

# Falkirk HSCIP Self Management Model

## Activities

## Short-term outputs/outcomes

## Interim outcomes

## Longterm outcomes

Investment and the development of infrastructure for self management 1

Developing and empowering leadership at all levels to bring about cultural change 2

Professional engagement, WFD training & case management approaches/roles 3

Community & individual engagement in service/support/ process redesign 4

Develop & implement technology, & redesign care pathways /services/ infrastructure and assets 5

Integrated, joint, single, shared assessment, anticipatory care / care plans, reviews & processes 6

'Patient' training, support, tools, resources & information 7

Carer training, support, tools, resources & information 8

Communication & IT systems/ processes /shared data 9

Additional support for patients and carers where needs escalate 10

Consistent response at single point[s] of contact/customer care approach 11

Access to quality community health and well-being resources/ programmes/volunteer support for individuals and carers 12

Pilot/scale up succesful projects 13

Monitoring & Evaluation 14

The Health & Social Care [& wider commissioned services] workforce are involved/ supported/ resourced & committed to service redesign & continuous improvement 15

Skilled, multi-agency [locality] teams provide innovative, technology enabled local services & support 16

Communities feel / are a valued partner in the design and delivery of local services & support 17

Evidence informed, efficient, easy to navigate integrated care pathways for conditions & health and well-being needs are implemented 18

New & re-designed services, infrastructure & assets are innovative, holistic, person-centered, flexible, based on reablement & responsive to community needs 19

Those in need have effective, shared, up to date, person centered, outcome focused, anticipatory care/ support plans 20

All information is secure, communicated and shared 'appropriately' across agencies & is supported by fit for purpose IT systems 21

Individuals, carers and families are skilled & confident at self management of LTCs & other health and well-being issues 22

All individuals & their carers are actively involved & co-producing their care/support plan 23

Increased knowledge, development & use of local assets & resources which can improve health and well-being by individuals & service providers 24

Increased use of prevention/anticipatory and well-being services in health and social care settings 25

An enhanced local evidence base for prevention & self-management is available/used 26

People receive timely, holistic, evidenced based, proportionate care & support in the right setting 27

Improved anticipatory care, prevention, re-ablement, rehabilitation and recovery focused care/support is accessible & used 28

Improved self /carer management of LTCs & other issues that effect health & well-being 29

Unpaid carers feel supported and look after their own health and well-being 30

Communities are skilled, competent & feel trusted to support those in need to self manage & remain at home longer 31

All health and care services are targeted and tailored based on assessed need 32

People/communities increasingly believe that self-management & living longer at home is an acheivable, desirable outcome and that services will be there for them when needed 33

Health and social care infrastructure/ accommodation are redesigned and managed to optimise and provide tailored & flexible support to address assessed need 34

A culture of learning drives continuous improvement 35

People are safe from harm, have postive experiences of services and have thier dignity respected 36

People are able to live out their lives independently and at home or in a homely setting 37

Throughout their lives people are able to look after, improve or maintain their own health & wellbeing 38

Reduced inequalities in access, uptake and outcomes for opportunities and services 39

Services are co-designed/produced integrated, effective, efficient, locally-based, tailored, sustainable & improve/maintain the quality of life of service users 40

Shift in the balance of service use, care & resources in favour of preventative, community based services & assets 41

Staff, & volunteers are motivated, confident, competent & have capacity to deliver safe, effective self mangement, support/ services 42

Everyone lives in good health for longer and participates as citizens 43

More inclusive & resilient communities 44

High quality, flexible, inclusive services/ assets used by the right people at the right itime 45

## Key

Main outcome ■  
National outcomes ■