

“It’s one of the most enjoyable and rewarding experiences you can have.”

Tom Smyth, 22

“I’m so glad I decided to get involved.”

Ivy Wilson, 45

“It’s great to know you can make such a difference to someone’s life.”

Sian Brown, 30



**Falkirk Council's Children With Disabilities Team,
Housing & Social Work Services,
Grangemouth Area Office,
Oxgang Road,
Grangemouth,
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Falkirk Council
Housing & Social Work Services

**Who
cares**



wins

Be part of a winning team

You, the carer

- Fun + enjoyment
- Sense of achievement
- Rewarding experience

The individual

- Opportunity to develop friendships
 - Opportunity to participate in new experiences
- Feel valued as an individual

Their family

- Reassurance that individual is appropriately supported
 - Break from caring
- Flexibility in planning breaks



As a 'Short Breaks Carer' for a child, young person or adult with a disability you can both enjoy a whole new friendship that's fun, stimulating, rewarding, and different. You'll find your care and support will make such a huge difference to that person's life. Training and ongoing support will be provided to help you develop your skills as a 'Short Breaks Carer.' Also allowances are paid to cover any expense incurred whilst caring. So if you have a genuine interest in caring for someone with a disability within your own home or in a community setting we would like to hear from you. It could be for a few hours or a few days but the rewards could last a lifetime.

For more information please contact:
Falkirk Council's Children With Disabilities Team,
Social Work Services,
Grangemouth Area Office,
Oxgang Road, Grangemouth.
Telephone: 01324 504343

Rewarding

Enjoyable

Stimulating

Different