

“It’s one of the most enjoyable and rewarding experiences you can have.”

Tom Smyth, 22

“I’m so glad I decided to get involved.”

Ivy Wilson, 45

“It’s great to know you can make such a difference to someone’s life.”

Sian Brown, 30



Falkirk Council's Children With Disabilities Team,
Housing & Social Work Services,
Grangemouth Area Office,
Oxgang Road,
Grangemouth,
FK3 9EF

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Falkirk Council
Housing & Social Work Services

Who
cares



wins

Be part of a winning team

You, the carer

- Positive experience
- Fun + enjoyment
- Supporting others

The individual

- Social and leisure experience
- Inclusion in community activities
- Feel valued
- Have fun

Their family

- Reassurance that individual is appropriately supported
- Break from caring
- Flexibility in planning breaks



As a 'Befriender' for a child, young person or adult with a disability you can both enjoy a whole new friendship that's fun, stimulating,

rewarding, and different. You'll find your care and support will make such a huge difference to that person's life. Training and ongoing support will be provided to help you develop your skills as a 'Befriender.'

Also allowances are paid to cover any expense incurred whilst Befriending. So if you have a genuine interest in caring for someone with a disability in a community setting we would like to hear from you.

You'll soon find that caring for someone for a few hours could have rewards that last a whole lifetime.

For more information please contact:

Falkirk Council's Children

With Disabilities Team,

Social Work Services,

Grangemouth Area Office,

Oxgang Road, Grangemouth.

Telephone: 01324 504343

Rewarding

Enjoyable

Stimulating

Different