

Enjoy

Breakfast

	Pupil	Adult
Cereal Or Porridge	47p	67p
Bagels -Plain	60p	66p
Toast	16p	20p
Plain Roll	42p	47p
Plain Croissant	64p	68p
Muller Yoghurt 100g	48p	50p
Muller Yoghurt 125g	55p	57p
Fresh Fruit - Piece	33p	33p
Fresh Fruit Pot 50g	55p	70p
Fresh Fruit Pot 80g	70p	85p

Morning Break

Sausage Or Bacon Roll	90p	1.25
Veggie / Omlette Roll	88p	1.05
Filled Rolls / Bagels	90p	1.08
Wholemeal Sandwich	95p	1.15
Scone / Pancake	44p	45p
Biscuit	28p	30p
Home Baking	65p	67p
Flora & Jam Portions	17p	20p
Sauce Portions	17p	20p

Drinks

Milk Semi Skimmed 250ml	0.42	0.45
Bottled Water 250ml	0.40	0.40
Bottled Water 500ml	0.68	0.68
Juice Cartons	0.60	0.63
Sparkling Aid / Rapidz 330ml	0.75	0.78
Premier Coffee Or Hot Chocolate	0.70	0.70
Go Large: Coffee Or Hot Chocolate	0.80	0.85
Breakfast Tea Or Fruit Teas	0.55	0.58

Lunch

	Pupil	Adult
2 Course Lunch (Mains With Soup Or Sweet Option)	2.65	4.30
Plated Mains	1.95	3.45

All Plated Meals Include
A Selection Of Veg, Salad, Potato, Chips Or Rice

Meal Deals

MD1. Snack Item, Fruit Pot 50g & Drink	2.15	N/A
MD2. Panini & Drink	2.20	N/A
MD3. Sub Roll Or Baguette, Large Water Or Juice Carton	2.00	N/A
MD4. Sandwich & Large Bottle Water	1.50	N/A

Express Items

Soup	0.70	0.85
Pasta Hot Pot Includes Side Order Garlic / Crusty Bread	1.88	2.25
Rolls With A Variety Of Fillings	0.90	1.08
Baguette / Sub Roll	1.43	2.25
Wholemeal Sandwich	0.95	1.15
Pasta Salad Box	1.40	2.45
Panini	2.10	2.75

Sides

Potato Portion Or Vegetables	0.45	0.54
Baked Potato Whole	0.85	1.00
Baked Potato Fillers (Per Item)	0.65	0.80
Naan, Pitta, Or Garlic Bread	0.53	0.60
Plain Roll	0.42	0.50
Sauce & Jam Portions	0.17	0.20

Sweets

Daily Sweet	0.70	0.85
Muller Healthy Balance Yoghurt 110g	0.45	0.45
Muller Light Yoghurt 125g	0.48	0.55
Alpro Soya Yoghurts 125g	0.55	0.62
Muller Light 175g	0.65	0.70
Fresh Fruit	0.33	0.33
Fresh Fruit Pot 50g	0.55	0.68
Fresh Fruit Pot 80g	0.70	0.83
Scone / Pancake	0.44	0.45
Biscuit - Plain	0.28	0.30
Traybakes & Homebaking	0.65	0.67
Pop Oats / Lentil Waves	0.65	0.67

All menu items provided on the menu plan are subject to availability.

If you require specific information on the ingredients or allergen content of any of the foods provided please speak direct to the Catering Unit Manager in your school or email catering@falkirk.gov.uk

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