

FALKIRK COUNCIL

SUBJECT: FOLLOWING THE PUBLIC POUND: EARLY INTERVENTION SERVICES TO CHILDREN AND YOUNG PEOPLE - 2014/2015 MONITORING REPORT
MEETING: EXTERNAL SCRUTINY COMMITTEE
DATE: 17 SEPTEMBER 2015
AUTHOR: DIRECTOR OF CHILDREN'S SERVICES

1. INTRODUCTION

- 1.1 The purpose of this report is to update Members on the work of the external organisations who receive funding to provide early intervention services to children and young people and who fall within the Following the Public Pound reporting and monitoring arrangements. The reporting period is April 2014 to March 2015. It should be noted that organisations were previously reported by service, however, in order to provide Members with strategic context, organisations will now be reported by category as outlined to Members during Scrutiny Committee in April 2014.
- 1.2 External organisations are often voluntary or charitable organisations which have been provided with funding on the basis that they are able to provide services which could not readily be provided within the council. Services are however provided in a way that complements those provided by the council and other statutory partners.
- 1.3 Whilst the long term value of early intervention and prevention is recognised, challenging fiscal constraints may require organisations to operate with reduced funding in future years.

2. SERVICES TO CHILDREN AND FAMILIES STRATEGIC CONTEXT

- 2.1 In Falkirk there are a number of factors which impact on the demand for services to children and young people and their families.

2.2 Rising Population

Falkirk Council's population is rising and the proportion of children and young people in our area is higher than elsewhere in Scotland. In 2014, it was estimated that the council area's population had reached almost 158,000 and the number of births increased from around 1500 in the early 2000s to over 1800 in 2012, an increase of double the Scottish average. This has resulted in an increasing number of children in early years establishments and primary schools, with the number of pupils in secondary schools expected to rise in the next few years. The number of births each year peaked at 1,913 in 2008, which was the highest figure for over 15 years, has fallen only marginally since. This peak is now resulting in an increase in the number of primary school age children and will affect school rolls for several years to come. Across the Council Wards there are variations in the proportions of the population in different age groups. Larbert & Bonnybridge (21.7%) and Upper Braes (20.5%) have the highest percentage of the population of children who are aged 0-15; Grangemouth (17.0%) and Lower Braes (16.6%) the smallest.

2.3 In 2012/2013 relative child poverty in Scotland increased by 4% compared with 2011/2012 (poverty and income equality in Scotland 2012/2013). For households in employment reduced entitlement to tax credits has contributed to a fall in household incomes for those with lower earnings who are unable to increase the number of hours worked. At April 2013 there was a 26% decrease in the number of children in households in Scotland in receipt of in-work tax credits compared with April 2012. This will have broadened vulnerability to the stresses that poverty brings to family life beyond the more traditional deprived areas and groups. In Falkirk the Scottish Welfare Fund spending increased from £6,144 in April 2013 to £109,991 in March 2014. Referrals to Falkirk foodbanks have increased year on year since their inception in 2011. In 2011/2012 1,861 young people 18 and under accessed the foodbank. This rose to 4,572 young people in 2012/2013 and a staggering 22,387 in 2013/2014. Of the above, 321 young people were referred by Social Work in 2014.

2.4 Of the 24,000 children in schools and nurseries in Falkirk 13% have additional support needs which require to be provided for and managed through specialist staff from a variety of agencies.

2.5 Increase in Vulnerability

The factors outlined above, when considered alongside other factors such as substance misuse and mental health difficulties amongst the adult population, result in higher levels of vulnerability within the population of early years children & young people. The council's approach to early intervention services has been strong and this has mitigated against the increases in numbers of children looked after and accommodated and children on the Child Protection Register being as high as has been experienced in other parts of Scotland.

At the end of June 2015, 236 children were looked after away from home, 114 children were looked after at home and 65 children were on the child protection register.

In light of the above it is all the more important that the Council is able to maintain a focus of early intervention, much of which is achieved through partnerships with the third sector, as outlined later in this report.

2.6 Policy Context - National - GIRFEC

National policy is delivered in the context of Getting It Right For Every Child (GIRFEC). The GIRFEC approach requires every child and young person to have a named person who will be the first point of contact if a child or young person's wellbeing is of concern. The requirement of a named person is now enshrined in law under the Children & Young People Act (Scotland) 2014. The GIRFEC approach is intended to ensure that children get the right help at the right time in their lives. The approach consists of ten core components which are:

1. A focus on improving outcomes for children & young people and their families based on a shared understanding of wellbeing.
2. A common approach to gaining consent and sharing information when appropriate.

3. An integral role for children, young people and families in assessment planning and intervention.
4. A co-ordinated and identified approach to identifying concerns, assessing needs, agreeing actions and outcomes based on the wellbeing indicators
5. Streamlining planning, assessment and decision making processes that lead to the right help at the right time.
6. Consistent high standards of cooperation, joint working and communication where more than one agency needs to be involved.
7. A lead professional to coordinate, monitor inter agency activity where necessary.
8. Maximising the skilled workforce within universal services to address needs and risks at the earliest possible time.
9. A confident and competent workforce across all services for children, young people and their families.
10. A capacity to share demographic assessment and planning information electronically within and across agency boundaries.

2.7 Policy Context - National - Early Years Framework

In addition for children aged 0-8 years, the Early Years Framework, published in 2008, set out 10 overlapping elements that need to come together to improve outcomes for early years. These elements are:

1. A cohesive approach;
2. Helping children, families and communities to secure outcomes for themselves;
3. Breaking cycles of poverty, inequality and poor outcomes in and through early years;
4. A focus on engagement and empowerment of children, families and communities;
5. Using the strength of universal services to deliver prevention and early intervention;
6. Putting quality at the heart of service delivery;
7. Services that meet the needs of children and families;
8. Improving outcomes and children's quality of life through play;
9. Simplifying and streamlining delivery
10. More effective collaborations.

2.8 Policy Context - National – Early Years Collaborative

The objective of the Early Years Collaborative (EYC) is to accelerate the high level principles set out in GIRFEC and the Early Years Framework into practical action. It is designed to make Scotland the best place in the world to grow up by improving outcomes and reducing inequalities for all babies, children, mothers, fathers and families across Scotland to ensure that all children have the best start in life and are ready to succeed. To do this the EYC has five stretch aims:

1. To ensure that women experience positive pregnancies which result in the birth of more healthy babies as evidenced by a 15% reduction in stillbirths and infant mortality.
2. 85% of all children within each community planning partnership area will have reached all of the expected developmental milestones at the time of the child's 27-30 month health review by end-2016

3. 90% of all children in each community planning partnership area will have reached all of the expected developmental milestones and learning outcomes by the time the child starts primary school, by end-2017.
4. 90% of all children in each community planning partnership area will have reached all of the expected developmental milestones and learning outcomes by end of Primary 4 by end-2021.

2.9 Policy Context - National - Children and Young People (Scotland) Act 2014

The Act received its Royal Assent in March 2014 and covers a variety of areas relating to the wellbeing of children and young people. The legislation comes into force incrementally over the next two years. Some of the key areas covered are:

- Increasing the amount and flexibility of free Early Learning and Childcare from 475 hours to a minimum of 600 hours per year for all 3 and 4 year olds from August 2014, and 15% of Scotland's most vulnerable 2 year olds. From August 2015 this will extend to 27% of the most vulnerable 2 year olds;
- Provision of free School Lunches to all children in primary 1–3 from January 2015;
- Better permanence planning for looked after children by giving all 16 year olds in care the right to stay in care until the age of 21 from 2015; extend the support available to young people leaving care for longer (up to the age of 26), and support the parenting role of kinship carers;
- Enshrining elements of the *Getting it Right for Every Child (GIRFEC)* approach in law, ensuring there is a single planning approach for children who need additional support from services, providing a single point of contact for every child and providing a holistic understanding of wellbeing;
- Creating new duties in relation to the United Nations Convention Rights of the Child (UNCRC) and strengthening the Children's Commissioner role; and
- Strengthening existing legislation that affects children, including a number of amendments to the process for school closure proposals under the Schools (Consultation) (Scotland) Act 2010

2.10 Policy Context - Local

At a local level our Single Outcome Agreement has as one of its aims supporting children in early years so that they become young people who are confident and successful. Falkirk's Children's Commission drive the planning and delivery of Children's Services across the partnership, and in doing so report directly to the Community Planning Leadership Group. The Integrated Children's Service Plan sets out the collective ambition of the Community Planning Partnership to achieve the vision that every child and young person should have an enjoyable, fulfilling life in a nurturing healthy and safe environment. The Integrated Children's Service Plan sets out ways in which services will work together in order to achieve this vision for Falkirk's children. Third sector organisations are key partners in this process.

All services and agencies are working locally to ensure that we meet the requirements of the Children and Young People (Scotland) Act 2014. Local tests of change are also contributing to achieving the stretch aims of the EYC.

2.11 **Falkirk Family Support Public Social Partnership**

From October 2013 to March 2015 Falkirk Council was working in partnership with Falkirk Voluntary Sector Children's Services Forum in a Public Social Partnership (PSP). This project was designed to develop a cohesive system of family support across Falkirk Council.

The following organisations, considered as part of this report on Following the Public Pound, were involved in the initiative.

- **Aberlour Childcare Trust**
Family Support Service - Langlees
- **Aberlour Childcare Trust**
Early years Outreach
- **Barnardos**
Bo'ness Family and Support Service
- **Barnardo's**
New Beginnings
- **Home Start**
- **One Parent Families Scotland**
Braes Family Centre

Areas of common delivery amongst these services were explored to ensure families experience a streamlined effective service. The PSP allowed changes in delivering family support to be tested enabling externally funded services to be responsive to need across the Falkirk Council area. It was recognised that there was increased collaboration amongst the listed externally funded services, along with the internally funded Education Family Support Service and Social Work Intensive Family Support Service.

This collaboration has continued beyond the life of the project and has allowed externally funded services to share training opportunities and support, allowing them to maintain service delivery whilst experiencing reductions in funding. The lead officers were involved in all these discussions.

2.12 **Falkirk Family Support and Speech and Language Therapy**

The majority of the organisations considered by this report provide support to families. Supporting families to raise their own children wherever possible is the cornerstone of professional package. To meet the child's developmental needs, parents must:

- provide the child with basic care;
- ensure the child's safety;
- provide emotional support;
- offer guidance and provide boundaries; and
- provide the child with stability.

Sometimes families need support on one or more aspects listed above.

This support allows children to access the curriculum taught in schools and nurseries. It is nationally recognised that for every £1 spent in early intervention and prevention we save £10 of spend later in a child's life. This was borne out by a Social Return on Investment Study (SROI) carried out with the Education Family Support Service where every £1 spent saved £11.48 in future funding.

The final funding package relates to the provision of Speech and Language Therapy.

Language skills are crucial to the success of children within the education system. Understanding and communicating with other people is a pre-requisite to literacy, itself a necessity for further academic and social learning. When deficits in language are identified, it is important to act quickly and comprehensively to address the child's development needs. For this reason Falkirk Council Children's Services has a close working relationship with the NHS Speech and Language Therapists, working in partnership to help children develop to their potential.

- 2.13 As a result of the funding granted to these external organisations most are able to enhance service delivery in Falkirk by attracting further funding only available to third sector organisations. This added value is highlighted in each of the individual reports.

3. OVERVIEW OF FUNDED ORGANISATIONS WHICH CONTRIBUTE TO OFFER SUPPORT TO CHILDREN IN EARLY YEARS AND PRIMARY

- 3.1 The table below shows the external organisations that received council funding during 2014/15 either in kind or by direct financial support in order to enable them to contribute to the council's goal of increasing our efforts to tackle disadvantage and discrimination.

Name of Organisation	Funding			
	2013/14	2014/15	2015/16	2016/17
Aberlour Childcare Trust Early years Outreach	£315,162	£315,162	£276,384	£263,464
Aberlour Childcare Trust Family Support Service - Langlees	£225,012	£225,012	£199,695	£180,076
Barnardos Education and Family Support Service	£314,605	£314,605	£279,208	£262,414
Barnardo's New Beginnings	£192,341	£192,341	£182,724	£182,724
Home Start	£29,488	£29,488	£29,488	£29,488
NHS Forth Valley Speech & Language Therapy	£515,040	£515,040	£465,040	£465,040
One Parent Families Scotland Braes Children and Family Centre	£136,064	£136,064	£120,755	£115,654
TOTAL	£1,727,712	£1,727,712	£1,553,294	£1,498,860

- 3.2 In addition to the funding provided by Falkirk Council these organisations attract an additional £370,416 to the area which is used to enhance service delivery.

4. ASSESSMENT OF INDIVIDUAL ORGANISATIONS PERFORMANCE

- 4.1. An individual report is attached in Appendix 1 for each external organisations shown in 3.1 above. Each report provides an overview of the service provided, the agreed objectives or outcomes, performance information during the reporting period and a financial overview. It should be noted that the audited accounts for 2014/2015 are not available as yet. This is largely due to the timing of the annual general meetings of each organisation.
- 4.2. As part of the assessment process, external organisations are allocated a risk rating based on governance arrangements, financial management and past performance. The ratings are low, medium or high and provide monitoring officers with an indication of the minimum level of monitoring and support which should be established. External organisations deemed as low risk are monitored at least annually, medium risk or external organisations are monitored at least quarterly and high risk at least monthly. Monitoring is recommended to take the form of regular reports which measure performance against outcomes and/or objectives and provide financial monitoring information. Monitoring officers are also required to hold meetings with the external organisation throughout the year.

5. CONCLUSION

- 5.1 As set out within the report to this committee on 13 June 2013, Members are invited to consider each organisations' report and select from the following options for each external organisation:
- a) Approve report and acknowledged progress by the external organisation in meeting council priorities
 - b) Request further information on specific aspects of the service provided.
 - c) Request action with follow-up for subsequent Scrutiny Committee consideration.

6. RECOMMENDATIONS

6.1 Members are asked to:

- Consider individual reports for external organisations and select an option from those presented at 5.1.
- Note the financial context and potential requirement for organisations to operate with reduced funding in future years.

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Robert Naylor
Director of Children's Services

Date: 8 September 2015

Contact Officer: Elaine Costello, ext. 6642

FALKIRK COUNCIL CHILDREN'S SERVICES
FOLLOWING THE PUBLIC POUND ANNUAL REPORTING STATEMENT 2014/15

Organisation Name	Aberlour Child Care Trust
Project	Aberlour Early Years Outreach
Agreement Dates	April 2014 to March 2015
Name of Lead Officer	Elaine Costello

A OVERALL ORGANISATION AIMS

Summary of Key Aims & Objectives

Aberlour Child Care Trust will provide a service to vulnerable families and those experiencing multiple stress in:-

Airth/Bantaskine/Bothkennar/Camelon/Carronshore/Denny/Dunipace/Dennyloanhead/Dunmore/Fankerton/Grangemouth/Haggs/Head of Muir/Longcroft/Larbert/Letham/Skinflats/Stenhousemuir/Stoneywood/South Alloa/Tamfourhill/Torwood.

Primarily support will be offered to expectant parents and those with children under the age of 4 years. This support to parents will have a direct impact on the wellbeing and development of their children. Staff will work on an outreach basis in families' homes and making use of local amenities.

List of Agreed Outcomes

When working with families staff assess the families' needs by using Aberlour Outcomes Framework. This is done with the families and involves them exploring their wellbeing in-line with SHANARRI (Safe, Healthy, Achieving, Nurtured, Active, Respected, Responsible, Included). A programme of support is then agreed and support is focussed on improving the areas of need identified.

In taking GIRFEC wellbeing indicators for children and young people into consideration the service will:-

- | | |
|---------|--|
| Safe | <ul style="list-style-type: none"> • Reduce risk and levels of harm to children and young people • Increase and/or strengthen protective factors • Improve healthy relationships • Increase access to positive role models |
| Healthy | <ul style="list-style-type: none"> • Improve physical health • Improve mental health and wellbeing • Increase access to appropriate health and dental care advice |

Active	<ul style="list-style-type: none"> • Involve children in regular constructive activity • Increase confidence in children and parents' own ability • Promote positive self-esteem of children and parents • Promote participation in social and community activities • Provide experiences focusing on play, contact with peers and social interaction
Nurtured	<ul style="list-style-type: none"> • Improve relationships with family (carers) • Reduce risk of family breakdown • Improve relationship with, and accepting of services • Parents/carers demonstrate understanding of the needs of their child(ren)
Achieving	<ul style="list-style-type: none"> • Foster communication skills and abilities • Create an environment that is interesting and empowers children to learn that will allow children to meet their developmental milestones • Improve children and families quality of life
Respected	<ul style="list-style-type: none"> • Actively involve families in plans and decisions • Ensure families are listened to and heard • Communicate with others at a level which is understandable • Pursue relevant and appropriate input and feedback from families and partner agencies
Responsible	<ul style="list-style-type: none"> • Enable children and parents to take part in planning • Encourage families to have positive networks • Support families in allowing them to distinguish acceptable and unacceptable behaviour
Included	<ul style="list-style-type: none"> • Encourage participation in community activities and services • Reduce barriers to inclusion • Understand cultural background and kinship • Foster a sense of belonging for families and promote their ability to plan for the future

List of Agreed Outcomes

1. 62 parents' understanding of meeting their developmental needs of their children will increase. 78 children's development will be enhanced.
2. 48 parents' understanding of meeting their developmental needs of their children will increase. 48 children's development will be enhanced.
3. 96 babies and their parents will have improved attachment. Parents' wellbeing will be enhanced and have direct impact on the wellbeing of their baby.
4. 16 parents' will have improved self-esteem, enhanced mental health and wellbeing. This will have a direct benefit on the wellbeing of their children.

5. 30 parents' confidence and knowledge of how to manage children's behaviour, will increase. This will include enhancing minimum of 30 children's emotional wellbeing.
6. 66 parents will have increased confidence and skills in managing life events. This will include improving children's sleep hygiene, using appropriate responses to children's positive and negative behaviours and being connected to other community resources.
7. 30 children will have been provided with positive opportunities for them to enhance their development while also providing respite for parents during periods of stress or crisis.

Why Service/Project is Funded Externally Rather than by the Council

Aberlour Child Care Trust outreach service is funded by Children's Services and Aberlour Child Care Trust. Their work is well established in the area and compliments the work of our own family support service.

Aberlour Child Care Trust are able to attract funding from other funders to support this work based on the funding we provide.

B ACTUAL PERFORMANCE vs. OBJECTIVES / AGREED OUTCOMES

Summary of Key Achievements

Achieved Outcomes : 1 April 2014 to 31 March 2015			
	Improvement	Maintained same level	Deteriorated
Safe			
1.1 reduction in risk and levels of harm	13	4	0
1.2 protective factors increased and/or strengthened	11	9	1
1.3 Improved healthy relationships	8	0	1
1.4 increased access to positive role models.	1	0	0
Health			
2.1 Being happier	12	0	0
2.2 Improved physical health	21	5	0
2.3 improved mental health and well being	32	21	1
Achieving			
3.1 appropriate communication skills and abilities	3	0	0
3.2 interested, enabled and empowered to learn	3	3	0
3.5 meeting developmental milestones and improving quality of life	5	1	0
Nurtured			
4.1 Improved relationships with family or carers	34	12	0
4.3 Risk of breakdown reduced	2	1	0
4.4 improved relationships with and accepting of services	0	2	0
4.6 parent/carer demonstrate understanding of the needs of the child	11	14	0
Active			
5.1 involvement in regular constructive activity	10	6	0
5.3 Positive self esteem	3	1	0
5.5 enjoy play, contact with peers, social interaction	22	14	2
Respected			
6.2 being listened to and heard	5	0	0

	Improvement	Maintained same level	Deteriorated
6.3 communicated with at a level which is understandable	2	1	0
Responsible			
7.4 Being able to distinguish acceptable and unacceptable behaviour	13	11	0
Included			
8.1 ability to participate in community activities and services	17	9	0
8.2 Barriers to inclusion reduced or eliminated	21	8	0

302 families were supported by the project between April 2014 and March 2015, below is the breakdown of the requests per month

April - 18	May - 16	June - 11	July -16
August - 34	September - 25	October – 20	November - 23
December - 12	January - 24	February -20	March - 23

There has been an increase in the amount of referrals for family's experiencing poor mental wellbeing, this has been addressed by providing more Finding the Balance Groups. To build on staff knowledge of mental health wellbeing six staff attended Seasons for Growth training; two were trained in the adult programme and four in the children's programme.

27 families have attended peek a boo groups which helps improve the interaction between parent and child and improves parental confidence.

57 families have attended stay and play groups which build on positive communication between parents and children, this increases parental knowledge of child development.

29 parents attended a Finding the Balance Group which improved their mental wellbeing by giving them tools and strategies to manage their own wellbeing.

13 parents attended a positive parenting programme which improved their understanding of and management of children's behaviour

110 babies attended infant massage groups with their parents, this early communication and bonding programme enhances attachment and increases parental knowledge and understanding of their child's development

Summary of Key Issues/ Challenges Facing Organisation

The manager continues to be on secondment however the assistant manager has proven ability to support the work in the service. A reduction in next year's funding will have an impact of the number of families the service will be able engage with, further reduction in subsequent years will continue to reduce this.

The change and increase in Council let charges also means the service now pay for community facilities which were not previously charged for.

How has Organisation Contributed to Council/ Service Priorities

Aberlour Early Years Outreach have played a key part in:-

- Continuing to improve health, safety and wellbeing of our citizens and communities
- Increasing our efforts to tackle disadvantage and discrimination

By building family capacity and supporting children and their families to reach their potential.

List any Areas where there has been Shortfall in Performance

None.

How often are Review Meetings held with Lead Officer

The monitoring officer has changed and therefore initial meetings have been quarterly.

C FINANCIAL / RISK ASSESSMENT OVERVIEW

FC funding, in £s and also as % of organisation's income, (Financial & In- Kind Contributions) provided in past three years, and £s FC funding committed to next two years

	FC Funding	FC In Kind	Total	FC %
2012/13	£315,162	£3,000	£318,162	-
2013/14	£315,162	£3,000	£318,162	-
2014/15	£315,162	£3,000	£318,162	79%
2015/16	£279,384	£3,000	£279,384	TBC
2016/17	£263,464	£3,000	£266,464	TBC

Aberlour Childcare Trust has directly funded a parental service in Falkirk contributing £82,173. The Assistant Director is also an active participant⁶ within Falkirk's Early Years Collaborative and is chair of Falkirk's Early Intervention and Prevention Workstream.

Last Period of Submitted Audited Accounts

Year Ending 31/3/2014

Future Risks (Financial, Operational or Structural) Faced by Organisation

Further cuts to funding will result in a reduction of service. Introduction of costings for community venues will impact on delivery of service.

Overall Risk Rating (Low/Medium/High)

Medium due to uncertainty around future funding.

D CONCLUSIONS

Summary/ opinion of organisations overall progress carried forward from last report, and also during this year

Aberlour Early Years Outreach service continues to have a positive impact on children and their families. The Aberlour Outcomes Framework shows a high level of children and their families that engage and participate have improved or sustained their wellbeing.

E COMPLETED BY	
<u>Name</u>	Elaine Costello
<u>Designation</u>	Integration Support Manager
<u>Date</u>	27.08.15

FALKIRK COUNCIL CHILDREN'S SERVICES
FOLLOWING THE PUBLIC POUND ANNUAL REPORTING STATEMENT 2014/15

Organisation Name	Aberlour Child Care Trust
Project	Family Centre - Langlees
Agreement Dates	April 2014 to March 2015
Name of Lead Officer	Elaine Costello

A OVERALL ORGANISATION AIMS

Summary of Key Aims & Objectives

Aberlour Child Care Trust Family Centre – Langlees will primarily offer support to expectant parents and children up to the age of 12 years. This support to parents will have a direct impact on the wellbeing and development of their children. Staff will work with families within the Family Support Centre as well as in the Community

List of Agreed Outcomes

When working with families staff assess the families' needs by using Aberlour Outcomes Framework. This is done with the families and involves them exploring their welling in-line with SHANARRI (Safe, Healthy, Achieving, Nurtured, Active, Respected, Responsible, Included). A programme of support is then agreed and support is focussed on improving the areas of need identified.

In taking GIRFEC wellbeing indicators for children and young people, the service will:-

- | | |
|---------|--|
| Safe | <ul style="list-style-type: none"> • Reduce risk and levels of harm to children and young people • Increase and/or strengthen protective factors • Improve healthy relationships • Increase access to positive role models |
| Healthy | <ul style="list-style-type: none"> • Improve physical health • Improve mental health and wellbeing • Increase access to appropriate health and dental care advice |
| Active | <ul style="list-style-type: none"> • Involve children in regular constructive activity • Increase confidence in children and parents' own ability • Promote positive self-esteem of children and parents • Promote participation in social and community activities • Provide experiences focusing on play, contact with peers and social interaction |

Nurtured	<ul style="list-style-type: none"> • Improve relationships with family (carers) • Reduce risk of family breakdown • Improve relationship with, and accepting of services • Parents/carers demonstrate understanding of the needs of their child(ren)
Achieving	<ul style="list-style-type: none"> • Foster communication skills and abilities • Create an environment that is interesting and empowers children to learn that will allow children to meet their developmental milestones • Improve children and families quality of life
Respected	<ul style="list-style-type: none"> • Actively involve families in plans and decisions • Ensure families are listened to and heard • Communicate with others at a level which is understandable • Pursue relevant and appropriate input and feedback from families and partner agencies
Responsible	<ul style="list-style-type: none"> • Enable children and parents to take part in planning • Encourage families to have positive networks • Support families in allowing them to distinguish acceptable and unacceptable behaviour
Included	<ul style="list-style-type: none"> • Encourage participation in community activities and services • Reduce barriers to inclusion • Understand cultural background and kinship • Foster a sense of belonging for families and promote their ability to plan for the future

List of Agreed Outcomes

1. 42 children will reach their developmental potential.
2. 20 parents will increase their understanding of meeting their child's developmental needs.
3. 24 babies and their parents will have improved attachment. Parents wellbeing will be enhanced and have a direct impact on the wellbeing of their baby.
4. 12 babies and their parents will have a healthy attachment to each other.
5. Parents of 14 children will increase their confidence and knowledge of managing their children's behaviour.
6. 10 children's emotional wellbeing will improve, they will be more able to describe their feelings and respond appropriately in potentially challenging situations.

Why Service/Project is Funded Externally Rather than by the Council

Aberlour Family Support Centre – Langlees is funded by Children’s Services and Aberlour Child Care Trust. Their work is well established in the area and complements the work of our own Family Support Service.

Aberlour Child Care Trust are able to attract funding from other funders to support this work based on the funding we provide.

B ACTUAL PERFORMANCE vs. OBJECTIVES / AGREED OUTCOMES

Summary of Key Achievements

Between April 2014 and March 2015, 147 children and their families received a service from Aberlour Family Support Centre – Langlees. The target for the service was to provide support to 128 children and their families. 120 of the children were aged 0-4. Following support received 38 families were signposted onto other services. There is some detail in the Case Studies in Appendix 1.

The service offers low level universal services and more targeted support. The top six criteria met in requests for assistance were, in highest order:

- Concerns for child development
- Difficulty with parenting
- Limited Family Support
- Parental ill health and wellbeing
- Observed or expressed attachment issues
- Domestic or substance misuse

The families are supported through various methodologies including:

Early Learning and Child Care

Pre-Birth to Three Curriculum is followed within Early Learning and Child Care Sessions. This sets out four key principles for best starts and positive outcomes, through which effective support and learning opportunities for very young children can be promoted. Early Learning and Child Care sessions follow a daily structured routine. This provides a balance in play opportunities where children are encouraged to make individual choices, receive individual adult attention, as well as participating in large peer group activities. Early Learning and Child Care Sessions aim to:

- Provide a nurturing, safe and stimulating environment where expression of feelings and emotions are encouraged and respected.
- Encourage all children and staff to recognise and value each other’s individual needs and to respect and support these.
- Provide child led opportunities with access to a variety of resources and learning activities which promote overall development.
- Protect children from abuse.
- Promote children’s physical, emotional and mental health, providing a consistent and reassuring environment with familiar adults who provide a positive role model.

Stay and Play

The Stay and Play Group provides parents/carers and children with a variety of play and learning opportunities. Space is provided for parents/carers and children to come together and enjoy a programme of activities including messy play, outdoor play, story and song time.

The Stay and Play Group aims to:

- Promote and support positive parent/carer and child interaction, by increasing socialisation opportunities with other parents/carers and children.
- Provide the opportunity to explore practical play experiences.
- Encourage parents to transfer this learning through play to their home environment.
- Utilise the play@home toddler book.
- Encourage language development, by promoting parent and child participation in song time.
- Promote the positive benefits of peer support in a relaxed, supportive and informal setting.

Infant Massage

Infant Massage is the positive nurturing touch that builds on the bonding and relationship between parent/carer and child. Infant Massage aims to promote nurturing, bonding and communications between parent/carer and child. It has particular benefits for:

- Parents/carers who want to strengthen the bond/attachment with their child.
- Infants suffering from colic, constipation or wind.
- Parents/carers who would like to increase their own confidence.
- Infants who have special needs.
- Mothers suffering from/at risk of post-natal depression.
- Parents/infants who would benefit from relaxation.

Baby Play

Baby Play Group provides parent/carers and their babies with a variety of play and learning opportunities. Space is provided for parents/carers and children to come together and enjoy a programme of activities including messy play, story and song time. Baby Play Group provides support following the birth of a new baby and throughout their first year. The Group aims to:

- Promote and support positive parent/carer and baby interaction, increasing socialisation opportunities with other parents/carers and babies and enhancing feelings of mental well-being.
- Utilise the play@home baby book.
- Support parents/carers in understanding the importance of play with your baby.
- Provide the opportunity to explore practical play experiences.
- Encourage parents to transfer this learning through play to their home environment.
- Promote early communication skills, by promoting parent and baby interaction during song and rhyme time.
- Promote the positive benefits of peer support in a relaxed, supportive and informal setting.

Art Therapy

Art Therapy provides an environment where parent/carer or child can freely express their thoughts, feelings and experiences that may be too difficult or painful to talk about. Images made can take the place of words and also can make the communication easier.

There is no “right” way to do Art Therapy. You do not need to have any special talent or prior knowledge of art to be able to benefit from Art Therapy. The Art Therapist can help parent/carer or child to explore their emotions through art without judging or directing the process of art making.

In Art Therapy you are not told what to paint or make but are supported in whatever you want to do, at a pace that is suitable for you. The parent/carer or child and Art Therapist work together to reduce the effect that certain feelings can have on their well-being.

Individual Support for Families

Individual Support is tailored to meet the specific needs of the individual and their families and aims to:

- Support parents/carers and children to recognise and make positive changes to strengthen family relationships.
- Support parents/carers to develop confidence, self-esteem and interpersonal skills.
- Encourage and promote positive behaviour.

This work is supported by a Child and Family Worker, who will discuss with the individual and their families the most suitable time for support to take place. This can take place within the family home or within the Family Support Centre. The Service recognises individual needs and supports this where we can.

Individual Nurture Support for Children

Individual Nurture Support provides children with an opportunity to participate in a wide range of activities which help to increase their self-esteem and emotional literacy. This is available on an individual basis, within a safe and warm environment and aims to:

- Develop children's existing emotional and social skills.
- Promote development of 'who you are', 'where you belong' and 'what choices can you make'.
- Encourage children's respect for others.
- Promote positive verbal and non-verbal communication

Video Interaction Guidance

VIG stands for Video Interaction Guidance. This is an intervention where parents/carers are guided to reflect on video clips of their own successful interactions. The person who engages with the parent/carer and leads the process is called the Video Interaction Guider (Guider). VIG works by actively engaging parents/carers in a process of change towards better relationships with their child or children and others who are important to them.

The Guider films successful positive interaction between the parent/carer and the child (ren) for approximately 10 minutes. The Guider selects 3-4 clips showing the best examples of communication using the "***Principles of attuned interaction***". The Guider returns and views the clips with the participant and they discuss them fully. This is called a "***Shared Review***".

The participants should then begin to see many elements of the skills they have and exactly how they can build on these. The process is repeated until agreed success is achieved.

Parenting Assessment Manual (PAMs)

Parenting Assessment Manual Software (PAMs) is a structured, wide-ranging diagnostic parenting assessment, aimed at vulnerable families with children up to 19 years of age.

PAMs assesses 312 skills focussing on Parenting Knowledge, Skills and Practice for each parent.

The PAMs Assessor will work with one parent or both parents together, depending on whether this is a single or joint PAMs Assessment. The PAMs Assessor works through the assessment with the parent(s) over 20 Sessions using a variety of methods including questionnaires, cartoon cards and observations.

A Request for this Service can only be made by Social Work Services.

In My Shoes

In My Shoes is a computer assisted interview for children and vulnerable adults. It facilitates sharing of information by the interviewee and has therapeutic and forensic value.

In My Shoes has proved capable of helping children to share information in ways that could not be achieved through conventional methods. The forensic value of the package has been demonstrated in that children have provided information that has added substantially to that which is already known, and has proved acceptable in court.

Some staff are also trained in **Early Bird** and **Seasons for Growth**. This has been supported by Falkirk Council and improves outcomes for a further number of children in Falkirk.

The results of the interventions are captured in the table below for the achieved outcomes April 2014 – March 2015

INDICATORS	Improving	No change	Deteriorating	New
SAFE				
1.1 Reduction in risk and levels of harm	3	2	0	3
1.2 Protective factors increased and/or strengthened	0	2	0	2
1.3 Improved healthy relationships	4	0	0	1
1.4 Increased access to positive role models	11	1	0	4
HEALTHY				
2.1 Being happy	1	0	0	0
2.2 Improved [physical health	5	0	0	0
2.3 Improved mental health and well being	12	0	0	1
2.5 Reduction in exposure to/participation of harm	1	1	0	2
ACHIEVING				
3.1 Appropriate communication skills and abilities	13	5	2	7
3.2 Interested, enabled and empowered to learn	9	0	0	8
3.3 attending school, college, work placement	2	0	0	0
3.5 meeting developmental milestones and improving quality of life	11	2	0	4
NURTURED				
4.1 Improved relationships with family or carers	7	0	0	3
4.2 Stable and secure home or placement	1	0	0	0
4.4 Improved relationships with and accepting of services	1	1	0	0
4.5 Well prepared for placement moves	0	0	0	1
4.6 Parent/Carer demonstrate understanding of the needs of the child	15	3	0	1
ACTIVE				
5.1 Involvement in regular constructive activity	6	1	0	2
5.2 Confidence in own ability	1	0	0	0
5.3 Positive self esteem	2	1	0	1
5.4 Participation in social, community and school activities	1	0	0	1
5.5 Enjoying play, contact with peers, social interaction	25	2	0	10
RESPECTED				
6.2 Being listened to and heard	1	0	0	0
6.3 Communicated with at a level which is understandable	1	0	0	0
6.4 Views sought when appropriate	2	0	0	0
6.5 Relevant and appropriate input and feedback	2	0	0	0
RESPONSIBLE				
7.4 Being able to distinguish acceptable and unacceptable behaviour	4	0	0	1
INCLUDED				
8.1 Ability to participate in community activities and services	1	1	0	0
8.2 Barriers to inclusion reduced or eliminated	3	0	0	0
8.4 Developing a sense of belonging and ability to plan for the future	2	0	0	1
8.5 Settled and included in country and community	1	0	0	1

Summary of Key Issues/ Challenges Facing Organisation

The service appointed the previous Assistant Manager (Kim Carey) to the post of Service Manager when the previous Service Manager (Winnie Delaney) went on secondment in January 2014. Therefore the current Service Manager (Kim Carey) has proven ability to support the service and has since been appointed in this role on a permanent basis from 01.04.15.

A reduction in next year's funding will have an impact of the number of families the service will be able engage with, further reduction in subsequent years will continue to reduce this with a potential negative impact on outcomes for young children.

How has Organisation Contributed to Council/ Service Priorities

Aberlour Family Support Centre - Langlees have played a key part in:-

- Continuing to improve health, safety and wellbeing of our citizens and communities
- Increasing our efforts to take disadvantage and discrimination by building family capacity and supporting children and their families to reach their potential.

List any Areas where there has been Shortfall in Performance

None.

How often are Review Meetings held with Lead Officer

The monitoring officer has changed and therefore initial meetings have been quarterly.

C FINANCIAL / RISK ASSESSMENT OVERVIEW

FC funding, in £s and also as % of organisation's income, (Financial & In- Kind Contributions) provided in past three years, and £s FC funding committed to next two years

	FC Funding	FC In Kind	Total	FC %
2012/13	£225,012	£3000	£228,012	-
2013/14	£225,012	£3000	£228,012	-
2014/15	£225,012	£3000	£228,012	98%
2015/16	£199,695	£3000	£202,695	TBC
2016/17	£180,076	£3000	£183,076	TBC

The financial contribution from Aberlour has been through fundraised income and donations. This has equated to £4,656 across Aberlour's Falkirk Services and was received from Sodexo Foundation. This has supported partnership working in relation to food shopping and cooking on a budget. This arose from the high use of Falkirk Food Bank and Social Work Services concerns for children who are entitled to free school meals who are unable to access this during school holidays.

This has continued throughout the year, in a variety of ways, including partnership working with Social Work, Community Learning and Development, other Voluntary services and Falkirk Council Family Support Service.

The Service has provided financial assistance to 15 families over the year equating to £1036 from our fundraised income budget and £328 in donated gift vouchers received from Aberlour Marketing and Fundraising Department. This has improved the lives of children as this provided shoes, jackets, gas and electricity.

The Service has a very strong relationship with Hidden Treasure, Charity Shop which is run by Falkirk Baptist Church as receive approx. £1000 a year to help with various requirements for children and families including annual Summer and Christmas outings.

Aberlour has been invited to apply through Forth 1's 'Cash for Kids Bed Appeal'. Therefore the Service has also been fortunate to access and apply on the behalf of 2 families to have a bed for their child.

In kind from Aberlour: Assistant Director is an active participant within Falkirk's Early Years Collaborative and chair of Falkirk's Early Intervention & Prevention work stream (part of Falkirk's Community Planning structure).

Last Period of Submitted Audited Accounts

Year ending 31 March 2014

Future Risks (Financial, Operational or Structural) Faced by Organisation

Further cuts to funding will result in a reduction of service.

Overall Risk Rating (Low/Medium/High)

Medium due to uncertainty around future funding.

D CONCLUSIONS

Summary/ opinion of organisations overall progress carried forward from last report, and also during this year

Aberlour Family Support Centre - Langlees continues to have a positive impact on children and their families. The Aberlour Outcomes Framework shows a high level of children and their families that engage and participate have improved or sustained their wellbeing.

E COMPLETED BY	
<u>Name</u>	Elaine Costello
<u>Designation</u>	Integration Support Manager
<u>Date</u>	27.08.15

Case Studies

Child	Reason for Request for Assistance	Support Provided	Baseline Outcomes	Outcomes at Closure	Signposting
1 Age 4 sibling aged 9 months	Request received from Health Visitor. Mum presenting with low mood, has limited family support and feels isolated. Mum not motivated to seek out friends/groups and prefer to stay at home. Child has challenging behaviour and resorts to tantrums to gain Mum's attention	Individual Support for families was provided within the family home on a weekly basis. Support for Mum to introduce sticker/reward charts, consistent routine and support to go out in the community with the children.	4.6 Being appropriately cared for and supported by family/carers (2) 6.2 Being listened to and heard (3) 8.1 Ability to participate in community activities and services (2)	4.6 Being appropriately cared for and supported by family/carers (6) 6.2 Being listened to and heard (6) 8.1 Ability to participate in community activities and services (6)	Engaged with Bainsford Nursery for 4 year old. Considering attendance at Baby Play Group with 9 month old
2 Age 8	Request received from Health Visitor. Child is very affected by parental relationship breakdown. Mum reports that her relationship with child is difficult as child had a close relationship with Dad who has a new partner who has a child of their own. Mum is keen to improve relationship.	Video Interaction Guidance with parent and child. Support to review their positive interactions and build on these each session. Opportunity for reflection on current situation and make positive changes for the future	6.3 Communicated with at a level which is understandable (2) 4.1. Improved relationships with family or carers (2)	6.3 Communicated with at a level which is understandable (5) 4.1. Improved relationships with family or carers (5)	
3 Age 3	Request received from Aberlour Early Years Outreach. Child becoming increasingly upset prior to contact with Dad. Behaviour changes the night before including refusal to go to bed, complaining of pains in her legs, screaming and kicking at Mum and being uncooperative when Mum tries to get her dressed.	Art Therapy to encourage exploration of feelings and emotions through the use of art materials	2.1 Being happy (3) 2.2 Improved physical health (4)	2.1 Being happy (4) 2.2 Improved physical health (5)	Children's Advocacy Service

4 Age 2	Request received from Health Visitor. Child has short attention span and does not respond to parental guidance. Mum suffers from low mood and has recently had another baby.	Early Learning and Child Care provided for structure and routine. This also offers stimulating environment for child, providing Mum with respite from child and time with new baby. Individual Support for Families encouraged consistent routine and boundaries at home.	3.3 Attending school, college, work placement (2) 5.1 Involvement in regular constructive activity (2) 5.5 Enjoying play, contact with peers and social interaction (3)	3.3 Attending school, college, work placement (3) 5.1 Involvement in regular constructive activity (4) 5.5 Enjoying play, contact with peers and social interaction (4)	Homestart Denny Bainsford Nursery
5 Age 2	Request received from Health Visitor. Child has global developmental delay and not reaching developmental milestones. This is being assessed by Paediatrician for neurodevelopment check.	Early Learning and Child Care to provide opportunity for social interaction with children of a similar ability. Consistent structure and support for early learning skills. Informal support for parents to attend appointments to support child's development.	3.1 Appropriate communication skills and abilities (2) 4.6 Being appropriately cared for and supported by family/carers (2) 5.1 Involvement in regular constructive activity (2)	3.1 Appropriate communication skills and abilities (3) 4.6 Being appropriately cared for and supported by family/carers (5) 5.1 Involvement in regular constructive activity (4)	Pre-Five Home Visiting Service, Speech and Language, PreFCAT, Dentist

FALKIRK COUNCIL CHILDREN'S SERVICES
FOLLOWING THE PUBLIC POUND ANNUAL REPORTING STATEMENT 2014/15

Organisation Name	Barnardo's
Project	Barnardo's Education and Family Support Service
Agreement Dates	April 2014 to March 2015
Name of Lead Officer	Elaine Costello

A OVERALL ORGANISATION AIMS

Summary of Key Aims & Objectives

Barnardo's Education and Family Support Service provides support to children and young people aged birth to 18 years and their parents and carers through a planned stage of early intervention in order to maintain and sustain the child/young person's place in mainstream school and enable families to tackle challenges which if not addressed, can impact on family functioning and negatively influence the long term outcomes for children and young people.

Children and young people benefit from the support to improve levels of emotional literacy, resilience and wellbeing. They build positive relationships with peers and are supported to actively participate in school, family and community life.

Parents/Carers benefit from support to improve their knowledge and understanding of parenting styles which promote positive attachment between them and their children. They are supported to address challenges that can impact on their ability to create and maintain positive family relationships. The focus is on solutions and strengths based plans to meet the holistic needs of their child and family unit.

List of Agreed Outcomes

When working with young people and their families the service assesses needs using the Barnardo's Outcomes Framework. This is done with the young person or family member and involves them exploring their wellbeing in line with the wellbeing indicators (Safe, Healthy, Achieving, Nurtured, Active, Respected, Responsible, and Included). A programme of support is then agreed and support is focussed on improving the area of need identified.

The key objectives of the service for this reporting period were:-

- Service users will participate in drawing up an agreed initial care plan and participate in a 3-6 monthly review of that plan with an identified worker.
- Service users participate in identifying indicators/focus of work and improve knowledge about their child's needs. They will be supported to attend and participate at multi-agency meetings.
- Services users' emotional literacy will be improved by identifying needs and focussing on the area of development through individual, group and family work.
- Service users' will have a positive attitude towards learning, maintaining their place in mainstream education.
- The service will work collaboratively with other agencies to develop strategies and strong working relationship that benefit children, young people and their families.

Why Service/Project is Funded Externally Rather than by the Council

This service is funded by Children's Services and Barnardo's. The family centre is well established in Bo'ness and the family support work compliments our own family support work in that locality, it also supports work in Falkirk East.

B ACTUAL PERFORMANCE vs. OBJECTIVES / AGREED OUTCOMES

Summary of Key Achievements

Between April 2014 and March 2015 the service worked directly with 97 children, this number doesn't include parents or other family members. Of those 97, 36 were between 5 and 10 years old and 35 between 10 and 15 years old. 60 of them were male.

The requests for assistance for the service are unevenly split with 74% of requests coming from Falkirk East.

The service facilitated the following groups:-

- 1 x Graeme High Positive Families Group
- 1 x Nursery to P1 transition group at Hallglen Primary
- 1 x Incredible Years Parenting Programme
- 1 x Early Bird Parenting Programme
- 2014 Summer Programme collaboratively with other family support agencies

Specific Outcomes for children and young people

Barnardo's Outcomes Framework	Improvement	Stabilised	Non Progression
<p>1. Parents take responsibility for child's welfare</p> <p>Example indicators -</p> <ul style="list-style-type: none">• <i>I have structures and routines appropriate for my age</i>• <i>I have guidance and opportunity to learn to make the right choices and decisions</i>• <i>I have positive role models who are there to support me with everyday care, help and diet</i>• <i>I am encouraged to take part in a range of activities out with school</i>• <i>I have parents who encourage me to develop self confidence</i>• <i>I have parents who are able to manage their income/resources</i>• <i>I have access to appropriate health care as and when require</i>	<p>17 (57%)</p>	<p>13 (43%)</p>	

Barnardo's Outcomes Framework	Improvement	Stabilised	Non Progression ¹
<p>2. Able to solve conflicts constructively</p> <p>Example indicators -</p> <ul style="list-style-type: none"> <i>I am able to express my thoughts and feelings sensitively to others</i> <i>I am encouraged to learn to take responsibility for my actions</i> <i>I can understand and manage my emotions</i> <i>I am able to understand the impact of my behaviour on others</i> <i>I have trusted adults/peers who can support me to problem solve</i> <i>I am able to develop healthy trusting relationships</i> 	<p>16 (62%)</p>	<p>9 (34%)</p>	<p>1 (4%)</p>
<p>3. Positive attitude towards learning</p> <p>Example indicators -</p> <ul style="list-style-type: none"> <i>I am proud of my achievements/abilities</i> <i>I have peer role models who model positive behaviours</i> <i>I can apply myself to problem solving</i> <i>I can participate in opportunities to learn</i> <i>I am able to build and sustain relationships with some peers</i> <i>I am a positive role model for others</i> <i>I am able to make good choices</i> 	<p>12 (57%)</p>	<p>9 (43%)</p>	
<p>4. Contribute to planning and decision making</p> <p>Example indicators –</p> <ul style="list-style-type: none"> <i>I am or have parents/carers who are actively engaged in working with Barnardo's</i> <i>I am or have parents/carers engaged in action/work plans</i> 	<p>32 (63%)</p>	<p>12 (24%)</p>	<p>7 (13%)</p>

¹ Non Progression may indicate the timing of scoring or that change and new patterns haven't yet been established

Summary of Key Issues/ Challenges Facing Organisation

During the reporting period the dissolution of multi-agency groups that were previously the route for requests for assistance being allocated initially left a lack of clarity for the service and those making requests. Significant time was spent trying to ascertain who else may be working with the family and if there was any duplication. There was also a dip in the number of requests to the service.

In addition the service was disrupted from January 2015 to March 2015 in order to respond to a request by Education Services to support Oxbang Primary School with an alternative to school programme for 4 children on an individual basis. This work pulled all staffing resources to focus on this programme.

How has Organisation Contributed to Council/ Service Priorities

Barnardo's Education and Family Support Service have played a key part in:-

- Continuing to improve the health, safety and wellbeing of our citizens and communities
- Increasing our efforts to tackle disadvantage

By building family capacity and supporting children and young people to maintain their places in education.

List any Areas where there has been Shortfall in Performance

The service didn't have the expected number of requests for assistance. As explained, this was due to initial lack of clarity of the route for these requests and also pooling the staffing resources in the service to support Oxbang Primary School as a priority. This resulted in a reduction of families engaging in the service.

How often are Review Meetings held with Lead Officer

Officer has changed and meetings have been quarterly.

C FINANCIAL / RISK ASSESSMENT OVERVIEW

FC funding, in £s and also as % of organisation's income, (Financial & In- Kind Contributions) provided in past three years, and £s FC funding committed to next two years

	FC Funding	FC In Kind	Total	FC %
2012/13	£314,605	£16,200	£339,885	-
2013/14	£314,605	£16,200	£339,885	-
2014/15	£314,605	£16,200	£339,885	92%
2015/16	£279,208	£16,200	£296,008	TBC
2016/17	£262,414	£16,200	£278,615	TBC

In addition Barnardo's attracts through this project £16,811 for Early Intervention and £11,326 for volunteering. These figures do not take account of the volunteering hours just the paid work associated with volunteering.

<u>Last Period of Submitted Audited Accounts</u>	
2013/14	
<u>Future Risks (Financial, Operational or Structural) Faced by Organisation</u>	
Continued cuts to funding will result in a reduction of service.	
<u>Overall Risk Rating (Low/Medium/High)</u>	
Medium due to uncertainty around future funding	
D CONCLUSIONS	
<u>Summary/ opinion of organisations overall progress carried forward from last report, and also during this year</u>	
<p>Barnardo's Education and Family Support Service continues to have a positive impact on children, young people and their families.</p> <p>The Barnardo's Outcome Framework shows a high level of children, young people and their families that engage and participate have improved or sustained their wellbeing.</p>	
E COMPLETED BY	
<u>Name</u>	<u>Elaine Costello</u>
<u>Designation</u>	<u>Integration Support Manager</u>
<u>Date</u>	<u>27.08.15</u>

FALKIRK COUNCIL CHILDREN'S SERVICES
FOLLOWING THE PUBLIC POUND ANNUAL REPORTING STATEMENT 2014/15

Organisation Name	Barnardo's
Project	New Beginnings
Agreement Dates	April 2014 – March 2015
Name of Lead Officer	David Mackay

A OVERALL ORGANISATION AIMS

Summary of Key Aims & Objectives

Working in partnership with Oxgang School and Outreach Service, the Oxgang Family Support Team provides a range of flexible support to children and their families who have been prioritised by the Oxgang Pupil Support Resources Group, due to being at risk of:

- exclusion from school or not achieving their potential within school arising from social, emotional and behavioural difficulties
- not accessing school-based learning due to out-of-school circumstances
- being placed in Out-Authority schools

List of Agreed Outcomes

The Oxgang Family Support Team aims to promote pupil well-being by keeping pupils:

- **safe** – reduce engagement in unsafe behaviour by promoting and developing positive alternatives
- **healthy** – analyse factors in the child's home and environment to identify health risks, and work with Oxgang, the child and family to minimise them
- **active** - increase the positive involvement of children in their communities, including play, community service and organised groups
- **nurtured** – increasing parent and carer skills in managing the child at home, building to developing their support for the child's learning, social and emotional development, including organisation and management
- **achieving** – increase the child's ability to learn within the classroom environment by reducing the barriers to learning
- **respected and responsible** – encourage the child to take responsibility for progress by facilitating the child's close involvement in the planning processes
- **included** – support the successful re-integration of children to their mainstream school by supporting the child as they practice newly-acquired skills in their local school environment

Why Service/Project is Funded Externally Rather than by the Council

Barnardo's have significant experience in this area of support and an extensive network of support to assist the delivery of the service. In addition, Barnardo's contribute to the cost of delivering the service.

B ACTUAL PERFORMANCE vs. OBJECTIVES / AGREED OUTCOMES

Summary of Key Achievements

Direct Contact with Children and their Families

From April 2014 to March 2015 the project provided a total of 2942 hours of contact with 22 children. This includes intensive work with four children of over 2,700 hours to meet their needs between January 2015 and March 2015.

A variety of programmes and approaches were utilised in individual work with children, parents and families. Workers tailor programmes to meet the individual child and family's needs. The following are some examples programmes, approaches and resources that were used to focus discussions, promote learning, self-reflection, build aspirations and encourage change -

- Relax Kids
- Incredible Years Parenting programme
- Parenting Factor in ADHD
- All About Me
- Volcano in My Tummy
- Five to Thrive approach
- Systemic Family Therapy
- CBT Approaches
- Feelings work such as – A Niffleenoo called Nevermind; Drawing on your emotions; How does it feel?
- Talking Mats
- Video Interaction Guidance
- Strength Based Approach
- Strength Cards
- Solution focussed approach
- Resilience based work
- Nurture Groups
- Wellbeing toolkit
- Marvellous Me
- Helping Children build self esteem
- Developing Parents Skills Confidence and Self Esteem
- play@home resources

Oxgang School and Support Services – Barnardo's Duty Cover

During April to November 2014 Barnardo's provided 390 hours Duty Cover in school to support children during their school day and help facilitate lunchtime activity groups, individual support and school outings

Groupwork Sessions

July – August 2014

Summer programme

Barnardo's was able to secure additional funding from NHS *All In This Together Grant* for £2000 to be able to provide activity based sessions over the summer holidays and during the rest of this fiscal year.

September - November 2014

Children's Groups

All children in the school participated in either one or both weekly groups provided by the Barnardo's team

- 3x Relax Kids per week 2 hours per group
- 1x Social Skills Group per week 2 hours per group
- 1x Creative Skills Group per week 2 hours per group
- 1x Friendship Group per week 2 hours per group

April 2014 – December 2014

Parents Groups facilitated by Barnardo's

Oxgang School Parents Group

Parents were offered the opportunity of meeting on a fortnightly basis so that they could offer each other mutual support; identify topics impacting on their lives which they wished to discuss or learn more about. Topics covered such as internet safety, baking etc. Barnardo's provided 100% funding for the peripatetic worker who facilitated this group.

Finding the Balance

Parents Group to improve mental health and wellbeing

Additional Resources

Core Family Support

Despite the significant resources that had to be made available to support the work described above, Barnardo's also had a commitment to continue to provide support to the families whose child was still in Oxgang School. This involved 5 out of 6 pupils. Additional staffing resource was used during this period to work with these families. Volunteer Befriender input was also provided for one of the parents.

Families were offered support to maintain links with the school, 2 families have had indepth assessments carried out and there has also been some individual work with 2 of the children

Activities were organised/provided for all of the children during the Easter break and all were able to participate in the community activities without any negative feedback from organisers

Volunteers

Barnardo's recruits and trains Volunteers to support its services across Forth Valley; some will deliver/support group work programmes, work as Befrienders to individual children or parents. During this period a number of Volunteers supported the work taking place and a total of **278+** hours of Volunteering were provided to the Service supplementing and complementing the individual children's programmes.

Barnardo's provides 100% funding for the Volunteer Manager who recruits, trains and supports our volunteers.

The attached case study for further insight into the work that is carried out.

The work above led to the following outcomes for the 22 children and families

Barnardo's Outcomes	Improvement	Stabilised	Emerging Issues
Access to/or use of inclusive resources in the community Examples of indicators - <ul style="list-style-type: none"> • I am encouraged to have hobbies and/or attend group/activities after school • I have supportive adults who help me to join in activities (new or existing) • I have dreams and goals • I am included in my community • I have friends • I can follow instructions/guidance • I have a family who do activities together 	6 75% of children were given support to join local clubs/activities which helped improve their social skills, mental wellbeing and confidence	2 25% of children were able to attend local clubs/activities without the need for ongoing support	
Able to understand the impact of own behaviour. Examples of indicators - <ul style="list-style-type: none"> • I can ask for help • I know and understand the golden rules at school, at home and in the community • I am able to listen • I can talk about my feelings • I have friends • I can understand how others feel • I can work/play with others 	14 78% of children were more able to self-regulate and make better choices in challenging situations on a weekly basis	4 22% of children were able to use their learning to manage situations they found challenging in a more self-regulated manner on a daily basis	1 child was unable to manage to self-regulate on a consistent basis

Barnardo's Outcomes	Improvement	Stabilised	Emerging Issues
Stable and secure family environment. Examples of indicators <ul style="list-style-type: none"> I have parents who provide me with a suitable place to live where I can feel safe, settled and belong I have parents who are able to manage their income/resources I have access to appropriate health care as and when required I have regular meals/healthy meals I have fixed routines and boundaries I have a positive attachment with responsible caregiver I am encouraged to have dreams and goals I know what to expect from my parents 	10 67% of children's families had made marked changes and improvements at home which had a positive effect on their child	5 33% of children's families were able to sustain the changes and be consistent on a regular basis	
Barnardo's Outcomes	Improvement	Stabilised	Emerging Issues
Access to/or use of inclusive resources in the community Examples of indicators - <ul style="list-style-type: none"> I am encouraged to have hobbies and/or attend group/activities after school I have supportive adults who help me to join in activities (new or existing) I have dreams and goals I am included in my community I have friends I can follow instructions/guidance I have a family who do activities together 	6 75% of children were given support to join local clubs/activities which helped improve their social skills, mental wellbeing and confidence	2 25% of children were able to attend local clubs/activities without the need for ongoing support	

Summary of Key Issues/ Challenges Facing Organisation

- The major challenge facing this organisation was the requirement to support Ofgang School on a very flexible basis during times of extreme challenge. This required diverting staff from their core activities to meet the needs of some children on a fulltime basis.

How has Organisation Contributed to Council/ Service Priorities

- Improving the life skills and positive wellbeing outcomes for our children
- Supporting the integration of children with challenges within our educational establishments

List any Areas where there has been Shortfall in Performance

- Ofgang School experienced significant staff shortages during 2013-14, and as partners, members of the Ofgang Family Support Team were asked to cover school-based activity. This resulted in less time available for family- and community-based support

How often are Review Meetings held with Lead Officer

- Until December 2014 the Ofgang Headteacher met regularly with the Ofgang Steering and Monitoring Group, consisting of a Quality Improvement Officer, Educational Psychologist, Additional Support for Learning Officer (Looked After Children) and the Ofgang Headteacher. Additionally, the senior management at the school (Headteacher, Deputy Headteacher and Principal Teacher) met on a weekly basis with Barnardo's Children's Service Manager. Beyond this time, communication was on a weekly basis with the Lead Officer and Principal Educational Psychologist.

C FINANCIAL / RISK ASSESSMENT OVERVIEW

FC funding, in £s and also as % of organisation's income, (Financial & In- Kind Contributions) provided in past three years, and £s FC funding committed to next two years

	FC Funding	FC In Kind	Total	FC %
2012/13	£192,341	£14,000	£206,341	-
2013/14	£192,341	£14,000	£206,341	-
2014/15	£192,341	£14,000	£206,341	71%
2015/16	£182,724	£14,000	£196,724	TBC
2016/17	£182,724	£14,000	£196,724	TBC

In addition Barnardo's attracts through this project:

£16,811 for Early Intervention

£11,326 for volunteering - paid

Last Period of Submitted Audited Accounts

- Barnardo's accounts for Year Ending 31 March 2014

<u>Future Risks (Financial, Operational or Structural) Faced by Organisation</u>	
<ul style="list-style-type: none"> Meeting the increased demands and challenges faced by children experiencing difficulties within our existing resources This service is now more closely linked with the Mariner Support Service, offering a joined-up approach to supporting children with behavioural difficulties This work of this service will be realigned with the outcomes of the Inclusion Review Further reduction in funding would affect the intensity and amount of support that could be offered to children and families 	
<u>Overall Risk Rating (Low/Medium/High)</u>	
<ul style="list-style-type: none"> Medium – the host organisation, Oxgang, has experienced some management difficulties 	
D CONCLUSIONS	
<u>Summary/ opinion of organisations overall progress carried forward from last report, and also during this year</u>	
Good work and progress has been made during the year, hampered slightly by the pressures faced in Oxgang School. It is embracing a new approach to family support, based on developing parental skills and attitudes.	
E COMPLETED BY	
<u>Name</u>	David Mackay
<u>Designation</u>	Pupil Support Manager
<u>Date</u>	27 August 2015

Case study

Overview of Assessment

Child B had a history of challenging behaviours in his mainstream school and it was recognised that additional supports were required to meet his needs. He struggled in small group education also with his level of need presenting particular challenges. This was displayed in his behaviour as he was often loud, impulsive, impatient, aggressive and violent. He lacked confidence and struggled in social situations.

Child B has had a number of home/school moves in his young life due to the family's housing issues that resulted in eviction. Child B was also on the Child Protection Register for concerns around physical abuse, emotional abuse and neglect. He has social, emotional and behavioural difficulties alongside communication deficits which increases his vulnerability. It was recognised that there was an emotional aspect to this behaviour which was to be jointly addressed with CAMHS. The family's ability to access CAMHS and other health services has previously been limited due to a significant number of failed appointments.

In relation to the home situation there are concerns around his parent's ability to meet their child's needs. There have been safety concerns raised and police visits to the family home due to difficult extended family relationships and concerns regarding the safety of the children due to unknown adults in the family home under the influence of alcohol. Concerns were raised by school staff about a change in behaviour for Child B in school where presented as more secretive about his home life.

Intervention

Emotionally Child B was very young and the need was to focus on the attachment between him and his Mum. Barnardo's worked in Partnership with CAHMS in supporting Mum to meet her child's needs. This was achieved through the use of the Incredible Years Programme being delivered on an individual basis with mum by CAMHS and Barnardo's. Barnardo's developed this work further by also supporting mum with the implementation of the techniques and strategies she was learning through the Incredible Years Programme at home. Mum required support and coaching to be able to develop the confidence in her skills as a parent.

Child B was met with on a weekly basis to support him in exploring his feelings, through providing him with a safe space to discuss concerns or anxieties, engage and was supported in positive play and provide him with positive experiences. The focus of these sessions as also to develop his social skills in this time and allow him opportunities to express his views about school and home life. Child B became very confident in sharing his views through the use of the Talking Mats approach used by Barnardo's that allowed him to share his views and feelings with professionals and at meetings.

Sessions included providing support to Child B to develop his ability to recognise and express his emotions in a safe and appropriate way.

Outcomes

Both Child B and his parents were able to fully participate in this work which was a strong positive in ensuring that the home situation remained stable and secure. The work with the parents was particularly challenging and difficult for the parents as it related to the gaps in their care of the children and child B in particular.

Through the joint work between Barnardo's and CAHMs there was an improvement in the attachment and engagement between the child and his mother and support mum in implementing strategies at home. However, the on-going assessment demonstrated that Child B required alternative care as the sustainability of the care being provided was not something that mum could maintain without on-going support and guidance.

The individual work with the child was successful in supporting the child develop their self-esteem, confidence ability to communicate their needs and their resilience. He also learned how to seek out and use appropriate supports when distressed and talk through his feelings rather than dealing with his feelings through violent behaviour.

FALKIRK COUNCIL CHILDRENS' SERVICES
FOLLOWING THE PUBLIC POUND ANNUAL REPORTING STATEMENT 2014/15

Organisation Name	Home-Start
Project	Home-Start Falkirk West
Agreement Dates	April 2014 to March 2015
Name of Lead Officer	Elaine Costello

A OVERALL ORGANISATION AIMS

Summary of Key Aims & Objectives

Home-Start Falkirk West provide a home visiting support service through trained volunteers within Denny, Bonnybridge and Banknock areas to vulnerable families with young children.

The service aims are:-

- To offer support, friendship and practical assistance.
- To visit families in their homes, where the dignity and identity of each adult can be respected.
- To develop a relationship with the family using a flexible approach to take account of differing needs.
- To reassure parents that difficulties in bringing up children are not unusual and encouraging them to enjoy family life.
- To encourage parents' strengths and emotional wellbeing for the ultimate benefit of their children.
- To encourage families to widen their network of relationships and to use the support services in the community.
- To manage and develop the service in-line with the quantified objectives against the performance standards and performance indicators specified in the Joint Working Agreement.

List of Agreed Outcomes

30 families will be provided with support and 20 volunteers will provide this support.
The service will actively work with other agencies to the benefit of local families.

Why Service/Project is Funded Externally Rather than by the Council

Home-Start recruit and develop volunteers to undertake the support to parents, the volunteers are checked and verified using Home-Start Quality Assurance Scheme. Our funding supports the co-ordination of these volunteers. Our funding is supplemented by big lottery, donations and fund raising.

B ACTUAL PERFORMANCE vs. OBJECTIVES / AGREED OUTCOMES

Summary of Key Achievements

88 families were supported by 25 volunteers. Families are referred by health visitors, social work and other agencies. Support offered includes home-visiting and family groups which meet on a four weekly basis. At these groups parents have access to a wide range of services including Citizen's Advice Bureau and credit Union.

Summary of Key Issues/ Challenges Facing Organisation

Any funding cuts to the service will present a challenge, without co-ordination and quality assurance the work could not continue. The service fundraise to support/compliment the work.

How has Organisation Contributed to Council/ Service Priorities

Home-Start Falkirk West have contributed to the Council goals by:-

- Continuing to improve health, safety and wellbeing of our citizens and community
- Increasing our efforts to tackle disadvantage and discrimination

They do this by volunteers supporting vulnerable families.

List any Areas where there has been Shortfall in Performance

None.

How often are Review Meetings held with Lead Officer

Monitoring officer has changed and therefore initial meetings have been quarterly.

C FINANCIAL / RISK ASSESSMENT OVERVIEW

FC funding, in £s and also as % of organisation's income, (Financial & In- Kind Contributions) provided in past three years, and £s FC funding committed to next two years

	FC Funding	FC In Kind	Total	FC %
2012/13	£29,488	£6000	£35,488	-
2013/14	£29,488	£6000	£35,488	-
2014/15	£29,488	£6000	£35,488	34%
2015/16	£29,488	£6000	£35,488	TBC
2016/17	£29,488	£6000	£35,488	TBC

In 2014/15 Homestart also received funding from the Big Lottery of £65,533; £1642 in donations; £2220 from fund raising and £5844 from Homestart UK

<u>Last Period of Submitted Audited Accounts</u>	
Year ending 31 March 2014	
<u>Future Risks (Financial, Operational or Structural) Faced by Organisation</u>	
The organisation has limited reserves to cover any unforeseen expenses. Future cuts to funding would also pose a risk and would impact on their ability to provide the service.	
<u>Overall Risk Rating (Low/Medium/High)</u>	
High – due to impact of loss of any funding from Falkirk Council.	
D CONCLUSIONS	
<u>Summary/ opinion of organisations overall progress carried forward from last report, and also during this year</u>	
The organisation continues to make good progress and offers good value for money. Work is being undertaken to allow them to report more specifically on outcomes for each family.	
E COMPLETED BY	
<u>Name</u>	Elaine Costello
<u>Designation</u>	Integration Support Manager
<u>Date</u>	27/10/15

FALKIRK COUNCIL CHILDREN'S SERVICES
FOLLOWING THE PUBLIC POUND ANNUAL REPORTING STATEMENT 2014/15

Organisation Name	National Health Service Forth Valley
Project	Speech and Language Therapy
Agreement Dates	Apr 2014-Mar 2017
Name of Lead Officer	A Facherty

A OVERALL ORGANISATION AIMS

Summary of Key Aims & Objectives

The Service Level Agreement between Falkirk Council Children's Services and NHS Forth Valley ensures that the language-based additional support needs of children in Falkirk's nurseries, primary, secondary and special schools are met using quality-assured, professional support, and that the linguistic needs of children in deprived areas are targeted through community support. This is an essential partnership within Getting It Right For Every Child and the Children and Young People Act.

List of Agreed Outcomes

Aims for Children and Young People

The overall aim is to enable young people to fulfil their potential and communicate to the best of their ability, improving outcomes in safety, nurture, health, achievement, activity, responsibility and inclusion. The Speech and Language Therapy Team aims to work in partnerships with families and schools to:

- provide comprehensive assessment and diagnosis of voice, speech, language, communication, eating and drinking disorders for children with complex and enduring additional support needs
- meet complex and enduring language and communication needs in early years and educational settings
- advise the Team Around the Child on methods and resources that can support progress in meeting additional support needs arising from voice, speech, language, communication, eating and drinking difficulties
- improve outcomes for all children and young people in the Getting It Right For Every Child areas of safe, nurtured, healthy, achieving, active, respected, responsible and included

Other Aims

The Speech and Language Therapy Service also aims to:

- support the Falkirk Council Education Services Additional Support for Learning Team in providing Continuing Professional Development for its staff
- work alongside Education Services and other agencies in the Early Years Collaborative

Why Service/Project is Funded Externally Rather than by the Council

This service combines the work of Falkirk Council Children's Services schools and Early Years facilities on language and communication with the efforts of Forth Valley National Health Service to tackle similar issues. The engagement of qualified, experienced Speech and Language Therapists is essential to this – they bring skills in assessment, treatment and home follow-up that teachers and Support for Learning Assistants do not have.

Professionally, Speech and Language Therapists are also clinically supervised – Falkirk Council does not have the staff to do this.

B ACTUAL PERFORMANCE vs. OBJECTIVES / AGREED OUTCOMES

Summary of Key Achievements

NHS FV Speech and Language Therapy will:

- Provide at least 95% of the children accepted by the Speech and Language Therapy Team, with a signed agreement of the child's parents or carers, will receive an offer of an assessment within 18 weeks
- Use the specialist assessment generated to contribute to the multi-agency assessment (IAF Form 3 *My World Triangle Assessment*) of the child's world
- Negotiate targets, methodologies and success criteria for the integrated plan (IAF Form 4 *Child or Young Person's Plan*)
- Generate data and reports to contribute to the reviews for the child (IAF Form 6 *Record of Child or Young Person's Meeting*)
- Use robust criteria allowing the selection of different levels of targeted support
- Ensure 100% of staff, parents and carers receive detailed advice and guidance within 18 weeks
- Ensure for children with understanding options and expressing choices identified as a target, an improvement in the ability of the young person to:
 - recognise choices offered
 - generate further options
 - make a decision
- Enable child can participate in, and contribute to, their chosen activities
- Provide places where children live, play and learn are communication friendly
- Allow parents report greater confidence in:
 - their understanding of their child
 - how to cope with problems presented
 - their part in overcoming difficulties
- Provide Assessment reports on children's language include as appropriate:
 - attention and listening
 - receptive language
 - social interaction
 - expressive language
 - speech
- Promote strategies, practical techniques and protocols to address identified difficulties within the Child's plan, with recommendations for the Team Around the Child
- Work with children shows thorough and up-to-date grounding in the professional practice of Speech and Language Therapy
- Analyse of outcomes, with results informing improvement suggestions for subsequent planning
- Enable child or young person is able to communicate their targets and give an opinion about their communication needs
- Present data to Children's Services Management Team and to the Additional Support for Learning Team on how schools and nurseries develop communication skills, and plan to address any significant shortcomings
- Reflect the good practice of speech and language therapists in longer-term school allocations related to the planning and delivery activities of teachers and Support for Learning Assistants

- Offer professional training courses for Children's Services staff in Speech and Language Therapy and related topics. Up to 15 courses per year for staff and schools groups, and specialist support in team-building and partnership working for schools in the Focusing on Communication and Learning project

B2: Performance Data

		Yes	No	Target	Actual	Met?	Satis- factory	On- going	Not satis- factory	%tage Satis- factory or Ongoing
One Child, One Plan	Assessment within 18 weeks	96	0	95%	100.0%	Y	-	-		
	Contributed to My World	62	0	95%	100.0%	Y	-	-		
	Offered targets and Methods	257	0	95%	100.0%	Y	-	-		
	Contribute to Reviews	206	2	95%	99.0%	Y	-	-		
Safe	Eating and Drinking	15	0	-	100.0%	-	6	8	0	100.0%
Healthy	Choice making Targeted?	49	1	-	98.0%	-	24	15	1	97.5%
Active	Personal and social targets?	92	1	-	98.9%	-	40	45	3	96.6%
Nurtured	Focus on home?	97	0	-	100.0%	-	43	50	6	93.9%
Achieving	Assessment Results Delivered	187	1	-	99.5%	-	114	149	8	97.5%
	Involved in planning?	248	10	-	96.1%	-				
	Intervention by Therapist	222	2	-	99.1%	-				
	Intervention by TAC Member	261	11	-	96.0%	-				
Responsibility	Self-Expression Targeted?	26	3	-	89.7%	-	17	8	1	96.2%

Summary of Key Issues/ Challenges Facing Organisation

- Recruitment and retention of staff
- Continuing to meet the needs of children who are experiencing communication difficulties in their homes, schools or communities and improve outcomes

How has Organisation Contributed to Council/ Service Priorities

The service provided by Forth Valley National Health Service via this agreement contributes towards the goals of Falkirk Council's Corporate Plan:

- further developing a thriving, sustainable and vibrant economy
- continuing to improve the health, safety and well-being of our citizens and communities
- increasing our efforts to tackle disadvantage and discrimination

List any Areas where there has been Shortfall in Performance

- None

How often are Review Meetings held with Lead Officer

Regularly throughout the school term. Additionally there is a scrutiny panel, with Headteacher representation from the Early Years and Primary Improvement Partnership.

C FINANCIAL / RISK ASSESSMENT OVERVIEW	
<u>FC funding, in £s and also as % of organisation's income, (Financial & In- Kind Contributions) provided in past three years, and £s FC funding committed to next two years</u> <u>Total Support Provided (Financial and In-Kind Contributions):</u> <ul style="list-style-type: none"> • £515,040 (2013-14) • £515,040 (2014-15) • £465,040 (2015-16) • £465,040 (2016-17) 	
<u>Last Period of Submitted Audited Accounts</u> <ul style="list-style-type: none"> • Year Ending 31 March 2015 	
<u>Future Risks (Financial, Operational or Structural) Faced by Organisation</u> <ul style="list-style-type: none"> • The Service Level Agreement for 2014-17 was cut by £50,000 per annum from the previous three year Service Level Agreement, resulting in a reduction of the number children seen, and a greater emphasis on the group- and school-wide initiatives • In this project NHS Forth Valley has a significant number of staff whose funding is dependent on Falkirk Council. With the variability of local authority budgets, NHS Forth Valley is carrying high risk of underfunding. 	
<u>Overall Risk Rating (Low/Medium/High)</u> <ul style="list-style-type: none"> • Low 	
D CONCLUSIONS	
<u>Summary/ opinion of organisations overall progress carried forward from last report, and also during this year</u> <ul style="list-style-type: none"> • Good work and progress has been made during the year working in partnership with schools 	
E COMPLETED BY	
<u>Name</u>	<u>Andrew Facherty</u>
<u>Designation</u>	<u>Additional Support for Learning Manager</u>
<u>Date</u>	<u>27 August 2015</u>

FALKIRK COUNCIL CHILDREN'S SERVICES
FOLLOWING THE PUBLIC POUND ANNUAL REPORTING STATEMENT 2014/15

Organisation Name	One Parent Families Scotland
Project	Braes Children and Families Centre
Agreement Dates	April 2014 to March 2015
Name of Lead Officer	Elaine Costello

A OVERALL ORGANISATION AIMS

Summary of Key Aims & Objectives

Braes Children and Families Centre based in Maddiston offers a range of support to parents (especially lone parents) on a variety of issues via family support, advice on benefits, income maximisation, debt, parenting, befriending, supported childcare sessions and 600 hour placements for 2 year olds.

Service Aims

- To enable and empower children and families to achieve their full potential.
- To support and enable children and families to better enjoy family relationships and to develop strategies to cope with the stresses of family life.
- To ensure each child is offered appropriate protection and guidance.
- To promote good physical and emotional health for children and their families.
- To support children to develop their communication, social and cognitive skills.
- To encourage caregivers to participate in their child's early years learning.
- To offer a safe nurturing environment to each child and their family.
- To offer a space where each child has an opportunity to participate in stimulating activities.
- To ensure each child and family feel listened to and are taken seriously.
- To ensure each child and their family are fully involved in decisions which concern them.
- To promote acceptable behaviour while accessing the service, at home and the local community.
- To promote opportunities for parents within the centre and in partnership with other voluntary and statutory agencies in the Falkirk area.
- To promote local opportunities within the community.
- To offer a service that accepts and values the views of children and their families.

List of Agreed Outcomes

- Children will have access to positive learning environments and opportunities to develop their skills, confidence and self-esteem.
- Parents, especially lone parents will be better equipped to ensure that their children have healthy, stable and supportive home environments.

- Children and their families are supported to overcome social, educational, physical, environmental and economic barriers that create inequality within their communities.
- Parents, especially lone parents will increase their capacity and resilience to deal with the complex issues they face.
- Children have improved opportunity to take part in activities such as play, recreation and sport which contributes to improved healthy growth and development.

When families are referred to the service their needs are assessed using the Barnardo's Outcomes Framework (the framework has been adapted to enable service to report in a comparable way to other externally funded family support services). This is done with the child and family using SHANARRI (Safe, Healthy, Achieving, Nurtured, Active, Respected, Responsible, Included) wellbeing indicators. A programme of support is then agreed which may include:-

- Supported childcare sessions for children who need additional support due to developmental difficulties or family problems.
- Group and individual work with parents/carers and children aged 0-3 to promote positive parent/child attachment, interaction and healthy development.
- Support to vulnerable children on an individual or group basis.
- Family support to parents of children accessing the supported childcare.
- Summer programme of activities.

Why Service/Project is Funded Externally Rather than by the Council

One Parent Families Scotland complement the work of Children's Services family support with the additional expense of working with lone parents they also have national resources to address benefit advice and income maximisation.

By funding the service, this also allows them to apply for further funding from STV appeal, Third Sector Early Intervention Fund and Robertson Trust

B ACTUAL PERFORMANCE vs. OBJECTIVES / AGREED OUTCOMES

Summary of Key Achievements

Between April 2014 and March 2015 the service worked directly with 105 parents, 29 fathers and 207 children. The Falkirk funding supported the service to deliver:-

Children	Parents
Supported Childcare – 46	Group Work - 31
1:1 Support – 30	1:1 Support – 15
Summer Programme – 25	
Totals 101	totals 46

Specific outcome for children and their families

Supported Childcare	Improvement	Maintained Same Level	Deterioration
Healthy			
1.2.07 Developmental needs understood by carer /professional	46		
1.2.16 Increased Independence.	44	2	
Achieving			
5.3.01 Satisfactory progress in learning developmental goals.	44	2	
Nurtured			
4.1.06 Improved communication skills	44	2	
4.1.07 Family has access to support services	19	17	
4.1.19 Link with reliable and supportive role models	46		
Active			
6.1.01 Social skills gained/ improved	44	2	
6.1.02 Development through new experiences/ interests	44	2	
6.1.04 Positive socialisation with peers	44	2	
6.1.05 Increased choice of activities/ opportunities	46		
Respected			
7.1.05 Views and opinions voiced and acted upon	44	2	
Responsible			
8.3.02 Develop English language skills	6	38	
8.3.06 Assume age appropriate responsibilities	44	2	

Additional Support for children	Improvement	Maintained Same Level	Deterioration
Healthy			
1.2.16 Increased Independence.	55		
1.2.05 Increase confidence	55		
1.4.07 Increased exercise / physical activities	55		
Nurtured			
4.1.06 Improved communication skills	55		
4.1.19 Link with reliable and supportive role models	55		
Active			
6.1.01 Social skills gained/ improved	55		
6.1.02 Development through new experiences/ interests	55		
6.1.04 Positive socialisation with peers	55		
6.1.05 Increased choice of activities/ opportunities	55		
Responsible			
8.3.06 Assume age appropriate responsibilities	55		
Supporting Parents	Improvement	Maintained Same Level	Deterioration
Healthy			
1.2.01 Enhanced parent / child relationship	21	4	
1.2.02 Improved parent / carer confidence/ resilience/ health.	40	6	
1.2.03 Improved knowledge of parenting	31	15	
1.2.12 Reduced parental stress	35	11	
Nurtured			
4.1.04 Positive improved family relationships	42	4	
4.1.07 Family has access to support services	7	39	
4.1.10 Improved family routines	35	11	
Active			
6.1.03 Carers promote children's care and learning	41	5	
6.1.07 Access to resources at home	31	15	
Respected			
7.1.01 Contribute to planning and decision making.	44	2	
7.1.02 Parents and carers active in working with service	5	41	
Responsible			
8.3.01 Opportunities to volunteer	3	43	

Summary of Key Issues/ Challenges Facing Organisation

A key challenge for One Parent Families Scotland in Braes has been to restructure the service to meet the financial cuts of 15%. They have responded to this in a positive manner by joining up services and re-focussing work on family support. This complements provision provided by Falkirk Council for vulnerable two year olds.

How has Organisation Contributed to Council/ Service Priorities

One Parent Families Scotland at Braes Children and Family Centre contributes to the corporate goals by:-

- Continuing to improve health, safety and wellbeing of our citizens and communities.
- Increasing our efforts to tackle disadvantage and discrimination.

List any Areas where there has been Shortfall in Performance

None.

How often are Review Meetings held with Lead Officer

The monitoring officer has changed and therefore initial meetings have been quarterly.

C FINANCIAL / RISK ASSESSMENT OVERVIEW

FC funding, in £s and also as % of organisation's income, (Financial & In- Kind Contributions) provided in past three years, and £s FC funding committed to next two years

	FC Funding	FC In Kind	Total	FC %
2012/13	£136,064	£6000	£142,064	TBC
2013/14	£136,064	£6000	£142,064	TBC
2014/15	£136,064	£6000	£142,064	TBC
2015/16	£120,755	£6000	£126,755	TBC
2016/17	£115,654	£6000	£121,654	TBC

In addition One Parent Families attracts the following additional funding:

STV	£103,375
TSEIF	£ 48,000
Robertson Trust	£ 17,000
Rotary Club	£ 1,000
	<u>£169,375</u>

Last Period of Submitted Audited Accounts

2013/14

<u>Future Risks (Financial, Operational or Structural) Faced by Organisation</u>	
The main risk to the service will be any further cuts to the funding which would result in a reduction of families being supported.	
<u>Overall Risk Rating (Low/Medium/High)</u>	
Medium due to uncertainty around future funding.	
D CONCLUSIONS	
<u>Summary/ opinion of organisations overall progress carried forward from last report, and also during this year</u>	
<p>One Parent Families Scotland in the Braes Family Centre continues to have a positive impact on children and their families.</p> <p>The Barnardo's Outcomes Framework shows that all families who engaged with the service either improved or sustained their wellbeing in the areas identified.</p>	
E COMPLETED BY	
<u>Name</u>	<u>Elaine Costello</u>
<u>Designation</u>	<u>Integration Support Manager</u>
<u>Date</u>	<u>27.08.15</u>