- Proof of Age
- School Lunch Card
- Registration on the website www.youngscot.org/falkirk
- Transport Concessions (aged 16-18yrs only)
- Discounts at local, national and international shops across Scotland and 42 European countries

All this through one piece of plastic and its FREE to all young people from age 11yrs to 25yrs.

Contact: Ankale Denovan, Coordinator

Tel: 01324 50 4440

Email: dialogue.youth@falkirk.gov.uk

Falkirk Young Scot

Park Street Community Education Centre
Park Street
Falkirk (by Sportsters & City night club)
FK1 1RE

Drop-In Service: Monday to Friday
1pm-4.30pm

Apply for new YS/NEC card, or update your photograph on your YS/NEC card (only if over one year old)

(Always bring something to identify yourself)



FALKIRK YOUNG SCOT WOW

What's On Where in and around Falkirk

Do you want to know more about what is going on in and around the Falkirk area?

Now is your chance to find out more!

www.youngscotwow.org is the brand new youth opportunity search engine, designed and built for young people in Scotland aged 11-26. You can search for exciting activities happening in your local area, so why not have a look!

For more information or to pass on your comments please contact us on:

Email: youngscotwow@falkirk.gov.uk or call us on

Tel: 01324 50 3683 or 50 3684.



FALKIRK COUNCIL YLT

At present there are a large number & range of programmes being developed by the Youth Learning team in the Falkirk Council area.

These opportunities include:

- work within schools
- work on the streets
- range of youth of youth clubs and groups

Programmes have strong emphases on health options and work with Peer educators to deliver health messages to other young people.

Materials providing information are regularly distributed and health and music videos are produced.

Achievement is also a high priority in Falkirk and the D. of E. the Youth Achievement Awards and other accredited programmes are offered.

Fun is also important in youth work provision and regular residential experiences, skiing outings, cycling and street football are organised.

For further information on what happens in your area contact the:

Youth Learning Team
Grangemouth Municipal Chambers

Tel: 01324 504460

Email: Alastair.ramsay@falkirk.gov.uk



CENTRAL SCOTLAND POLICE

Youth Forum

Central Scotland Police, in partnership with Falkirk Council, Stirling Council and Clackmannanshire Council, established a Youth Forum in 2007. The key aim of the forum is to allow young people from across Forth Valley to positively engage with local police. Young people aged 14yrs plus meet with police officers and youth workers in an informal youth space and not only learn about policing issues but discuss future policing policy. For further information on the Youth Forum please contact Central Scotland Police Youth Strategy Officer on 01786 456000.

FALKIRK'S CHILDREN'S COMMISSION YOUNG PEOPLE'S FOCUS GROUP

Open to young people aged 10+, it's a great way for you to get involved in making decisions that are important to **YOU!**

What do we do? – have fun, express our opinions, share ideas, have a say in our communities, make new friends and build confidence.

What do we get? - Youth Achievement or Dynamic Youth Awards ensure you get something back for all your hard work.

What we said ;

“I felt really listened to, every idea I told them they respected”

“amazing”

“good place to express your opinions”

“fun!!”

If you would like more information email one of the young people involved in this group at ffb@falkirk.gov.uk



FALKIRK QUARRIERS CHILDREN'S RIGHTS SERVICE

Falkirk Quarriers Children's Rights Service pay special attention to those children & young people who find it hard to get heard for any reason, including groups marginalized by their differing abilities, ways of communication, location, ethnicity, religion, sexuality or other focus of discrimination.



FALKIRK CHILD PROTECTION COMMITTEE (CPC)

The CPC is responsible for keeping children safe in Falkirk and this involved all services working together. If you need to contact someone because you or someone you know is being abused, contact the Social Work Office where you or the child lives:

Denny 01324 504160

Stenhousemuir 01324 503503

Grangemouth 01324 504343

Grahamston 01324 506595

Camelon 01324 501200

Laurieston 01324 590300

Bo'ness 01506 778668

Out of Hours 0845 2777000

or

Police Family Unit 01786 456000

SCRA (Reporter) 01324 626996

The CPC also has a website and a section for young people with helpful website links, plus a booklet "You Matter" with information on lots of topics:

http://www.falkirk.gov.uk/services/social_work/children_and_family_services/child_protection/child_protection_committee/child_protection_committee.aspx

The CEDAR Project is a group work project for young people aged 14 to 16 who have experienced domestic abuse – contact Susan Walker on 07717 544 502.



FALKIRK COUNCIL SPORT AND LEISURE

Get Active!

Local Services For Young People:

Falkirk Council is dedicated to help increase physical activity levels for all age groups in the area. "Let's Make Falkirk More Active" is the physical activity action group that intends to make this happen.

Your Young Scot Card entitles you to:

- Free swimming during all school holidays in all Falkirk Council Leisure Facilities with a swimming pool
- Off peak prices for swimming at all other times
- Weekend and School holiday off peak prices for all "dry side" activities – gym badminton, sports hall activities etc

How to get involved:

You don't have to take part in competitive sport; you could increase your physical activity levels with the Active Schools Team by taking part in things like walking, dance or active travel. Or if you would like to take part in a sport, the Sports Development Team can help you on your way. Decided on a sport that you want to take part in more regularly? Why not join one of our club links?

What's happening in your area:

The Circuit Health and Fitness Clubs in Bo'ness Recreation Centre, Grangemouth Sports Complex and the Mariner Centre offer a TEEN membership, specifically designed for you! The membership allows you to have a programme made which will be tailored to your needs. You will have access to the gym at designated times

and there will always be a member of staff present if you need any help.

Contact:

Let's Make Falkirk More Active,
Falkirk Community Stadium,
Westfield,
Falkirk,
FK2 9DX.

Tel/Fax: 01324 504556. E-mail:
letsmakefalkirk.moreactive@falkirk.gov.uk
www.falkirk.gov.uk/letsmakefalkirkmoreactive

Signposts:

Active Schools,
Camelon Education Centre,
Abercrombie Street,
Camelon,
FK1 4HA.

Tel: 01324 501656. Fax: 01324 503711.
e: wendy.taylor@falkirk.gov.uk

Sports Development,
Falkirk Council Community Services,
Cochrane Avenue,
Falkirk,
FK1 1QE.

Tel: 01324 503732. Fax: 01324 506931.



FUDOSHIN KARATE CLUB

Karate is an exciting sport which offers you the opportunity to compete in Kumite (Fighting) or Kata (Routines) competitions all over Falkirk, Scotland, Great Britain and Europe if you stick in!

- If you think you are fit then come and challenge yourself.
- If you wish you were that little bit fitter come and join in – we will help you!
- If you fancy testing your sparring skills out Fudoshin Karate Club is the place for you.
- If you like learning and performing routines get involved with us!
- If you want to learn Self Defence DON'T make yourself a TARGET. Find out how to STAY SAFE – this is our SPECIALITY.

Get in touch with us....

Contact Details

Blair Henderson – 07725516113
Blair_89@hotmail.co.uk

Craig Penman – 07729922251
CRAIGPENMAN20@HOTMAIL.COM

Monday – Shieldhill Welfare Hall 7-8pm

Tuesday – Nethermains Primary 6.30-7.30pm

Wednesday – Shieldhill Primary 7-8pm

Friday – Denny, Broompark Hall 6-7pm 7-8pm (Seniors)



FALKIRK COUNCIL LIBRARY SERVICES

Your Young Scot card gives you free access to joining Falkirk Council Library Services.

The libraries offer

- books,
- CDs,
- DVDs,
- books to listen to on CD or MP3,
- free broadband Internet access,

...and much more.

More information can be found on www.falkirk.gov.uk following the link to Libraries, or phone Library Services on 01324 506809."



FALKIRK COUNCIL

External Funding Unit

Falkirk Council's External Funding Unit offers funding support to Council Services, Community Planning Partners and voluntary and community organisations operating in the Falkirk Council area.

The Unit can provide a wide range of support and services including advice on Falkirk Council's Small Grant Scheme, resources available from Council services, charitable trusts, lottery and European funding. It publishes a newsletter, Funding at Falkirk, circulates Funding Alerts and organises training and information sessions. It also provides a free funding search database.

The Unit has produced 'Are You Ready For Funding?' – a guide which provides an overview of issues to consider when applying for funding.

Please note that the Unit only supports organisations and does not supply funding information for individuals.

More information at:

External Funding Unit,
Falkirk Council,
Corporate & Neighbourhood Services,
Municipal Buildings,
Falkirk
FK1 5RS

Tel: 01324 506038/506065

Fax: 01324 506061

Email: funding@falkirk.gov.uk

www.falkirk.gov.uk - click on Funding at Falkirk

MY FUTURES IN FALKIRK

The My Future's in Falkirk economic development initiative started in 2002 and aims to make Falkirk a better place to live, work, learn and play. Young people are central to this – they are the future of the area and we want to continue to involve them and ensure they know about the changes taking place.

Feedback from young people has been very positive, indicating they believe Falkirk is a great place to grow up, go to school and is changing for the better.

If you'd like to find out more about the My Future's in Falkirk initiative visit www.myfuturesinfalkirk.co.uk



ACTIVE SCHOOLS

The role of Active Schools

The aim of the Active Schools Network is to offer all children and young people the opportunities and motivation to adopt active, healthy lifestyles, now and into adulthood.

Active Schools also builds links within the wider community in order to allow pupils to continue developing their sporting experience outside of school.

Every High School in Falkirk Council currently has an Active Schools Coordinator. This is always a teacher within the school (usually a PE teacher)

Their job is to organize and run a wide range of physical activity and sporting opportunities for all Secondary pupils. These sessions may run during lunchtimes and after school.

For further information about what's on offer in your school please go and visit your Active Schools Coordinator or check out the PE noticeboards around the school.



website:
www.youngscot.org/falkirk



infoline:
0808 801 0338



what's on where:
www.youngscotwow.org



FALKIRK



FOOD IN SCHOOLS

Social Dining Area

You will be amazed at what secondary school dining rooms have to offer – it's not all about carrots and bean hot pots - u know!

Our current menus provide food options that are tasty, offer a variety of choice and value for money while being nutritionally balanced and consistent with the Nutritional Requirements for Food & Drink in Schools (Scotland) Regulations 2008.

We have already listened to your feedback and as a result have reviewed the Meal Deal Options. The introduction of pre order booths "Collect & Go" means that you can pay and order your lunch at mid morning break – avoid the queues and collect your lunch when you are ready to eat. There's no stigma over who gets free school meals - as the free school meal entitlement is loaded onto your swipe card in time for pre ordering.

Comments on the service and are always welcome. Comment cards are displayed in the dining areas. The social dining areas offer a relaxed and open area where you can relax, eat and chill with friends. See you there!

Want to know more?

For further information on school meals contact:

Judith Borg,
Catering Co-ordinator,
Corporate and Neighbourhood Services,
Earls Road,
Grangemouth
FK3 8UU

Tel: 01324 590461

Food in our schools

Healthy Options,
Wider Choices,
Better Value



Taste and Tell

Let us know your views through:

- Pupil Councils
- Internet www.falkirk.gov.uk,
- Internet Surveys and School Nutrition Action Groups

traditional meals meal deals panini tasty baguettes pasta pots fresh fruit baked potatoes crispy salads

Falkirk Council
Corporate & Neighbourhood Services

“Keep Your Town Litter Free”

Kaptain Kleen

Dropping litter is antisocial, bad for the environment and against the law. Use the bins provided to dispose of your litter both inside and outside the school grounds. If there isn't a bin nearby, keep hold of your litter until you see a bin - put it in your pocket or bag.

Environmental Enforcement Officers (Litter Wardens) patrol the streets surrounding high schools, towns centres and other litter "hotspots". They are authorised to issue £50 fines to people seen dropping litter.

If you drop litter and are caught you will be approach by the Officer who will be carrying ID.

You will be asked for your name and address which will be recorded and you will receive notification through the post at your home address that you have committed an offence. If you receive a fine you will be given 14 days to pay it. If you are sent a warning letter a copy will be sent to your head teacher.



LITTER: THERE'S NO EXCUSE

For more information:
web: www.falkirk.gov.uk/litterzone
email: litterzone@falkirk.gov.uk
tel: 01324 504433



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FORTH VALLEY COLLEGE

Excellence in Learning on Your Doorstep

If you're looking for a course to help you on your way to your dream career, look no further. Forth Valley College offers an exciting range of courses with something to suit everyone.

Courses range from access to degree level in a variety of subject areas. We also offer vocational training such as Modern Apprenticeships for those who perhaps aren't interested in coming to college full-time. No matter what your qualifications or career aspirations, we can help steer you in the right direction.

Plus with modern, vibrant campuses in Falkirk, Alloa, Stirling and Raploch you can avoid long commutes and expensive traveling costs.

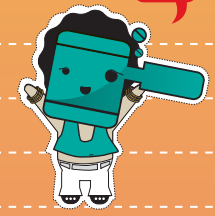
Contact us today to find out more –
call 0845 634 4444
or text info@forthvalley.ac.uk



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YOUNG SCOT


NOTES and NUMBERS



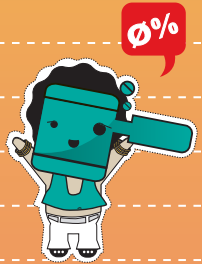
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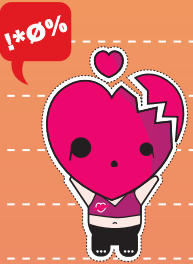
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Handwriting practice lines (dashed lines on an orange background)




Handwriting practice lines (dashed lines on an orange background)

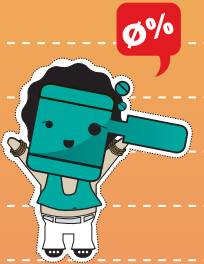
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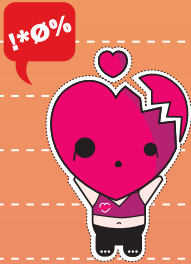
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