

are you
a carer?

how we can help!

social work ... putting people first



Falkirk Council

Do you look after someone who needs help because of illness, disability or frailty?

If you care for someone, you can ask for a carer's assessment.

You may also be entitled to Carer's Allowance, provided by the Department for Work and Pensions (DWP).



are you a carer?

A carer is someone who, unpaid, spends time looking after a friend, neighbour or family member who, because of disability, illness, the effects of old age, or dependency on drugs or alcohol, needs support or cannot manage at home without help.

how we can help

You have the right to request support and information to assist you in your role as a carer. Social Work Services work in partnership with statutory and voluntary agencies to help carers. They offer support, advice and information on a wide range of issues including education, training, welfare benefits, support groups and respite/short breaks. They aim to ensure that individual carers receive services and information to suit their specific needs, including how to maintain their own health and well-being whilst caring. For more information, you can ask your GP, local community nursing staff, social worker or carer's support agency worker.

Community Care teams in local social work offices can help carers and offer carers' assessments. To support parents and carers of children with disabilities, the Children with Disabilities team aims to help and support carers from the earliest opportunity. The team works in partnership with Health services, Education services and local voluntary sector agencies to ensure that the needs of the children and their carers are met. The Children with Disabilities Team offers carer's assessments to all carers who have a regular input, whether the care input is substantial or not.

Young carers are a particularly vulnerable group, whether they care for an adult, usually a close relative, or are involved in caring for a child with special needs in their family. The Children with Disabilities team can carry out a carers' assessment which could help you get the support you need.



what is a carer's assessment?

Carers who provide care, on a regular basis, to an adult or child with disabilities, can ask for a carer's assessment.

You can ask social work or health services for a carer's assessment. A carer's assessment will look at your needs in relation to the person you care for. We will listen to your views on services to help you care.

If you are a young carer, you can ask for a carer's assessment which will look at how caring for someone affects you now and how it might affect you in the future.

All carers can also carry out their own assessment of their needs for support. You can, if you wish, ask a carer's support agency to help you to complete the carer's assessment form. Assessment forms can be picked up from your local social work office (contact details overleaf), from the Carers Centre, 5 Newmarket Street, Falkirk, tel: 01324 611510, or can be downloaded from our website: www.falkirk.gov.uk.

what is carer's allowance?

Carer's Allowance is a benefit paid to some people who regularly spend 35 hours a week looking after someone with a disability. If you satisfy the relevant DWP rules, you may be entitled to Carer's Allowance. However, claiming Carer's Allowance can, in certain circumstances, affect the means tested benefits of the person you look after so you should seek advice before making a claim.

Claim forms are available from the DWP or the Carers' Allowance Unit, Tel: 01253 856123.

For advice on carers' rights, information, or a carer's pack, telephone:

Disability Information Service
Tel & Minicom: 01324 504304
Email: dis@falkirk.gov.uk
Or The Carers Centre on 01324 611510.

Or you can visit our website www.falkirk.gov.uk for more information.



Social Work offices

Please contact your local Social Work office if you need advice or assistance. The offices are open **Monday to Friday 9.00am-5.00pm**.

Please note that sending e-mails is not secure as there is a risk that they could be intercepted and read by someone else. Please bear this in mind when sending personal information by e-mail.

Social Work Headquarters

Brockville
Hope Street
Falkirk
FK1 5RW
T: 01324 506400

Hospital Social Work team (for facilitating hospital discharge)

Falkirk Royal Infirmary
Social Work Unit (Hut 5)
Majors Loan
Falkirk FK1 5QE
T: 01324 616039

Grahamston Office

155 Grahams Road
Falkirk
FK2 7BQ
T: 01324 506595
E: grahamston.swk@falkirk.gov.uk

Meadowbank Office (Community Care Service only)

1 Salmon Inn Road
Polmont
FK2 0XF
T: 01324 503883
E: meadowbank.swk@falkirk.gov.uk

Laurieston Office

(Children & Families Service only)

1 James Street
Laurieston
FK2 9PZ
T: 01324 590300
E: laurieston.swk@falkirk.gov.uk

Denny Office

Carronbank House
Carronbank Crescent
Denny FK6 6GA
T: 01324 504160
E: denny.swk@falkirk.gov.uk

Grangemouth Office

Oxgang Road
Grangemouth
FK3 9EF
T: 01324 504343
E: grangemouth.swk@falkirk.gov.uk

Stenhousemuir Office

130 King Street
Stenhousemuir
FK5 4HS
T: 01324 503503
E: larbert.swk@falkirk.gov.uk

Bo'ness Office

Kinglass Centre
Gauze Road
Bo'ness EH51 9UE
T: 01506 778668
E: boness.swk@falkirk.gov.uk

Camelon Office

108b Glasgow Road
Camelon
FK1 4HS
T: 01324 501200
E: camelon.swk@falkirk.gov.uk

Emergency Duty Team If you need an urgent Social Work Service outwith normal working hours, please phone **01786 470500**.

If you would like this information in another language, Braille, LARGE PRINT or audio, please contact your local Social Work office.

Polish

Jeżeli chciałbyś/chciałabyś uzyskać owe informacje w języku innym aniżeli język angielski, w języku Braille'a, w DUŻYM FORMACIE lub zapisane na kasetach audio skontaktuj się z lokalnym biurem Opieki Społecznej (social work office).

Lithuanian

Jeigu jūs norėtumėte gauti šią informaciją kita kalba, Brailio šriftu, stambiu šriftu ar įgarsintą, prašome susisiekti su jūsų vietiniu socialines rūpybos ofisu.

Arabic

إذا كنت بحاجة الى هذه المعلومات بلغة اخرى, بريل, حروف كبيرة او مسجلة صوتيا نرجوا منك الاتصال بمكتب الخدمات الاجتماعية المحلي.

Urdu

اگر آپ یہ معلومات دوسری زبان، بریل، بڑے حروف کی چھپائی یا آڈیو میں چاہتے ہیں تو براہ مہربانی اپنے لوکل سوشل ورک آفس سے رابطہ کریں۔

Chinese

如果你希望獲得此份資料的其他語言、凸字、大號字印刷或者錄音格式，請與你附近的社會工作辦公室聯絡。

Punjabi

ਜੇਕਰ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਜ਼ਬਾਨ, ਬਰੇਲ, ਵੱਡੀ ਛਪਾਈ ਜਾਂ ਆਡੀਓ ਤੇ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ ਤਾਂ ਕ੍ਰਿਪਾ ਕਰਕੇ ਆਪਣੇ ਸਥਾਨਕ ਸੋਸ਼ਲ ਵਰਕ ਆਫਿਸ ਨਾਲ ਸੰਪਰਕ ਕਰੋ

are you a carer?

If you provide unpaid care for a member of your family, or a friend who is ill, frail or has a disability then you are a carer.

Do you know you can get:

- A Carer's Assessment
- Information and advice
- Support
- Benefits Advice

For more information, please contact your local Carers Centre on 01324 611510 or The Disability Information Service on 01324 504304

For more information, please complete your details and return the Freepost Card.

Title: (Mr, Mrs, Ms, Miss)

Name _____

Address: _____

_____ Postcode: _____

Tel: _____

Please tick all that apply

- Please arrange a carer's assessment from Social Work
- Please put me on your mailing list
- Please arrange a welfare benefits check
- Please send me a carer's pack

All information will be treated with the strictest confidence and is subject to the Data Protection Act Regulations.

No Stamp
Needed

Central Carers Association
FREEPOST SCO167
FALKIRK
FK1 1BR