

| Referral or universal | Area | Category | Gender | Age | Project/Organisation | Activity | Provider | Contact details |
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| Accommodation/Homelessness | | | | | | | | |
| Universal | All | Accommodation | Both | All | Accommodation Resource Centre (ARC) | The ARC offers help to people who are homeless or at risk of becoming homeless. | Falkirk Council | 21-25 High Street, Falkirk, FK1 1WS. Freephone: 0800 587 4440. Telephone: 01324 503600. E-mail: arc@falkirk.gov.uk |
| Referral | All | Accommodation | Boys | 21+ | Castings Hostel | Offers temporary housing for homeless, single men aged 21 + Contact should be made via the Accommodation Resource Centre (ARC) | Falkirk Council | 21-25 High Street Falkirk FK1 1WS. Freephone: 0800 587 4440 Telephone: 01324 503600 E-mail: arc@falkirk.gov.uk |
| Referral | All | Accommodation | Both | All | Loretto Housing Assosication - Inchyra | Single person accommodation for people with complex needs who require high support needs. Tenancies are SST's or SSST's. | Loretto Housing Association | Lipton House 170 Crown Street Glasgow G5 9XR Telephone: 0141 4207950 Email: seniorstaff.inchyraplace@lorettoha.co.uk |

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| Referral | All | Accommodation | Both | 16-25 | Loretto Housing Association - Garry Place | <p>Garry Place provides supported and supervised housing for single homeless people aged 16–25 years.</p> <p>Residents have their own bedroom and share the bathroom, living room and kitchen with other residents. Communal facilities are also provided. The hostel is staffed on a 24 hour basis to provide low to medium levels of support.</p> <p>The project is run by Loretto Housing Association with the aim to provide young people with a safe and secure environment to live in. Staff work with the young people to look at why they have become homeless and to improve their chances of holding down a tenancy.</p> | Loretto Housing Association | <p>Lipton House 170 Crown Street Glasgow G5 9XR Telephone: 0141 4207950 Email: projectcoordinator.grangemouth@lorettoha.co.uk</p> |
| Referral | All | Accommodation | Both | 16-25 | YMCA | <p>This provides supervised and supported housing for twelve single homeless people aged between 16 -25 years.</p> <p>Residents have their own bedroom and share the living room, kitchen and bathroom. The project is staffed on a 24 hour basis to provide low to medium levels of support.</p> <p>Note: you need to go through the Accommodation Resource Centre (ARC) to access temporary housing.</p> | YMCA | <p>Telephone: 01324 611995 Email: falkirk@ymcaglasgow.org</p> <p>Accommodation Resource Centre (ARC) 21-25 High Street Falkirk FK1 1ES By Telephone: 01324 503600</p> |

Tenancy Support

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| referral | All | Peer education | Both | 16-25 | Linkliving - Smart Move | Peer Education service of LinkLiving's Falkirk Service. It aims to recruit young volunteer peer educators who will be able to offer advice and information on sustaining and maintaining a tenancy to other young people within the Falkirk area. | Link Living | Falkirk Service LinkLiving Limited Watling House Watling House Callendar Business Park Callendar Road Falkirk FK1 1XR Telephone: 01324 629200 Fax: 01324 417183 Email: linkliving@linkhaltd.co.uk |
| referral | All | Support | Both | All | Linkliving | Linkliving offers support to those struggling to manage their tenancy or just accepted their first tenancy. Planning for the future, working towards the lifestyle of their choice - these are the issues at the heart of LinkLiving's Falkirk service. | Link Living | Falkirk Service LinkLiving Limited Watling House Watling House Callendar Business Park Callendar Road Falkirk FK1 1XR Telephone: 01324 629200 Fax: 01324 417183 Email: linkliving@linkhaltd.co.uk |
| Helpline | | | | | | | | |
| universal | All | Information/Support | Both | all | Bullying Helpline (Childline Scotland) | A dedicated bullying helpline is open between 3.30pm and 9.30pm every day. | CHILDREN 1ST | Telephone: 0800 441111 Website: www.childline.org.uk |

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| universal | All | Information/Support | Both | all | Childline Scotland - Helping children who live away from home | ChildLine also runs The Line, a UK-wide special helpline for children living away from home, on 0800 884444, open from 3.30pm to 9.30pm on weekdays and 2pm to 8pm at weekends. The service operates from our counselling centres in London, Swansea, Rhyl and Glasgow. | CHILDREN 1ST | Telephone: 0800 884444 Website: www.childline.org.uk |
| universal | All | Information/Support | Both | all | Childline Scotland - Helping deaf and hearing-impaired children | ChildLine operates a UK-wide textphone helpline for deaf and hearing-impaired children on 0800 400222, open Monday to Friday 9.30am to 9.30pm and Saturday and Sunday from 11am to 8.00pm. The service operates from our counselling centres in London, Swansea, Rhyl and Glasgow. | CHILDREN 1ST | Telephone: 0800 400222 Website: www.childline.org.uk |
| Universal | All | Information/Support | Both | All | Childline | ChildLine is the free helpline for children and young people in the UK. Children and young people can call us free 24-hours on 0800 1111 to talk about any problem – our counsellors are always here to help you sort it out. | Childline | ChildLine, Freepost NATN1111 London E1 6BR you don't have to use a stamp Free 24-hours helpline: 0800 1111 |
| Universal | All | Information/Support | Both | All | Childline - living away from home | Childline provide a special helpline called The Line for any young person living away from home. This is the helpline for you if you live in a foster home or a children's home, if you're at boarding school or you've been in hospital for a long time. You can call The Line on 0800 88 44 44 from 3.30pm to 9.30pm on weekdays and 2pm to 8pm at weekends. | Childline | ChildLine, Freepost NATN1111 London E1 6BR you don't have to use a stamp Free 24-hours helpline: 0800 884444 |

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| universal | All | Information/Support | both | all | Samaritans of Falkirk and Central Scotland | <p>Our volunteers provide emotional support to people in distress on the phone, face to face, by email and by letter.</p> <p>We believe that being listened to in confidence, without fear of being judged, can be a huge relief and is often the first step in finding a way to cope.</p> <p>Our volunteers don't offer advice, because what works for one person might not work for you. But we do believe that given the time and space to work through problems or difficulties in confidence, everyone can find an inner strength that lets them find their own way forward.</p> | Samaritans | 19 Orchard Street, Falkirk FK1 1RF United Kingdom Telephone: 01324 622066 |
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Befriending

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| universal | All | Information/Support | Both | all | Crossroads | <p>Support groups</p> <p>Befriending service - links carers with volunteer befrienders who can offer companionship, relieve isolation, visit carers in their own homes, and support carers to get out and about. A telephone befriending service and befriending for young carers are also available. For further information on this service contact: The Carers Befriending Project, Burgh Building, 12/14 Newmarket Street, Falkirk. Tel: 01324 626046.</p> <p>Drop-in and telephone information and advice service for carers providing information on a wide range of topics including benefits, respite, holidays, health matters, support groups, etc.</p> <p>Young carers project - support and activities for young carers, under 19 years. Young Carers Groups in Falkirk.</p> | Princess Royal Trust | Princess Royal Trust Falkirk & Clackmannan Carers Centre 5 Newmarket Street, Falkirk FK1 1JQ Tel: 01324 611 510 fax: 01324 622022 E-mail: centre@falkirk.carers.net Web site: www.carersfalkirk.org.uk |
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Children's Rights

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| Universal | All | Information/Support | Both | 11-25 | Dialogue Youth | Falkirk Dialogue Youth offers a number of opportunities for young people: Young Scot Card, Youth information, Consultation and engagement, discount negotiation training, Web journalist training, MSYP (Members of Scottish youth Parliament), National Entitlement Cards (NEC) | Falkirk Council - Community Education | Local Community Planning 9b East Bridge Street Falkirk FK1 1YB Telephone: 01324 630515 Fax: 01324 625912 By Email: dialogue.youth@falkirk.gov.uk Website: www.youngscot.org/falkirk |
| Universal | All | Information/Support | Both | 5-25 | Quarriers - Children's rights | Quarriers' Falkirk Children's Right Service aims to provide an advocacy service for children and young people living in the Falkirk area. Where appropriate we will represent you by being with you at childrens hearings, review meetings and mediation with parents/carers, understanding your situation and listening to what you have to say | Quarriers | Children's Rights Officer 9 B/C East Bridge Street Falkirk FK1 1YD Telephone: 01324 692029 Email: falkirk.childrensrights@quarriers.org.uk |

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| Universal | All | Information/Support | both | 11-26 | Young Scot | Information service available for young people aged 11 years to 26 years, throughout the Falkirk Council area. | Falkirk Council - Community Education | Local Community Planning 9b East Bridge Street Falkirk FK1 1YB By Telephone: 01324 630515 By Fax: 01324 625912 By Email: dialogue.youth@falkirk.gov.uk Website: www.youngscot.org/falkirk |
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Drugs, Alcohol and Smoking

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| universal | All | Peer education | Both | 16-20 | Straight Talk | Peer Education. Involves the training of young people aged between 16 and 20 to pass on information about alcohol to other young people – to become peer educators. | Falkirk Council - Youth Learning Team | Falkirk Service LinkLiving Limited Watling House Watling House Callendar Business Park Callendar Road Falkirk FK1 1XR Telephone: 01324 629200 Fax: 01324 417180 Email: linkliving@linkhaltd.co.uk |
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| Referral | All | Alcohol/Drugs | Both | 16+ | Community Alcohol and Drugs Service (CADS) | <p>To provide specialist assessment and treatment services for people in Forth Valley experiencing drug and alcohol problems. Staffed by nursing, medical and administration staff the service is delivered through a network of clinics and on a domiciliary basis. Services Provided:</p> <ul style="list-style-type: none"> • Assessment • Care Planning • Cognitive Behavioural Therapeutic interventions • Detoxification • Relapse Prevention • Prescribing • Outpatient follow-up • Case Review • BBV pre and post test counselling and testing. <p>Referral by General Practitioner, Adult Mental Health Services and ASC to the Alcohol Service. Referral by Signpost to Drug Service.</p> | NHS | <p>Bannockburn Hospital Bannockburn, Stirling FK7 8AH Telephonle: Alcohol Service: 01786 483131 Drug Service: 01786 483121 Fax: 01786 483101</p> |
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| universal | All | Drugs | Both | 16+ | Signpost | <p>Age 16+ Signpost Forth Valley is a doorstep access community drug service. Signpost runs a number of drop-ins across Forth Valley that you can access in complete confidentiality. Your name is not required to access information or get the help and advice you need.</p> <p>Core Service: A comprehensive assessment, referral on, and follow through service. Drop-in provision and relapse prevention, intensive key working for GPPS service.</p> <p>Provides an outreach based equipment exchange service giving advice and information via dedicated workers on reducing drug related harm. Direct access to BBV vaccination and referral routes to specialist services. Drop in provision.</p> <p>FV Tox Structured de-tox programme with specific criteria using dedicated prescribing GP and key workers. All services offer out of hours service and helpline 01259 726 602 Charge: Free</p> | Sign Post | <p>SignPost Forth Valley Unit 2, Block 1 Cooperage Business Village Cooperage Way Alloa FK10 3LP</p> <p>Telephone: 01259 726 602 Fax: 01259 272 033 Email: info@signpost-forthvalley.org.uk www.signpost-forthvalley.org.uk</p> |
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| universal | All | Alcohol | Both | 16+ | Alcohol Link | <p>Alcohol Link provide practical support to anyone wishing to address problematic alcohol consumption. One to one, group work, CBT and motivational work.</p> <p>Services Provided:</p> <ul style="list-style-type: none"> • Practical support • Problem solving support to address general / mental health issues • Access to housing benefits advice • Referral on to specialist services as appropriate • Relapse prevention • Arrest referral | NHS | <p>Unit 2, Block 1, Cooperage Business Village, Cooperage Way, Alloa FK10 3LP Telephone: 01259 726632 Fax: 01259 726605 Outwith the above hours: 24 hr Answerphone on 01259 726632</p> |
| universal | All | Smoking | Both | 12+ | Stop Smoking Services (SSS) | <p>Stop Smoking Services - provide effective evidence based smoking cessation support to smokers motivated to quit. Including pregnant women and young people.</p> <p>Services Provided: Drop-in Clinics No appointment needed, specialist support with free NRT where appropriate.</p> <p>Falkirk - Camelon Health Centre 3 Baird Street, Camelon, Falkirk, FK1 4PP Every Wed, 5.30pm - 7.30pm Charge: Free</p> | NHS | <p>Health Promotion Department, Euro House, Wellgreen Place, Stirling FK8 2DJ Telephone: 01786 431123 / 125 Fax: 01786 431218 E-mail: kate.johnstone@nhs.net denise.roberts2@nhs.net Outwith the above hours: 24 hr Answerphone on 01786 431123 SMOKELINE: 24 hr on 0800 84 84 84</p> |

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| universal | All | Alcohol | Both | All | Alcohol Support and Counselling (ASC) / Go Forth | Alcohol Support and Counselling provide a range of services to people affected by their own or anothers drinking or other substance use. Services provided: Counselling Services - offer structured counselling with accredited counsellors (Alcohol Focus) using CBT/motivational interviewing techniques with an aim to reduce substance misuse and improve mental well being. Advice & Information - this service receives over 30 telephone calls a week with many callers looking for advice on alcohol/drug issues. Prevention & Education - sessions with schools, youth groups, employers etc to raise awareness and address substance misuse issues. Charge: Free. | Alcohol Support and Counselling / Go Forth | 32 Vicar Street, Falkirk FK1 1JB Telephone: 01786 450721 Fax: 01786 449671 E-mail: patricia@asc.me.uk Outwith the above hours: 24 hr Answerphone on 01786 450 721. |
| | | Services | Both | 11-16 | Barnardo's - Cluaran | The Service provides locally based support to young people between the ages of eleven and sixteen who are at risk of being accommodated or placed within residential school. | Cluaran is a partnership between Barnardo's and Falkirk Council Social Work and Education Services | Cluaran Service Watling Lodge Tamfourhill Road Falkirk FK1 4RE Telephone: 01324 632903 Fax: 01324 638571 Email : cluaranproject@barnardos.org.uk |

Mental Health

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| referral | All | Mental Health | Both | up to 19 | Child and Adolescent Mental Health Services (CAMHS) | <p>Child and Adolescent Mental Health Services (CAMHS) are a comprehensive range of services available within local communities, towns or cities, which provide help and treatment to children and young people who are experiencing emotional or behavioural difficulties, or mental health problems, disorders and illnesses.</p> <p>Written referrals to the service are accepted from General Practice, Paediatrics, Educational Psychology, Speech & Language, Social Work & the Link Up Service. Referrals for reports may be made by the Scottish Children's Reporter. CAMHS offers advice to services prior to referral. Formal referrals should be sent to the Manor, Brown Street, Camelon or 1 Randolph Road, Stirling. Clinics are held at these bases as well as Alloa Health Centre. CAMHS responds to emergency referrals first. Clients referred on a non-urgent basis will be asked to telephone the service to arrange an initial appointment. In some cases CAMHS is not best suited to meet the needs of the child or adolescent and another department or agency</p> | Choose life in partnership with NHS. | <p>Consultant Clinical Psychologist The Manor Brown St Falkirk 01324 610846</p> <p>Out of hours answer phone (Serves Falkirk & District Council area)</p> <p>1 Randolph Road, Stirling, FK8 2AU (01786) 450471 (01786) 448980</p> |
| universal | Various | Services | Both | all | Community Wardens | Community Wardens regularly patrol routes within designated parts of the Falkirk Council area to ensure that people can live quietly and peacefully in their neighbourhoods without fear of crime, annoyance or abuse. | Falkirk Council - Housing & Social Work Services | <p>Housing & Social Work Falkirk Council The Hedges Camelon Falkirk FK1 4DZ By Telephone: 01324 503634 By Fax: 01324 503634 Email: community.wardens@falkirk.gov.uk</p> |

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| universal | Carronshore | Education | Both | All | People Against Drugs | Mainly Carronshore Area - drug prevention education. | People Against Drugs | 13 Carron's Way New Carron Falkirk Telephone: 01324 631 008 |
| Referral | Falkirk, Braes, Larbert, Stenhousemuir | Personal, social, educational developemtn | Both | 13-15 | Pupil Support project | Project delivered in 4 high Schools (Falkirk High, St Mungo's High, Braes High and Larbert high). Referral through the scools. | Falkirk Council - Youth Learning Team | Youth learning Team Municipal Chmpers Bo'ness Road Grangemouth FK3 8AH Telephone: 01324 504413 |

Social work Offices

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| universal | All | Services | Both | All | Social Work Office - Children & Families Team - Camelon Office | If you feel that you need access to a Children & Families service, please contact your local social work office and ask to speak to a member of the Children & Families Team. | Falkirk Council - Children and Families Service | Camelon Office 108b Glasgow Road Camelon Falkirk FK1 4HS Telephone: 01324 501200 |
| universal | All | Services | Both | All | Social Work Office - Children & Families Team - Laurieston Office | If you feel that you need access to a Children & Families service, please contact your local social work office and ask to speak to a member of the Children & Families Team. | Falkirk Council - Children and Families Service | Laurieston Office (Children and Families services only) 1 James Street Laurieston FK2 9PZ Telephone: 01324 590300 |
| universal | All | Services | Both | All | Social Work Office - Children & Families Team -Gramston Office | If you feel that you need access to a Children & Families service, please contact your local social work office and ask to speak to a member of the Children & Families Team. | Falkirk Council - Children and Families Service | Grahamston Office 155 Grahams Road Falkirk FK2 7BQ Telephone: 01324 506595 |
| universal | All | Services | Both | All | Social Work Office - Children & Families Team -Gramston Office | If you feel that you need access to a Children & Families service, please contact your local social work office and ask to speak to a member of the Children & Families Team. | Falkirk Council - Children and Families Service | Grangemouth Office Oxgang Road Grangemouth FK3 9EF Telephone: 01324 504343 |

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| universal | All | Services | Both | All | Social Work Office - Children & Families Team - Bo'ness | If you feel that you need access to a Children & Families service, please contact your local social work office and ask to speak to a member of the Children & Families Team. | Falkirk Council - Children and Families Service | Bo'ness Office Kinglass Gauze Road Bo'ness EH51 9UE Telephone: 01506 778668 |
| universal | All | Services | Both | All | Social Work Office - Children & Families Team - Denny Office | If you feel that you need access to a Children & Families service, please contact your local social work office and ask to speak to a member of the Children & Families Team. | Falkirk Council - Children and Families Service | Denny Office Carronbank House Carronbank Crescent Denny FK6 6GA Telephone: 01324 504160 |
| universal | All | Services | Both | All | Social Work Office - Children & Families Team - Stenhousemuir Office | If you feel that you need access to a Children & Families service, please contact your local social work office and ask to speak to a member of the Children & Families Team. | Falkirk Council - Children and Families Service | Stenhousemuir Office 130 King Street FK5 4HS Telephone: 01324 503503 |
| referral | All | Support | Both | All | Leaving care | This service provides a range of support to young people who are leaving care, and are not returning home. | Falkirk Council - Children and Families Service | Social Work Services Falkirk Council 84 Grahams Road West Bridge Street Falkirk FK2 7DL Telephone: 01324 501050 |

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| referral | All | Support | Both | All | Children with Disabilities Team | <p>The Children with Disabilities Team offers a specialist social work service to children with disabilities and their families. Such disabilities include:</p> <ul style="list-style-type: none"> learning disabilities physical disabilities sensory impairments life-limiting and long-term illness autism <p>The services we provide include:</p> <ul style="list-style-type: none"> assistance in the home, including the provision of specialist equipment if required short breaks away from home for your child access to an activity scheme that provides social and recreational opportunities during school holidays the provision of youth clubs and befriending throughout the year information about benefits and support with applications | Falkirk Council - Social Work | <p>Children with Disabilities Team Falkirk Council Grangemouth Area Office Oxgang Road Grangemouth FK3 9EF Telephone: 01324 504343 Email: morag.odwyer@falkirk.gov.uk</p> |
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Training for employment

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| universal | All | training/personal development | Both | 16-25 | Princes Trust - The Team Programme | <p>If you're unemployed, unexcited and unsure of your future, we have something to get you going: The Prince's Trust Team.</p> <p>The Team Programme is for UK residents aged 16-25 who are unemployed. It's free and will not affect your Jobseeker's Allowance. What happens on the course?</p> <p>You will, among other things:</p> <ul style="list-style-type: none"> • be part of a team of 15 people for 12 weeks • take on community projects of your choosing • have an action-packed residential week • get two weeks' work experience - perhaps at a football club. <p>What's in it for me?</p> <ul style="list-style-type: none"> • Practical skills that help you in a job and in life • New friends and a lot of fun • Belief in what you can accomplish • Career advice and help with job-hunting and your CV • The chance to make a difference in your community • A nationally recognised qualification (see below) <p>City & Guilds qualification</p> <p>While you're on Team, you'll work towards a nationally recognised qualification: a certificate in Personal, Teamwork and Community Skills. This could help your chances of finding work after the course is over. The course takes place at Forth valley College</p> | Princes Trust | <p>Freephone: 0800 842 842 telephone: 01324 632 328</p> |
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| universal | All | Employment/Training | Both | 15+ | Falkirk Council, Community Services, Employment and Training Unit | <p>The Employment and Training Unit aims to help local people of working age to gain the skills and work experience they need to compete in the labour market and get jobs. As an inclusive organisation we believe that everyone has the right to be treated with respect and we are committed to the highest possible standards in everything we do.</p> <p>Priority given to young people who fall within the NEET group and people who live in Regeneration areas.</p> <p>Services Provided:</p> <ul style="list-style-type: none"> • Positive Transition from School: alternative curriculum for pupils in their final year at school who are at risk of becoming NEET. • Pre-Employment Support: 4 week, P/T programme including confidence building, employability planning, needs assessment. • Work Based Training including Modern Apprenticeships: waged opportunities for individuals who want to develop work based skills and employability through work experience, vocational training, core skill development and personal skill | Falkirk Council - Community Services, | Municipal Chambers, Bo'ness Road, Grangemouth FK3 8AH Telephone: 01324 504400 Fax: 01324 504401 E-mail: Alexis.davies@falkirk.gov.uk Web: www.falkirk.gov.uk |
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| universal | All | Employment/Training | Both | 18+ | Progress 2 Work | <p>Progress 2 Work assist people with drug misuse issues back into training or employment.</p> <p>People can be referred by another agency or as a self-referral. Telephone referrals will be taken then appointments will be made on a one to one basis.</p> <p>Services Provided:</p> <p>Assistance with work or training prospects including CV writing, mock interviews, disclosure funding etc</p> <p>Any other relevant information:</p> <p>Clients will be seen on an outreach basis at premises within their own area rather than travelling into Stirling.</p> <p>Charge: Free</p> | Job centre Plus | <p>5/7 Crawford Arcade King Street Stirling FK8 1AX Telephone: 01786 445970 Fax: 01786 430494 E-mail: forthval@apexscotland.org.uk</p> |
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| universal | All | Employment/Training | Both | All | Careers | <p>Careers provide careers information, advice, support and career planning for clients of all ages.</p> <p>Key workers provide holistic support to assist young people to enter and sustain employment, training or Further Education.</p> <p>Services Provided:</p> <ul style="list-style-type: none"> • Access to a wide range of careers information resources • Assistance with employability skills e.g. C.V.'s, application forms, interview skills. Guidance, career choice, career planning, job search etc. • Key workers carry out individual assessment of client needs and identification of appropriate support. <p>Referral required for key worker support, can be completed by Careers Adviser or directly from other agencies/organisations.</p> | Careers Scotland | <p>Careers Scotland 100 Manor Street Falkirk FK1 1NU Tel: 01786 446150 clients: 0845 8 502 502 Fax: 01786 542140 E-mail: PREFIX Falkirk@careers-scotland.org.uk or Grangemouth@careers-scotland.org.uk Web: www.careers-scotland.org.uk</p> |
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Youth Diversionary

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| universal | All | Engagement | Both | 12+ | Xpod | <p>The X POD Project offer support for the delivery of detached youth work and provide young people with supported leisure via:</p> <p>X Box 360 Playstation III computer consoles I.T. activities</p> | Falkirk Council - Youth Learning Team | <p>Youth Learning Team Municipal Champs Grangemouth FK3 8AH Telephone: 01324 504460</p> |
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| Universal | All | Information/Support | Both | 14+ | Street talk/Detached Youth Work | We will support young people and help with any issues. We will inform young people of local opportunities. We can respond to community issues with young people. We can help provide alternative activities. We are available to anyone in the community. We can accommodate other council services. | Falkirk Council - Youth Learning Team | Youth Learning Team Municipal Champers Grangemouth FK3 8AH Telephone: 01324 504460 |
| Referral | all | Outdoor activity | Both | All | Action outdoors centre and referral Scheme | Outdoor and adventure centre facility in Brightons providing a range of activities such as canoeing, cycling, fishing, rock climbing and barge navigation. A referral scheme is in place to provide free sessions for groups and individuals from disadvantaged areas during weekends and schools holidays | Falkirk Council and Waterway Trust. | Telephone: 01324 590945 |
| Universal | All | Personal, social, educational Development | Both | 14-25 | Duke of Edinburgh Award | The Duke of Edinburgh's Award is a challenging programme of activities that will help you learn new skills, help others and experience adventure, and will give you a great sense of achievement. The Duke of Edinburgh Awards is for all young people aged 14-25 years. There are 3 levels to the Award, bronze, silver & gold and for each level there are 4 sections which are service, skills, physical and expedition. At Gold level there is a further commitment to do a residential program. The Award operates in Schools, Youth Clubs and Voluntary organisations. | Falkirk Council - Youth Learning Team | Youth learning Team Municipal Champers Bo'ness Road Grangemouth FK3 8AH Telephone: 01324 504413 |
| universal | All | Personal, social, educational Development | Both | 10+ | Youth achievement | The Youth Learning Team recognises the achievements of young people who give their time to projects and groups. The Team's aims are to support young people to take an active and lead role in activities that will enhance their skills of organising, leadership, confidence levels, and peer-education. | Falkirk Council - Youth Learning Team | Youth Learning Team Municipal Champers Bo'ness Road Grangemouth FK3 8AH Telephone: 01324 504413 |

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| universal | All | Health | Both | All | Walk the Talk: Training residential | Peer-led health project. | Falkirk Council - Youth Learning Team | Youth Learning Team Municipal Champers Grangemouth FK3 8AH Telephone: 01324 504460 |
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Youth Justice

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| Referral | All | Personal, social, educational Development | Both | 16-25 | Venture Trust - Change for Change Programme | <p>Venture Trust is a registered charity working with people who want to change. The Chance for Change (Scotland) Programme Provides 360 hours of free personal development support to offenders aged 16-25 on probation in Scotland.</p> <p>Is designed to complement a probation order and address the wide range of needs of young people referred by criminal justice agencies. Is built around an intensive three-week residential course at Venture Trust's centre in the North West Highlands.</p> <p>Provides employability training, and a tailored action plan to help young people lift themselves out of a negative cycle of behaviour.</p> <p>Is proven to be 15% better at reducing reconvictions than other interventions for the same population.</p> <p>Is shown to have a powerful effect on building young people's sense of self-worth.</p> <p>The Scottish Government pays for it, with additional support from various charitable trusts. The only expense for the referring agency is travel to/from Inverness train station.</p> <p>We supply everything else - food, accommodation, outdoor clothing and equipment.</p> | Venture Trust | Venture Trust (Applecross) Applecross Strathcarron Ross-shire IV54 8ND Telephone: 01520 744 332 Email: info@venturetrust.org.uk |
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| referral | All | Services | Both | 8-17 | SACRO - Restorative Justice Service | <p>Sacro delivers a range of Youth Justice services, specific to young people between the ages of 8 and 17.</p> <p>These services include: Restorative Justice Conferencing, Community Based Reparation, Personal Change Programmes, Restorative Acceptable Behaviour Contracts and Family Group Conferencing with young people.</p> <p>Based on restorative principles, these services offer support to those affected by and those responsible for harm. The aim is to address behaviour in a way which empowers the people harmed, those responsible and wider community members to resolve the issue in a constructive way.</p> <p>Referrals from Children's Reporter, anti-social behaviour teams, social workers and Procurators Fiscal .</p> | SACRO | <p>Sacro 22 Meeks Road Falkirk FK2 7ET Telephone 01324 627824 Fax: 01324 622006 Email: info@falkirk.sacro.org.uk</p> |
| referral | All | Services | Boys | 21+ | SACRO – Community Sexual Offending Groupwork Programme | <p>Sacro's Community Sexual Offending Groupwork Programme (C-SOGP) works with men who have been convicted of a sexual offence. This accredited programme encourages understanding of the reasons behind offending and identifies strategies to prevent re-offending.</p> <p>Referrals are made via the local authority criminal justice teams. Participants must be subject to some form of statutory supervision order or licence.</p> | SACRO | <p>Sacro 22 Meeks Road Falkirk FK2 7ET Telephone 01324 627824 Fax: 01324 622006 Email: info@falkirk.sacro.org.uk</p> |

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| referral | All | Services | both | 16 | SACRO – Supported Accommodation | <p>Provide accommodation for offenders who require support and/or supervision. The service helps people to move on to successful independent living. It enhances social work supervision of offenders in the community by providing monitoring, supervision (intensive supervision in cases of high risk offenders) and support in a range of types of accommodation. These can include single tenancies, single housing association tenancies, shared tenancies, small semi-independent units and hostels. The range of accommodation and support provided varies based on local circumstances.</p> <p>Sacro's Supported Accommodation Service provides advice, support and assistance in order to help individuals acquire the practical and social skills required for independent living. It helps those in the community who have problems relating to homelessness and offending by providing temporary accommodation with a view to securing permanent housing through advocacy and negotiation with housing providers.</p> <p>Referrals are made via the local authority criminal justice teams or via prison social work u</p> | SACRO | <p>Sacro 22 Meeks Road Falkirk FK2 7ET Telephone 01324 627824 Fax: 01324 622006 Email: info@falkirk.sacro.org.uk</p> |
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| referral | All | Services | Both | 12-18 | Freagarrach Falkirk | <p>Freagarrach Falkirk provides individually tailored programmes to young people (male or female) aged 12 - 18 who have been involved in serious / persistent offending. The programmes aim to reduce and ultimately stop young people's involvement in offending and, where possible, maintain them in their own communities.</p> <p>Young people are referred through Falkirk Council's Youth Justice referral group.</p> | Barnardo's | <p>Barnardos Freagarrach Falkirk, 4, Orchard Street, Fakirk, FK1 1RF</p> <p>Telephone: 01324 718277</p> <p>E-mail: Freagarrach.project@bar nardos.org.uk</p> |
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| Referral | All | Services | Both | 12-18 | Connect Services | <p>Located within children and families, connect services delivers a variety of programmes both on an individual basis and through group work to young people between 12-18, and their families who are referred to the service as a result of offending and/or substance use.</p> <p>connect is a multi disciplinary services incorporating team members from community education, health, and social work.</p> <p>connect also work with young people who have displayed inappropriate or sexually aggressive behaviour.</p> <p>in addition to individual and group work connect also offers a mentoring service to the young people with whom it works.</p> <p>referrals to the service can come from a variety of sources, such as the young person or their carer, aswell as from other professionals and partner agencies.</p> <p>all the referrals for a service are initially discussed at the youth justice referral group which takes place on a weekly basis.</p> | Falkirk Council - Youth justice | <p>Unit 1 St John's Sawmill Etna Road Falkirk FK2 9EG Telephone: 01324 501060 Fax: 01324 501061 Email:connect@falkirk.gov.uk Outwith the above hours: Answering machine. Appointments can be arranged outwith office hours. Emergency Duty Team outwith office hours, including weekends - 01786 470500.</p> |
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| referral | All | Services | Both | 8-11 | Matrix | Matrix Service provides early support to families whose children (aged 8-11 years) are, or are at risk of, developing anti-social and/or offending behaviour, with the aim of reducing identified risk factors and enhancing protective factors. | Barnardo's | 40 Lomond Crescent Stirling FK9 5DN Telephone: 01786 446 518 Email: matrix@barnardos.org.uk. |
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Support/Counselling

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| universal | All | Information/Support | Both | 12+ | Open Secrets | <p>Open Secret is an independent community based organisation offering free confidential support to adult survivors of childhood sexual abuse (male and female) and non abusing parents of children who have been sexually abused, living in the areas of Falkirk, Stirling and Clackmannanshire.</p> <p>We offer counselling, support, groupwork and befriending to clients who have experienced childhood sexual abuse. We also work with non abusing family members.</p> <p>work with young people from 12 upwards (no maximum age)</p> <p>Occasionally they run gender specific groups if there is demand</p> <p>Referral can be self referral by phoning the office or professional referral</p> | Open Secrets | 9 Callendar Road Falkirk FK1 1XS Telephone 01324 630100 Email: info@opensecret.org Website: www.opensecret.org |
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| universal | All | Services | both | all | Central Scotland Rape Crisis & Sexual Abuse Centre | Central Scotland Rape Crisis & Sexual Abuse centre exists to provide a service of free ad confidential, emotional support and practical information on legal and medical issues, to survivors of Rape, Sexual Assault and Child Abuse. If you have experienced any kind of sexual violation, it may be important that you seek help when you feel the need to, no matter how long ago the rape/abuse happened. Talkign to someone the Centre who will listen to you adn believe you, may help. Crisisline 01786 471 711 Tuesday- Wednesday 11-1pm 7-9pm 3p, | Central Scotland Rape Crisis & Sexual Abuse centre | Central Scotland Rape Crisis & Sexual Abuse centre P.O. Box 28 Falkirk FK1 1AA Helpline 01786 471771 |
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Drop-in

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| universal | All | Health | Both | 11+ | Right Direction health drop-in | Health visitors are on hand to give advice and information on everything from healthy eating, stress, drugs and alcohol to contraception and pregnancy testing. T Drop-in times Forth Valley College Tuesday: 12.30–1.30pm (term-time) Camelon Youth Club, Abercrombie Street Monday 7.00pm (term-time) Regener8 Internet Café, Lomond Drive, Langlees Tuesday: 5.00–6.00pm (term-time) | Falkirk council/Community Services, Forth Valley Health Board. | Youth Learning Team Municipal Chambers Grangemouth FK3 8AH Telephone: 01324 504460 |
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Family Support

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| referral | All | Services | Both | 5-12 | Barnardo's -- New Beginnings | New Beginnings Service is a partnership between Falkirk Council and Barnardos providing a Child and Family Social Work Service to children aged 5 – 12 years of age and their families. Contact details - c/o Dundas Day Unit, Moray Primary School, Moray Place, Grangemouth. Tel 01324 501311 or email – david.dunbar@barnardos.org.uk | Lecropt School and Family Support Service is based in Falkirk and is a partnership between Barnardo's and Falkirk and Stirling Councils. | c/o Dundas Day Unit Moray Primary School Moray Place Grangemouth. Telephone: 01324 501311 (Dundas number) email: david.dunbar@barnardos.org.uk |
| referral | All | Educational and Family Support | Both | prebirth - 18 years | Bo'ness Education and Family Support Service | BEFSS offers a range of support services to enable children and young people to attain their full potential within mainstream education settings. The service also provides home-school link work which promotes parental/carer involvement in their children's education; Individual support for parents with children and young people from pre-birth through to teenage years; Groupwork and individual support for children and young people; Parents Groups; Access to lifelong learning through Forth Valley College CAP courses. Self Referrals; Health; Social Work Service; Education; other Agencies | Barnardo's | Duchess Nina House Cadzow Crescent Bo'ness EH51 9AY Telephone: 01506 823118 Email: aileen.mccusker@barnardos.org.uk |

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| Referral | All | Services | Both | 0-18 | Children 1st - Family Group Conference | (0-18 year old) Family group conferencing draws on the strengths of the wider family and friends in deciding how best to care for a child. The process brings together parents, aunts, uncles, grandparents, and other concerned family members to decide on and take responsibility for a family plan for the care and protection of the child or young person. While the family plan has to be agreed by childcare professionals, the decision-making lies with the family. | Children 1st | Telephone: 01324 621811 Email: falkirk@children1st.org.uk |
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